

Loudoun County Department of Parks, Recreation & Community Services

Activity Guide

Summer 2010



INSIDE
**Fourth of July &
More Special Events**

**Summer Swim
Classes**

New Camps

**General
Registration
June 3**

**Registration for
Senior Activities
June 2**



www.loudoun.gov/prcs



PRCS 2010 SUMMER CAMPS



LOUDOUN COUNTY

DEPARTMENT OF
PARKS, RECREATION &
COMMUNITY SERVICES



We have it all!



WWW.LOUDOUN.GOV/CAMPS

WHAT'S INSIDE

Events, Programs & Classes
6/16/10 - 8/31/10

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June 3

Registration for Senior
Activities Begins June 2

Plan Ahead! Fall
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Front Cover: Family Luau and Field Day
at Lovettsville Community Center

Back Cover: Franklin Park Pool

For complete activity information and registration,
visit www.loudoun.gov/prcs.

ACTIVITY GUIDE SCHEDULE

Copies of the 2010 Summer Activity Guide are available at PRCS centers and parks, in addition to Loudoun County libraries and most County Government buildings. For a list of locations, visit www.loudoun.gov/prcs. You can view the Summer Activity Guide online, and sign up for Activity Guide announcements at www.loudoun.gov/prcs.

www.loudoun.gov/prcs. The 2010 Summer Camp Guide is also available online at www.loudoun.gov/camps.

NEW! The 2010 Fall Activity Guide will be mailed to Loudoun residents beginning the week of August 9. The guide will be available online August 6. Fall general registration begins on August 19.

GENERAL INFORMATION

Online and walk-in registration for senior activities only begins at 9:00AM on 6/2/10 for County residents. Online registration for all activities begins at 12:01AM on 6/3/10 for County residents. Walk-in registration at PRCS facilities begins on 6/3/10 for County residents when the facilities open; in other words, during normal business hours for each location. Online registration begins at 12:01AM on 6/10/10 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 6/10/10 for non-residents (including seniors) when the facilities open; in other words, during normal business hours for each location.

MAIL-IN REGISTRATION

Send a completed registration form and payment (check made out to "County of Loudoun") to the PRCS administrative office located at 215 Depot Court, SE, Leesburg, VA 20175. An activity registration form is included in this guide. Forms can also be down-

loaded from www.loudoun.gov/prcs. Mail-in registrations are processed on a random basis, beginning at 8:30AM on 6/3/10 for residents and 6/10/10 for non-residents. **EFFECTIVE MAY 15, 2010, CREDIT CARD PAYMENTS ARE NO LONGER ACCEPTED BY MAIL. ALL MAIL-IN REGISTRATIONS MUST INCLUDE PAYMENT BY CHECK ONLY.**

ONLINE REGISTRATION

Webtrac is an online registration system for enrolling in PRCS activities using a household identification number and password. The first registration for any household must be completed by mail or in person in order to establish an ID number. If any member of your household has registered for a PRCS activity since July 2001 (excluding sports leagues) and you do not know your ID number, you can confirm the number by contacting a PRCS community/senior/recreation center or manned park, or the administrative office. Please call or stop by before the first

day of registration! With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. Visit www.loudoun.gov/prcs and click on the Webtrac link.

REGISTRATION FOR LICENSED PROGRAMS

Additional forms and on-site registration are required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcs for specific registration procedures for licensed preschool, before & after school programs and licensed summer camps.

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Checks must be made payable to "County of Loudoun" and your social security number or driver's license number must be included in

GENERAL INFORMATION: WHAT YOU NEED TO KNOW

order to process any registration by check. Cash, check or credit card payments can be made in person. Payments by check can also be mailed to the PRCS administrative office located at 215 Depot Court, SE, Leesburg, VA 20175. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A "global childcare statement" can be printed using Webtrac. The option is located under "my account" after logging into Webtrac. A statement can be printed for any calendar year. Please note that the system defaults to 2007, if you do not select the year. Visit www.loudoun.gov/prcs and click on the Webtrac link.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund, MINUS a 15% administrative fee (maximum of \$15), will be offered. If you cancel a class/program registration 14 or fewer days before the start date, a refund of 50% will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

NON-RESIDENT FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

SUPPLIES AND MATERIALS

Cost of supplies and materials is included in class or activity fee unless otherwise stated. If a supply fee is listed, it must be paid to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most community/senior/recreation centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5010 or 703-777-0438.

PROGRAM ACCESSIBILITY/ADA

Loudoun County Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act

(ADA). If you need reasonable accommodations in order to participate, please contact the administrative office 10 days prior to the start of the activity. Phone: 703-777-0343 TTY: 703-771-5352 Email: prcs@loudoun.gov.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine cancellation or postponement of programs. If you are in doubt as to whether or not activities will be held, call the program location or the administrative office at 703-777-0343. For sport league information, call the Sports cancellation line at 703-777-0456.

INCLEMENT WEATHER POLICY

1. When Loudoun County Government is closed, PRCS facilities are closed and all recreation programs are cancelled.

2. When Loudoun County Government makes a decision to close after the start of normal business hours, parents must make arrangements to pick up their children from all PRCS programs and locations right away. The facilities will close when the last child has been picked up.

3. When Loudoun County Schools announce that schools are closed for the day (and the Government is open):

- All PRCS classes, programs, activities and services, except Childcare, are cancelled. PRCS facilities are open for business matters, childcare and drop-in programs. Childcare opens at 8:00A.
- All PRCS programs held in school facilities are cancelled.
- Evening programs held in PRCS facilities scheduled from 5PM until closing may be held; confirm directly with the site offering the activity, or by calling 703-777-0456.

4. When Loudoun County Schools announce a one-hour delay, all PRCS classes, programs, activities and services operate on time.

5. When Loudoun County Schools announce a two or more hour delay, all morning PRCS classes, programs, activities and services, except Childcare, are cancelled. Childcare sites open on time. All PRCS facilities will open by 9AM for business matters and drop-in programs.

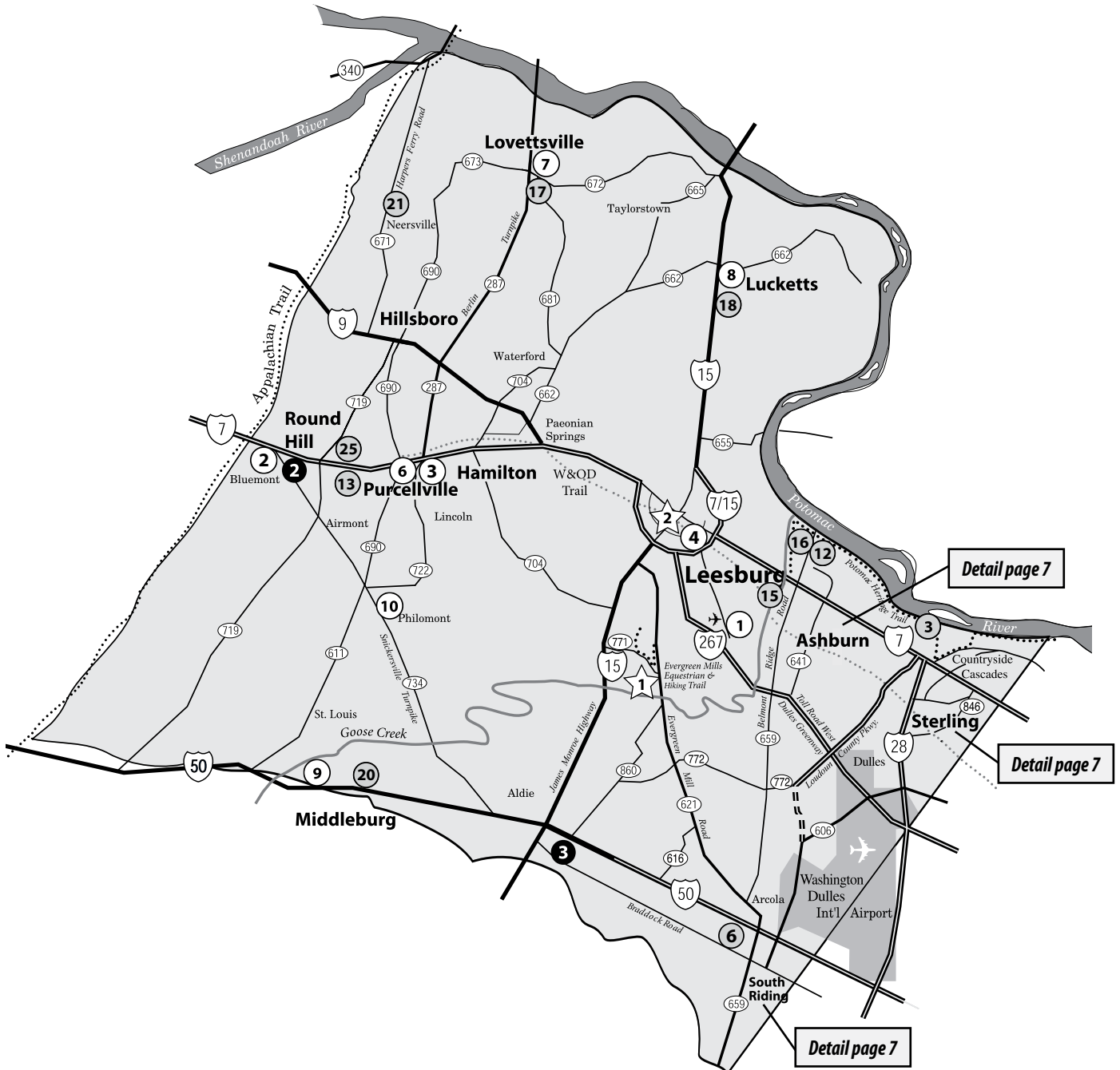
6. When Loudoun County schools announce an early dismissal, all evening PRCS classes, programs and activities, including CASA, are cancelled. Childcare sites and Adult Day Center remain open only until the last participant is picked up.

Please keep track of changing weather conditions and call the appropriate PRCS facility or the administrative office at 703-777-0343 with any questions.



LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION AND COMMUNITY SERVICES

FACILITIES MAP



For directions to PRCS facilities, visit www.loudoun.gov/prcs.

KEY TO FACILITIES

SENIOR, COMMUNITY & MULTIPURPOSE FACILITIES ○

- ① **Adult Day Center at Leesburg**
16501 Meadowview Court
Leesburg
703-771-5334
- ② **Bluemont Community Center**
20 High Street
Round Hill *(temp location)*
540-338-4485
- ③ **Carver Center**
200 Willie Palmer Way
Purcellville
571-258-3400
 - Adult Day Center at Carver
571-258-3402
- **Claude Moore Community Center (See ⑧)**
46111 Loudoun Park Lane
Sterling
571-258-3500
- ④ **Douglass Community Center**
405 E. Market Street
Leesburg
703-771-5913
- ⑤ **Dulles South Multipurpose Center**
24950 Riding Center Drive
South Riding, VA
571-258-3456
 - Dulles South Senior Activity Center
571-258-3883
- ⑥ **Loudoun Valley Community Center**
320 W. School Street
Purcellville
540-338-4122
- ⑦ **Lovettsville Community Center**
57 E. Broad Way
Lovettsville
540-822-5284
- ⑧ **Lucketts Community Center**
42361 Lucketts Road
Leesburg
703-771-5281
- ⑨ **Middleburg Community Center**
300 W. Washington Street
Middleburg
540-687-6375
- ⑩ **Philomont Community Center**
36592 Jeb Stuart Road
Philomont
540-338-5882

- **Senior Activity Center at Leesburg (See ★)**
215 Depot Court, SE
Leesburg
703-737-8039

- ⑪ **Senior Center at Cascades**
21060 Whitfield Place
Sterling
703-430-2397
- ⑫ **Sterling Community Center**
120 Enterprise Street
Sterling
703-430-9480

PARKS & RECREATIONAL FACILITIES ●

- ① **Ashburn Park**
43645 Partlow Road
Ashburn
- ② **Beth Miller Park**
20270 Leier Place
Ashburn
- ③ **Bles Park**
44830 Riverside Parkway
Ashburn
- ④ **Brambleton Fields Site**
22389 Belmont Ridge Road
Ashburn
- ⑤ **Briar Patch Park**
21660 Sterling Boulevard
Sterling
- ⑥ **Byrne's Ridge Park**
24915 Mineral Springs Circle
Aldie
- ⑦ **Chick Ford & Ryan Bickel Fields**
21594 Ashburn Village Boulevard
Ashburn
- ⑧ **Claude Moore Park**
21544 Old Vestals Gap Road
Sterling
571-258-3700
 - Claude Moore Community Center
 - Claude Moore Recreation Center
 - Lanesville Heritage Area
 - Loudoun Heritage Farm Museum
- **Claude Moore Recreation Center (See ⑧)**
46105 Loudoun Park Lane
Sterling
571-258-3600
- ⑨ **Conklin Park**
25701 Donegal Drive
Chantilly

- ⑩ **Countryside Park**
20756 Countryside Boulevard
Sterling
- ⑪ **Edgar Tillett Memorial Park**
21561 Belmont Ridge Road
Ashburn
- ⑫ **Elizabeth Mills Riverfront Park**
43513 Squirrel Ridge Place
Leesburg
 - Kephart Bridge Landing
- ⑬ **Franklin Park**
17501 Franklin Park Drive
Purcellville
540-338-7603
 - Franklin Park Perf. & Visual Arts Center
- ⑭ **Greg Crittenden Memorial Park**
21401 Windmill Drive
Ashburn
- ⑮ **Keep Loudoun Beautiful Park**
43055 Golf Club Road
Leesburg
 - Kephart Bridge Landing (See ⑫)
- ⑯ **Lansdowne Sports Park**
18900 Kipheart Drive
Leesburg
- ⑰ **Lovettsville Community Park**
12565 Milltown Road
Lovettsville (under development)
- ⑱ **Lucketts Community Park**
14560 James Monroe Highway
Leesburg
- ⑲ **Lyndora Park**
43624 Lucketts Bridge Circle
Ashburn
- ⑳ **Mickie Gordon Memorial Park**
22670 Carter's Farm Lane
Middleburg
- ㉑ **Nell Boone Park**
11756 Harper's Ferry Road
Purcellville (Neersville)
- ㉒ **Potomack Lakes Sportsplex**
20280 Cascades Parkway
Sterling
- ㉓ **Ray Muth Sr. Memorial Park**
20971 Marbelhead Drive
Ashburn
- ㉔ **Trailside Park**
20375 Claiborne Parkway
Ashburn

KEY TO FACILITIES

- 25 Woodgrove Park
17020 Evening Star Drive
Round Hill

CULTURAL & HISTORIC FACILITIES

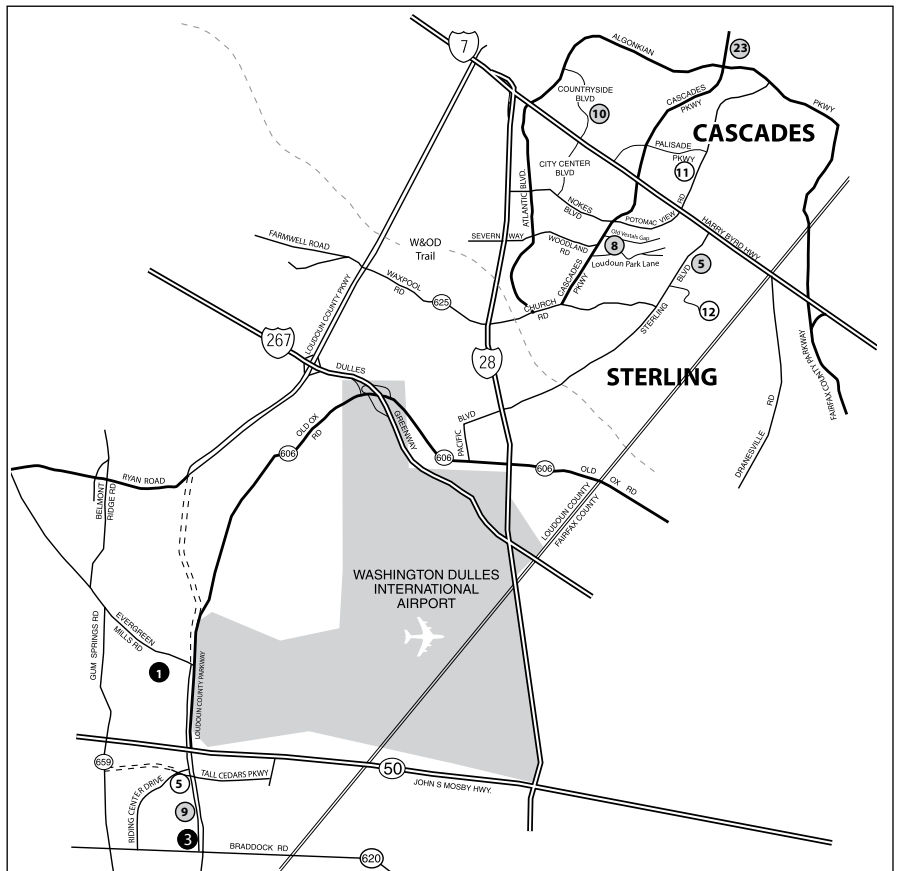
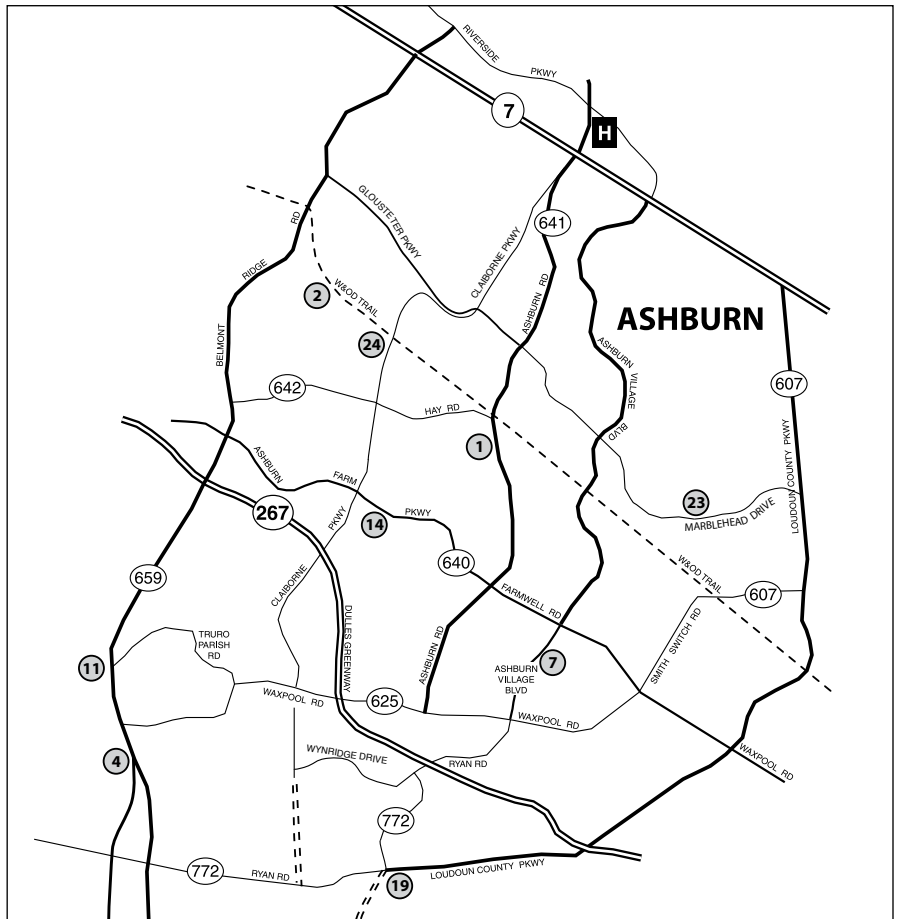
- 1 (Arcola) Slave Quarters (no inside access)
25077 Evergreen Mills Road
Sterling
- Carver Center (See 4)
- 2 E.E. Lakes General Store (no inside access)
18351 Railroad Street
Bluemont
- Franklin Park Performing & Visual Arts Center (See 13)
36441 Blueridge View Lane
Purcellville
540-338-7973
- Lanesville Heritage Area (See 8)
- Loudoun Heritage Farm Museum (See 8)
21668 Heritage Farm Lane
Sterling
571-258-3800
- 3 Settle-Dean Cabin (no inside access)
25625 Loudoun County Parkway
Chantilly

OTHER PRCS FACILITIES ★

- ★ Banshee Reeks Nature Preserve
21085 The Woods Road
Leesburg
703-669-0316
- ★ PRCS Administrative Office
215 Depot Court, SE
Leesburg
703-777-0343

TRAILS

- Evergreen Mills Equestrian & Hiking Trail
21332 The Woods Road (closed temporarily)
Leesburg



SPECIAL EVENTS COUNTYWIDE

This section lists some of our countywide special events offered by community centers, senior centers, parks and other PRCS facilities in chronological order. Please call the number listed for more information.

JUNE

PARENTS' NIGHT OUT

(Ages 3-11) Parents need a night out too! Leave your children with us for dinner and planned activities, and enjoy a night on the town! Call 540-338-5882.

Location: Philomont Community Center

411500-01 \$15.00, \$10/each add'l child
F 6/4-6/4 6:00P-8:30P

LOUDOUN LYRIC OPERA: *DON GIOVANNI*

(All ages) Of the many operas based on the legend of Don Juan, Don Giovanni is thought to be beyond comparison. The opera blends comedy, melodrama and supernatural elements. Founded in 2007, Loudoun Lyric Opera is the resident opera company of the county. Call 540-338-7973.

Location: Franklin Park Arts Center

Tickets: \$25 Adults, \$20 Seniors, \$10 Students
F 6/4-6/4 8:00P
Sa 6/5-6/5 8:00P
Su 6/6-6/6 3:00P

PHILOMONT COMMUNITY YARD SALE

(Ages 18 & up) Bring your unwanted and gently used items for sale. Price includes general ad in local classified section. Free admission for shoppers. Vendors must register in advance. Call 540-338-5882.

Location: Philomont Community Center

411501-01 \$15.00/space
Sa 6/5-6/5 8:00A-3:00P
411501-02 \$5.00/ table
Sa 6/5-6/5 8:00A-3:00P

LOUDOUN SYMPHONY CHAMBER PLAYERS

(All ages) The Loudoun Symphony Chamber Players return for their third concert of chamber music, featuring members of the Loudoun Symphony Orchestra. Concert programs will be posted on the symphony website listed below. www.loudounsymphony.org Call 540-338-7973

Location: Franklin Park Arts Center

Tickets: \$12 Adults, \$10 Seniors
Free/18 & under
F 6/18-6/18 8:00P

JUNE BOOK SWAP

(All ages) Swap your adult and children's books for more great summer reading. Books on tape or CD, Music CD's, VHS and DVD movies also welcome. Books/magazines in large print also requested. Call 571-258-3500.

Location: Claude Moore Community Center

Free event

Sa 6/19-6/19 10:00A-12:00P

5TH ANNUAL ARTIST STUDIO TOUR

(All ages) The Western Loudoun Artists Studio Tour features opportunities to visit the working studios of over 30 talented artists while enjoying a drive through picturesque, historic Western Loudoun County. Call 540-338-7973.

Location: Franklin Park Arts Center (and studios)

Free event

Sa 6/19-6/19 10:00A-5:00P
Su 6/20-6/20 12:00P-5:00P

NATIONAL POLLINATOR WEEK EVENT

(All ages) Celebrate our native pollinators at our 725-acre nature preserve. Go on butterfly, wildflower, and family nature walks. See displays on beekeeping and local honey, native flowers, pollinator gardens, butterfly counts, and a demonstration of the USGS pollinator survey. Children can participate in bee and butterfly activities and crafts. Call 703-669-0316.

Location: Banshee Reeks Nature Preserve

Free Event

Sa 6/19-6/19 10:00A-2:00P

COMMUNITY YARD SALE

(Ages 18 & up) Price includes general ad in local classified section. Vendors must register in advance and pay at door. Fees listed below. Free admission for shoppers! Call 703-771-5913.

Location: Douglass Community Center

404714-01 \$10.00 (+\$5 per table)
Sa 6/19-6/19 8:00A-2:00P
404714-02 \$10.00 (+\$5 per table)
Sa 6/26-6/26 8:00A-2:00P

BRING YOUR GRANDKIDS TO THE ZOO DAY

(All ages) Bring a young friend to see llamas, pet rats and ducks, a bunny, and raptors (10:30A). Call 571-258-3400.

Location: Carver Center

Free event

F 6/25-6/25 10:00A-12:00P

SILENT MOVIES WITH "PERFESSOR BILL EDWARDS"

(All ages) Come watch some classic silent movies with live piano accompaniment by "Perfessor Bill Edwards." Films include silent stars Buster Keaton,

Fatty Arbuckle, Harold Lloyd, Monty Banks, Charlie Chase, Charlie Chaplin and Stan Laurel. Call 540-338-7973

Location: Franklin Park Arts Center

Tickets: \$5.00
F 6/25-5/25 7:30P

FATHERS'S DAY BBQ

(All Ages) Enjoy a family Father's Day BBQ celebration dinner! Dads eat for FREE! Call 540-338-5882.

Location: Philomont Community Center

411502-01 \$6.00
Sa 6/26-6/26 5:00P-7:00P

BLUEGRASS PICKIN' PARTY

(All ages) Join us at our 3rd Annual Pickin' Party with a gazebo concert by "Five of a Kind" and open mike jamming. Bring instruments or just enjoy. Call 703-771-5281.

Location: Lucketts Community Center

Free event

Su 6/27-6/27 12:00P-5:00P

JULY

SPOTLIGHT STUDIO CAMP: *THOUROUGHLY MODERN MILLIE*

(All ages) This is the culminating performance of Dolly Steven's theatre camp at the Arts Center. The musical focuses on a naive young woman who finds herself in the midst of a series of madcap adventures when she sets her sights on marrying her wealthy boss. Call 540-338-7973

Location: Franklin Park Arts Center

Tickets \$5.00
Th 7/1-7/1 7:00P
F 7/2-7/2 1:00P

INDEPENDENCE DAY CELEBRATION

(Ages 55 & up) Enjoy a traditional cook-out with all the fixings, then laugh your way through indoor and outdoor games or just soak up the company of friends. Cool off with a snow cone or maybe some water balloons! Call 571-258-3400.

Location: Carver Center

430611-01 \$5.00
F 7/2-7/2 10:30A-2:00P
430611-02 \$5.00
F 7/2-7/2 10:30A-2:00P
430611-03 \$5.00
F 7/2-7/2 10:30A-2:00P

COMMUNITY YARD SALE

(Ages 18 & up) See description for June.

Location: Douglass Community Center

404714-03 \$10.00 (+\$5 per table)
Sa 7/3-7/3 8:00A-2:00P

| | | |
|------------------|--------------------------|-------------|
| 404714-04 | \$10.00 (+\$5 per table) | |
| Sa | 7/10-7/10 | 8:00A-2:00P |
| 404714-05 | \$10.00 (+\$5 per table) | |
| Sa | 7/17-7/17 | 8:00A-2:00P |
| 404714-06 | \$10.00 (+\$5 per table) | |
| Sa | 7/24-7/24 | 8:00A-2:00P |
| 404714-07 | \$10.00 (+\$5 per table) | |
| Sa | 7/31-7/31 | 8:00A-2:00P |

BIKE DECORATING WORKSHOP

(All ages) Decorate bikes and riding toys for the Independence Day parade! A contest follows the workshop, so winners can display their ribbons. All supplies provided. Call 540-822-5284.

Location: Lovettsville Community Center

| | | |
|------------------|---------|-------------|
| 402703-01 | \$7.00 | |
| Sa | 7/3-7/3 | 4:30P-5:15P |

INDEPENDENCE DAY CELEBRATION

(All ages) A hometown parade kicks off the celebration, followed by live music, games, inflatables, rides, and refreshments, and fireworks at the Lovettsville Community Center ball field. The event schedule can be found at www.loudoun.gov/lovettsvillecc. Sponsored by the Lovettsville Community Center Advisory Board. Call 540-822-5284.

Location: Lovettsville Community Center

| | | |
|--------------------|--------------------------------|-------------|
| Pay at door | \$3/ages 3-12, \$4/ ages 13&up | |
| Sa | 7/3-7/3 | 5:30P-9:30P |

OL' TIME 4TH OF JULY CELEBRATION

(All ages) Celebrate an old-fashioned 4th of July and Claude Moore Park's 20th Anniversary with pony and wagon rides, music, crafts, nature exhibits, historic tours, old-time and family games, and "Reptiles Alive." Food available for purchase. Use Loudoun Park Lane entrance. Register in advance or pay at door (cash/check only).

Location: Claude Moore Park Historic Area

| | | |
|------------------|---------------------------------|--------------|
| 461710-01 | \$5/Ages 3 & up, Free/2 & under | |
| Su | 7/4-7/4 | 10:30A-3:00P |

FOURTH OF JULY MUSEUM OPEN HOUSE

(All ages) Celebrate American Independence Day and the history of farming with family and friends. Free admission to participants of Claude Moore Park's Old Time July 4th Celebration. Call 571-258-3800.

Location: Heritage Farm Museum

Special hours/admission

| | | |
|----|---------|--------------|
| Su | 7/4-7/4 | 10:30A-3:00P |
|----|---------|--------------|

JULY 4TH CELEBRATION

(All ages) Celebrate America's Independence Day while enjoying local acoustic group, Jake and the Burtones.. Concessions available. Fireworks at dark. Call 540-338-7973.

Location: Franklin Park

| | | |
|--------------------|----------------|-------|
| Pay at gate | \$5.00/carload | |
| Sa | 7/4-7/4 | 6:00P |

POOL PARTY

(Ages 6 & up) A kids-only pool party! Meet your friends for swimming, music, games, and snacks. Children must be able to swim on their own in the big pool. Call 540-687-6375.

Location: Middleburg Community Center Pool

| | | |
|------------------|---------|-------------|
| 408707-01 | \$6.00 | |
| W | 7/7-7/7 | 6:30P-9:00P |

GROWING STAGE PRESENTS:

(All ages) Members of The Growing Stage summer camp program present a live performance of "Aladdin" on July 8 at 1:00P and July 9 at 7:00P. "13 The Musical" will be performed at 7:00P on July 8 and 1:00P on July 9. Refreshments available for sale. Call 703-771-5281.

Location: Lucketts Community Center

| | | |
|-------------------|---------|---------------|
| Free event | | |
| Th,F | 7/8-7/9 | 1:00P & 7:00P |

OUTDOOR MOVIE IN THE TOWN GREEN

(All ages) Harry Potter fans are encouraged to come in costume for broom races and magical surprises prior to a screening of *Harry Potter and the Half Blood Prince* at dusk. Bring chairs and blankets. Co-sponsored by the Town of Lovettsville and Lovettsville Community Center. Call 540-822-5284.

Location: Lovettsville Town Green

| | | |
|-------------------|---------|--------------|
| Free Event | | |
| F | 7/9-7/9 | 7:30P-10:00P |

PARENTS' NIGHT OUT

(Ages 3-11) See description for June.

Location: Philomont Community Center

| | | |
|------------------|--------------------------------|-------------|
| 411500-02 | \$15.00, \$10 each add'l child | |
| F | 7/9-7/9 | 6:00P-8:30P |

COMMUNITY PICNIC & ICE CREAM

(All Ages) Bring a picnic lunch to enjoy with good friends, followed by ice cream with lots of toppings! Call 540-338-5882.

Location: Philomont Community Center

| | | |
|------------------|-----------|--------------|
| 411503-01 | \$2.00 | |
| Su | 7/11-7/11 | 12:00P-2:00P |

JULY BOOK SWAP

(All ages) See description for June.

Location: Claude Moore Community Center

| | | |
|-------------------|-----------|---------------|
| Free event | | |
| Sa | 7/17-7/17 | 10:00A-12:00P |

CELEBRATE ICE CREAM DAY

(All ages) Join us for an old-fashioned Ice Cream Social as we celebrate "National Ice Cream" Day.

Call 703-771-5281.

Location: Lucketts Community Center

Free event

| | | |
|---|-----------|--------------|
| M | 7/19-7/19 | 12:00P-2:00P |
|---|-----------|--------------|

PRINCESS FOR A DAY ICE CREAM SOCIAL

(All ages) The court of the Virginia Dairy Princess Program hosts an old-fashioned ice cream social. Princess lessons and princess parade at 1:00P. The first 100 children receive a complimentary tiara. Call 571-258-3800 to pre-register.

Location: Heritage Farm Museum

| | | |
|--------------------|----------------------------|--------------|
| Pay at door | \$5.00 adult/ \$3.00 child | |
| Sa | 7/24-7/24 | 12:00P-2:00P |

GROWING STAGE CAMP: LES MISERABLES

(All ages) The Growing Stage theatre camp will present *Les Miserables School Edition*, an epic musical that recounts the struggle against adversity in 19th century France. Call 540-338-7973

Location: Franklin Park Arts Center

| | | |
|-------------------|-----------|-------|
| Free Event | | |
| Th | 7/29-7/29 | 1:00P |
| F | 7/30-7/30 | 7:00P |

SUMMER MOVIE NIGHT

(All ages) Come for pizza...stay for the movie. Must register by 7/19. Call 703-771-5281.

Location: Lucketts Community Center

| | | |
|------------------|---------------|-------------|
| 409704-01 | \$5.00/person | |
| F | 7/30-7/30 | 6:00P-9:00P |

AUGUST**NATIONAL NIGHT OUT**

(All ages) Take the night off and get to know your neighbors and local safety personnel. Enjoy games, relays and prizes from 6:00- 7:00P and free swimming from 7:15- 9:00P. Co-sponsored by the Town of Lovettsville, Loudoun County Sheriff's Office and Lovettsville Community Center. Call 540-822-5284.

Location: Lovettsville Comm. Cntr & Pool

| | | |
|-------------------|---------|-------------|
| Free event | | |
| Tu | 8/3-8/3 | 6:00P-9:00P |

STERLING COMMUNITY CENTER SUMMER LUAU

(All ages) Aloha! Join us at our first annual Summer Luau featuring a limbo contest, games, hula dancing, live entertainment, family-friendly tropical drinks, face painting, and much more. Children 2 and under are admitted free, but need to be registered (see below). Event is held rain or shine. Call 703-430-9480.

Location: Sterling Community Center

| | | |
|------------------|---------|----------------|
| 403704-01 | \$4.00 | |
| Sa | 8/7-8/7 | 1:00P-3:00P |
| 403704-02 | Free | Ages 2 & Under |
| Sa | 8/7-8/7 | 1:00P-3:00P |

COMMUNITY YARD SALE

(Ages 18 & up) See description for June.

Location: Douglass Community Center

| | | |
|------------------|--------------------------|-------------|
| 404714-08 | \$10.00 (+\$5 per table) | |
| Sa | 8/7-8/7 | 8:00A-2:00P |
| 404714-09 | \$10.00 (+\$5 per table) | |
| Sa | 8/14-8/14 | 8:00A-2:00P |
| 404714-10 | \$10.00 (+\$5 per table) | |
| Sa | 8/21-8/21 | 8:00A-2:00P |
| 404714-11 | \$10.00 (+\$5 per table) | |
| Sa | 8/28-8/28 | 8:00A-2:00P |

FAMILY LUAU

(All ages) The Lovettsville pool stays open late for this fun-filled evening of wacky games, swimming and music. Concessions will be available, as well as pizza and snow cones.

Location: Lovettsville Community Pool

| | | |
|--------------------|----------------------------|-------------|
| Pay at door | \$3/3 & up, Free/2 & under | |
| W | 8/11-8/11 | 7:00P-9:00P |

OUTDOOR MOVIE IN THE TOWN GREEN(All ages) Wear your Indiana Jones hat and paint a snake or two prior to a screening of *Raiders of the Lost Ark* at dusk. Bring chairs and blankets. Co-sponsored by the Town of Lovettsville and Lovettsville Community Center. Call 540-822-5284.**Location: Lovettsville Town Green****Free event**

| | | |
|---|-----------|--------------|
| F | 8/13-8/13 | 7:30P-10:00P |
|---|-----------|--------------|

SUMMER GOSPEL EXPLOSION

(All ages) This exciting performance will feature multiple performing choirs plus a performance by the award winning Southern gospel group, "4tified." Call 540-338-7973.

Location: Franklin Park Arts Center

| | | |
|-----------------|-----------|-------|
| Tickets: | \$15.00 | |
| Sa | 8/14-8/14 | 7:00P |

THEATREPALOOZA CAMP: GREASE

(All ages) The 50's rock 'n roll musical that everyone loves. This show is a family friendly version that is suitable for everyone. Call 540-338-7973

Location: Franklin Park Arts Center

| | | |
|---------------------|------------------------------------|-------|
| Pay at door: | \$20 Adults, \$15 Seniors/Students | |
| F | 8/14-8/14 | 7:00P |

LOUDOUN LYRIC OPERA: ROMANCE—FROM BROADWAY TO LINCOLN CENTER

(All ages) LLO performs this original work based on the book by Loudoun's own, Meredith McMath. Get ready for a fun romp through generations of memorable music. Call 540-338-7973

Location: Franklin Park Arts Center

| | | |
|-----------------|----------------------------|-------|
| Tickets: | \$25 Adults, \$20 Students | |
| Sa | 8/21-8/21 | 8:00P |
| Su | 8/22-8/22 | 3:00P |

PARENTS' NIGHT OUT

(Ages 3-11) See description for June.

Location: Philomont Community Center

| | | |
|------------------|--------------------------------|-------------|
| 411500-03 | \$15.00, \$10 each add'l child | |
| F | 8/20-8/20 | 6:00P-8:30P |

AUGUST BOOK SWAP

(All ages) See description for June.

Location: Claude Moore Community Center**Free event**

| | | |
|----|-----------|---------------|
| Sa | 8/21-8/21 | 10:00A-12:00P |
|----|-----------|---------------|

FALL KICK OFF

(All ages) Reunite with friends and neighbors, have a little fun, and take a look at our exciting line up of fall programs and events. Call 540-687-6375.

Location: Middleburg Community Center**Free event**

| | | |
|---|-----------|-------------|
| F | 8/27-8/27 | 5:00P-7:00P |
|---|-----------|-------------|

CHEERLEADING MINI-CLINIC

(Grades 1-6) Presented by Loudoun Valley High School Cheerleaders. Instruction for all levels in stunts, tumbling, motion, and dance. Session ends with a 5-minute performance. Please bring beverage and snack. Call 571-258-3400.

Location: Carver Center

| | | |
|------------------|-----------|---------------|
| 430706-01 | \$16.00 | Grades 1-3 |
| Sa | 8/28-8/28 | 9:00A-10:30A |
| 430706-01 | \$16.00 | Grades 4-6 |
| Sa | 8/28-8/28 | 11:00A-12:20P |

FALL PREVIEW OPEN HOUSE AND INDOOR YARD SALE

(All ages) The event features yard sale treasures, fun demonstrations, master chess challenge, balloons and face painting for the kids and tours of historic Carver Center. Light refreshments served. Call 571-258-3400.

Location: Carver Center**Free event**

| | | |
|----|-----------|--------------|
| Sa | 8/28-8/28 | 10:00A-1:00P |
|----|-----------|--------------|

SILENT MOVIES WITH "PERFESSOR BILL EDWARDS"

(All ages) Watch classic silent movies with live piano accompaniment by "Perfessor Bill Edwards." Films include silent stars Buster Keaton, Fatty Arbuckle, Harold Lloyd, Monty Banks, Charlie Chase, Charlie Chaplin and Stan Laurel. Bill is a resident of Ashburn, and is on tour at silent film and ragtime festivals nationally. Call 540-338-7973

Location: Franklin Park Arts Center

| | | |
|-----------------|-----------|-------|
| Tickets: | \$5.00 | |
| Sa | 8/28-8/28 | 7:30P |

THE LUCKETTS FAIR

(All ages) Help us celebrate 38 years of old-fashioned country fun with juried crafts, antiques, children's entertainment, and day-long Bluegrass music. Call 703-771-5281.

Location: Lucketts Community Center

| | | |
|--------------------|--------------------------------|--------------|
| Pay at door | \$5/ ages 6 & up; Free/under 6 | |
| Sa,Su | 8/28-8/29 | 10:00A-5:00P |

**TRIPS
COUNTYWIDE**

This section lists some of our countywide trips offered by community centers, senior centers, parks and other PRCS facilities in chronological order. Please call the number listed for more information.

JUNE**AMISH MARKET TRIP**

(All ages) Enjoy the afternoon with your friends picking up the freshest produce, fruits, pies and other great treats. Lunch is on your own in the Amish Market. Depart/Return: Dulles South Multipurpose Center. Call 571-258-3456.

| | | |
|------------------|-----------|--------------|
| 405901-01 | \$25.00 | |
| F | 6/25-6/25 | 10:00A-4:00P |

NATIONALS VS ORIOLES

(Ages 4 & up) Travel to Baltimore, MD to see the Nationals and Orioles go head to head! Game time is 4:05pm. Advance registration required by June 18. Depart/Return: Lovettsville Community Center. Call 540-822-5284.

| | | |
|------------------|-----------|-------------|
| 402704-01 | \$32.00 | |
| Sa | 6/26-6/26 | 1:30P-9:30P |

TEEN ROAD TRIP

(Ages 13-18) Travel with us to the Nation's Capitol. Depart/Return: Dulles South Multipurpose Center. Call 571-258-3456.

| | | |
|------------------|-----------|----------------|
| 405903-01 | \$60.00 | Washington, DC |
| M | 6/28-6/28 | 7:00A-8:00P |

JULY**GETTYSBURG REENACTMENT**

(All ages) Take a ride with us to the Annual Gettysburg Civil War Battle Reenactment. Depart/Return: Dulles South Multipurpose Center. Call 571.258.3456.

| | | |
|------------------|---------|-------------|
| 405906-01 | \$51.00 | |
| M | 7/5-7/5 | 6:00A-5:00P |

SEUSSICAL AT SHENANDOAH MUSIC FESTIVAL

(All ages) Characters like Horton, Miss Gertrude McFuzz, Amayzing Mayzie, the Grinch and The Whos are all brought together by JoJo, a young boy and "thinker of strange and wonderful thinks!"

Depart/Return: Philomont Community Center. Call 540-338-5882.

411504-01 \$35.00
Sa 7/10-7/10 1:00P-5:00P

AMISH MARKET TRIP

(All ages) See description for June.

405901-02 \$26.00
F 7/23-7/23 10:00A-4:00P

TEEN ROAD TRIP

(Ages 13-18) Travel with us to Kings Dominion! Depart/Return: Dulles South Multipurpose Center. Call 571-258-3456.

405903-02 \$76.00 Kings Dominion
M 7/26-7/26 7:00A-8:00P

KINGS DOMINION

(Ages 10 & up) Get ready for a full day of fun! Try out the new roller coaster, the Intimidator 305! Cost includes bus and ticket. A paying adult (18 or older) must accompany children under 15. Register by July 13. Depart/Return: Lovettsville Community Center. Call 540-822-5284.

402706-01 \$65.00
Tu 7/27-7/27 8:00A-10:00P

AUGUST

BRICKFAIR LEGO FESTIVAL

(Ages 3 & up) Travel to Chantilly, VA and see millions of LEGO bricks assembled into sprawling trains and towns, Brick Films, and much more. Bring money for lunch. Register by July 19. Depart/Return Lovettsville Community Center. Call 540-822-5284.

402712-01 \$18.00 Ages 11 & up
Su 8/8-8/8 11:00A-3:30P

402712-02 \$15.00 Ages 10 & under
Su 8/8-8/8 11:00A-3:30P

TEEN ROAD TRIP

(Ages 13-18) Travel with us on a White Water Rafting adventure! Depart/Return: Dulles South Multipurpose Center. Call 571-258-3456.

405903-03 \$76.00 White Water Rafting
M 8/30-8/30 7:00A-8:00P

TRIPS FOR SENIORS

Registration for senior trips begins on June 2 unless otherwise noted. All trips are for individuals 55 years and older. Transportation is by senior center buses unless otherwise noted. First price listed is for current card carrying senior center members (Carver, Cascades, Dulles South and Leesburg); second price listed is for non-members. Departure and return locations for most day trips: Carver

(Purcellville) Senior Center, Cascades (Sterling) Senior Center and Leesburg Wal-Mart (west side of parking lot near Garden Center). Sign-up is required and may be done at any PRCs facility with access to RecTrac! There are no refunds although a refund minus a 30% administrative fee may be issued if your seat is resold. Call 703-430-2397.

JUNE

CASINO TRIP – CHARLES TOWN, WV

Enjoy slots and simulcast horse racing. Table games expected by early summer. Lunch on your own. Price includes transportation and \$10 play-back cash with player's card and driver's license (subject to change). Minimum walking.

445610-01 \$8/member, \$10/non-member
Th 6/10

FREDERICKSBURG RIVER CRUISE AND CHATHAM – FREDERICKSBURG, VA

Enjoy lunch aboard the paddle wheeler, *The City of Fredericksburg*, on the Rappahannock River, then visit Chatham, a Georgian-style mansion of the late 1700s. Price includes transportation, cruise, lunch, tip and admission. Extensive walking.

445612-01 \$42/member, \$44/non-member
Tu 6/15

"SHOWBOAT" AT SHENANDOAH SUMMER MUSIC THEATRE – WINCHESTER, VA

This lyrical masterpiece tells of the loves and heartbreaks of three generations of show folk. Dinner is on your own after the show. Price includes transportation and show. Minimum walking.

445613-01 \$35/member, \$37/non-member
W 6/16

THE NEWSEUM – WASHINGTON, DC

Visit the world's most interactive museum with two television studios, 14 galleries and 15 theatres. Catch "Elvis! His Groundbreaking, Hip-Shaking, Newsmaking Story." Lunch on your own. Price includes transportation and admission. Extensive walking.

445614-01 \$27/member, \$29/non-member
F 6/18

"TRUMPERY" AT OLNEY THEATRE – OLNEY, MD

This gripping drama examines whether scientific discovery routs religion and spirituality or whether there's a place for all three. Lunch on your own at restaurant near Olney. Price includes transportation and show. Minimum walking.

445615-01 \$51/member, \$53/non-member
Sa 6/19

BALTIMORE HARBOR CRUISE AND FREE TIME – BALTIMORE, MD

Enjoy a 45-minute cruise aboard the *Annapolitan* // followed by 3½ hours of free time in the Inner Harbor. Lunch on your own. Price includes transportation and boat cruise. Moderate walking.

445616-01 \$26/member, \$28/non-member
M 6/21

SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian, Air and Space and African Art/Freer/Hirshhorn/Sackler Museums. Lunch on your own. Price includes transportation with free admission. Extensive walking.

445617-01 \$9/member, \$11/non-member
Tu 6/22

CASINO TRIP – CHARLES TOWN, WV

See description for 6/10.

445610-02 \$8/member, \$10/non-member
W 6/23

BROOKSIDE GARDENS & BUTTERFLY CONSERVATORY – WHEATON, MD

After lunch on your own at the Glenmont Shopping Center, spend three hours at 50-acre Brookside Gardens including a live butterfly exhibit. Price includes transportation and admissions. Extensive walking.

445618-01 \$15/members; \$17 non-members
Tu 6/29

"OKLAHOMA" AT SHENANDOAH SUMMER MUSIC THEATRE – WINCHESTER, VA

Rogers and Hammerstein's love story of Curly, a handsome cowboy and Laurey, a winsome farm girl. Dinner is on your own after the show. Price includes transportation and show. Minimum walking.

445619-01 \$35/member, \$37/non-member
W 6/30

JULY

"DIRTY ROTTEN SCOUNDRELS" AT ALLENBERRY RESORT INN AND PLAYHOUSE – BOILING SPRINGS, PA

This delicious musical comedy follows two con-artists as they take on the lifestyle of the rich and shameless. Price includes transportation, buffet lunch, tip and show. Minimum walking.

445620-01 \$67/member, \$71/non-member
Th 7/1

CASINO TRIP – CHARLES TOWN, WV

See description for 6/10.

445610-03 \$8/member, \$10/non-member
Th 7/8

**NATIONAL CATHEDRAL TOUR & TEA–
WASHINGTON, DC**

Have a quick fast food lunch near the Cathedral before exploring on your own. Enjoy a guided tour at 1:30 p.m. and tea at 2:45 p.m. in the tower. Price includes transportation, tour and tea. Extensive walking.

445622-01 \$39/member, \$43/non-member
Tu 7/13

**“SUESSICAL” AT SHENANDOAH SUMMER
MUSIC THEATRE – WINCHESTER, VA**

You'll find wonderful things you can think when you think about Seuss in this whimsical musical. Dinner is on your own after the show. Price includes transportation and show. Minimum walking.

445623-01 \$35/member, \$39/non-member
W 7/14

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 6/22.

445624-01
\$9/member, \$13/non-member
Th 7/15

**“FOREVER PLAID” AT OLNEY THEATRE –
OLNEY, MD**

After a freak accident ends their promising careers and lives, four young guys are miraculously revived to perform one last show. Lunch on your own at restaurant near Olney. Price includes transportation and show. Minimum walking.

445621-01 \$28/member, \$32/non-member
Sa 7/17

OLD TOWN ALEXANDRIA – ALEXANDRIA, VA

Spend the day on your own visiting the Torpedo Factory Art Center, taking a walking tour, seeing the historical sites, shopping, eating, etc. Lunch on your own. Price includes transportation only. Extensive walking.

445625-01 \$9/member, \$13/non-member
M 7/26

CASINO TRIP – CHARLES TOWN, WV

See description for 6/10.

445610-04 \$8/member, \$10/non-member
W 7/28

**“WHITE CHRISTMAS” AT SHENANDOAH
SUMMER MUSIC THEATRE – WINCHESTER, VA**

Based on the film, this heartwarming adaptation features seventeen Irving Berlin songs, including “White Christmas”. Dinner is on your own after the show. Price includes transportation and show. Minimum walking.

445626-01 \$35/member, \$39/non-member
W 7/28

**“MY FAIR LADY” AT ALLENBERRY RESORT INN
AND PLAYHOUSE – BOILING SPRINGS, PA**

This musical has captivated audiences for decades with its rags-to-riches story and beautiful score. Price includes transportation, buffet lunch, tip and show. Minimum walking.

445627-01 \$67/member, \$71/non-member
Th 7/29

AUGUST**SMITHSONIAN ART & PORTRAIT GALLERY
/ SPY MUSEUM / MUSEUM OF CRIME AND
PUNISHMENT – WASHINGTON, DC**

Explore either museum (American Art Museum and National Portrait Gallery) or visit the Spy Museum or the Museum of Crime and Punishment (both nearby – cost about \$15 each). Lunch on your own. Price includes transportation with free admission to art museums. Extensive walking.

445628-01 \$9/member, \$13/non-member
M 8/2

**“DEAD MAN’S CELL PHONE” AT WAYSIDE
THEATRE – STRASBURG / MIDDLETOWN, VA**

In the tradition of some of the wackiest comedies, we bring you a dark comedy about a young woman who answers a dead man’s cell phone in a local café. Enjoy lunch before the show at the Hotel Strasburg. Price includes transportation, lunch, tip and show. Minimum walking.

445629-01 \$61/member, \$65/non-member
W 8/4

BINGO WORLD – BALTIMORE, MD

Bingo at its best – play 23 games. Purchase your own bingo cards at the door (most spend about \$20). Bring a bag lunch or purchase at Bingo World. Price includes transportation only. Minimum walking.

445630-01 \$11/member, \$15/non-member
Th 8/5

**STERLING PLAYMAKERS’ “BRIGADOON” –
STERLING, VA**

Enjoy this musical tale of a mysterious Scottish village that appears for only one day every 100 years. Price includes transportation and reserved seating at show. Minimum walking.

445631-01 \$19/member, \$23/non-member
Su 8/8

**LIBRARY OF CONGRESS & SUPREME COURT –
WASHINGTON, DC**

Tour the Library of Congress and spend more time there, or visit the Supreme Court. Lunch on your own in either cafeteria. Price includes transportation with free admission. Extensive walking.

445632-01 \$9/member, \$13/non-member
Tu 8/10

CASINO TRIP – CHARLES TOWN, WV

See description for 6/10.

445610-05 \$8/member, \$10/non-member
Th 8/12

**“THE SAVANNAH DISPUTATION” AT OLNEY
THEATRE – OLNEY, MD**

A Pentecostal missionary gets more than she bargained for when she drops in on two sisters who are staunch Catholics. Lunch on your own at local restaurant in Olney area. Price includes transportation and show. Minimum walking.

445633-01 \$51/member, \$55/non-member
Sa 8/14

**FRANCISCAN MONASTERY AND BASILICA
OF THE IMMACULATE CONCEPTION –
WASHINGTON, DC**

Enjoy guided tours of the Franciscan Monastery and the Basilica of the National Shrine of the Immaculate Conception. Nominal donations requested. Lunch is on your own at Basilica cafeteria or bring bag lunch. Price includes transportation only. Extensive walking.

445634-01 \$9/member, \$13/non-member
Tu 8/17

**“NUNSENSE” AT TOBY’S DINNER THEATRE –
COLUMBIA, MD**

Follow the antics of the “Little Sisters of Hoboken” in a fundraiser put on to raise money to bury the sisters accidentally poisoned by the convent cook. Price includes motor coach transportation, buffet lunch, tip and show. Minimum walking.

445635-01 \$74/member, \$78/non-member
W 8/18

CASINO TRIP – CHARLES TOWN, WV

See description for 6/10.

445610-06 \$8/member, \$10/non-member
W 8/25

**SEPTEMBER (REGISTRATION
BEGINS JUNE 3)****“DINNER WITH FRIENDS” AT OLNEY THEATRE
– OLNEY, MD**

Friendships, marriages, confidences, and intimacies are stressed and tested in this funny, bittersweet drama. Lunch on your own at local restaurant in Olney area. Price includes transportation and show. Minimum walking.

145611-01 \$51/member, \$55/non-member
W 9/1

REGISTER ONLINE!

Visit www.loudoun.gov/prcs
and click on the Webtrac link.

"MID-LIFE CRISIS, THE MUSICAL" AT ALLENBERRY RESORT INN AND PLAYHOUSE – BOILING SPRINGS, PA

There's no cure for a mid-life crisis, but "it's easily managed with therapeutic laughter." Price includes transportation, buffet lunch, tip and show. Minimum walking.

145612-01 \$67/member, \$71/non-member
Th 9/2

OVERNIGHT TRIPS

CAPE COD, MYSTIC SEAPORT AND NEWPORT – MASSACHUSETTS/CONNECTICUT/RHODE ISLAND

7-days, 6-nights. Call for flyer after 5/7. Total trip cost: \$741/member and \$771/non-member for double occupancy or \$921/member and \$951/non-member for single occupancy. Extensive walking.

145640-01 \$247/\$257 or \$307/\$317
due upon registration

145640-02 \$247/\$257 or \$307/\$317
due July 1

145640-03 \$247/\$257 or \$307/\$317
due Aug 2

Su-Sa 9/12-9/18

HISTORIC BOSTON – MASSACHUSETTS

5-days, 4-nights. Call for flyer after 5/7. Total trip cost: \$546/member and \$576/non-member for double occupancy or \$666/member and \$696/non-member for single occupancy. Extensive walking.

145641-01 \$182/\$192 or \$222/\$232
due upon registration

145641-02 \$182/\$192 or \$222/\$232
due July 15

145641-03 \$182/\$192 or \$222/\$232
due Sept. 1

Th-M 9/30-10/4

CHICAGO – ILLINOIS

7-days, 6-nights. Call for flyer after 5/7. Total trip cost: \$636/member and \$666/non-member for double occupancy or \$852/member and \$882/non-member for single occupancy. Extensive walking.

145642-01 \$212/ \$222 or \$284/ \$294
due upon registration

145642-02 \$212/\$222 or \$284/\$294
due July 15

145642-03 \$212/\$222 or \$284/\$294
due Sept. 15

Su-Sa 10/24-10/30

The following previously advertised trips may still have openings:

COLORADO AND THE ROCKY MOUNTAINS – COLORADO

11-days, 10-nights. Call for flyer. Final Deadline July 1.

445641-01/02/03/04 Full payment due with registration
F-M 8/20-8/30

AREA AGENCY ON AGING

215 Depot Court, SE, 2nd Floor
Leesburg, VA 20175
703-777-0257
M-F 8:30A 5:00P

The Area Agency on Aging provides the following programs and services for senior citizens and their families:

Adult Day Centers
Case Management Services
Congregate Lunch Programs
Home Delivered Meals
Health Promotion
Information and Referral: The Program Provides One Number To Call For Information And Assistance.
Medicare Counseling
Senior And Activity Centers
Wtax Assistance Program
Volunteer Opportunities

SENIOR CENTERS: GENERAL INFORMATION

ACTIVITIES & FEES*

Two full-service senior centers and two senior activity centers offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$25/resident (\$37.50/non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregated lunch program. *Membership and/or activity fees are subject to change based on the Board of Supervisors approval of the FY11 budget.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at both senior centers and the senior activity

center in Leesburg for meetings, family reunions, special events, birthday parties and more.

ADULT DAY CENTERS: GENERAL INFORMATION

PARTICIPANTS

Our centers are open M-F from 7:30A-5:30P to provide a safe, social, and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from care giving. Alzheimer support groups are available to provide insight, guidance, companionship, and resources.

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132
571-258-3400

M-F 9:00A-4:00P (Ages 55 & up ONLY)

M-F 4:00P-9:00P & Sa 9:00A-6:00P (All ages)

Unless otherwise noted, the following classes and activities are offered FREE to participants 55 & older, although membership or drop-in fees apply. Annual membership: \$25/year. Non-member drop-in fee: \$2.00.

EDUCATIONAL

COMPUTERS FOR LATE BLOOMERS

(Ages 55 & up) A friendly introduction to using computers. Fee includes \$12 cost of optional textbook. Instructor: Belinda Moh.

430604-01 \$60.00
Tu 6/22-7/27 11:00A-12:00P

WORD, EXCEL AND POWERPOINT

(Ages 55 & up) Instructor: Belinda Moh.

430602-01 \$48.00
Tu 6/22-7/27 1:00P-2:00P

FACILITATED INTERDENOMINATIONAL BIBLE STUDY

Th on-going 10:50A-11:45P

HEALTH SEMINARS

(Ages 55 & up) Local health professionals present topics of interest to seniors.

Topic to be announced – Chiropractor Dr. Perry J. VanDerHurst

Th 8/19 10:15A-11:00A

Shingles & the Shingles Vaccine – Barbara Watts, RN, CHPN

M 6/28 11:00A-12:00P

How Aging Affects Digestion – Barbara Watts, RN, CHPN

M 7/12 11:00A-12:00P

FINE & APPLIED ARTS**MEMOIR WRITING II**

(Ages 55 & up) This class will use writing exercises and “read and critique” sessions to help you prepare your memoir for publication, as well as how to market your piece. Instructor: Published author Bobbi Carducci.

430606-02 \$70.00
Tu 6/22-7/20 2:00P-3:30P

GUEST DEMONSTRATORS SERIES: LOCAL CRAFTERS-Floral Design with Elaine Hawn

(Ages 18 & up)
Th 7/22-7/22 10:00A-11:00A

STITCH AND CHAT

(Ages 18 & up) Join others to sew/create small projects for personal use, to donate to charities, or to sell at our Holiday Bazaar. Members of the American Sewing Guild lend assistance.

M on-going 10:15A-12:00P

FITNESS**WALKING CLUB**

Walking clubs are the newest thing in senior fitness! The exercise is accessible and fun.

Th on-going 10:00-10:45

BALANCE AND STABILITY

(Ages 55 & up) Exercises and movements using bands and resistance to enhance balance and stability. Instructor: Glenn Eason (in consult with Dr. Katharine Ayres, MPT).

Tu on-going 11:30A-12:00P

SENIOR FITNESS-SEATED

(Ages 55 & up) Weight lifting, lower body strengthening and resistance bands while seated. Instructor: Faith Cooper.

430603-01 \$36.00
W,F 6/9-7/16 1:00P-1:45P

430603-02 \$37.00
W,F 7/21-8/27 1:00P-1:45P

STANDING FITNESS

(Ages 55 & up) Must have standing balance. Weight lifting, core exercises and overall fitness

training. All fitness levels welcome. Instructor: Faith Cooper No class 7/5.

430608-01 \$36.00
M 6/14-9/13 10:00A-10:45A

TAI CHI FOR SENIORS

(Ages 55 & up) Slow motion routines practiced in a group to promote strength, balance and flexibility. New students welcome to attend. Instructor: Trudy Weaver.

430607-01
Tu 6/15-8/31 10:15A-11:15A

ZUMBA FOR SENIORS

(Ages 55 & up) Latin dance inspired aerobic exercise class. Instructor: Mary Ann Wall.

430605-01 \$37.00
W 7/7-8/11 10:30A-11:00A

ADULT BALLET-FORTY PLUS

(Ages 40 & up) It's never too late to strengthen, tone, improve flexibility and memory dancing to beautiful classical music. Vaganova technique. Form-fitting clothing and ballet slippers required. Instructor: Judy Duffy.

430609-01 \$51.00
M 7/12-8/2 2:30P-3:30P

430609-02 \$51.00
M 8/9-8/30 2:30P-3:30P

WATER WALKING

Approximately one hour of joint-friendly exercise in Ida Lee's auxiliary pool. Travel by bus from Carver. \$5.25/admission

M on-going 12:30P-3:00P

LAUGH YOGA

Rae and Diana lead you through exercises and games to promote physical and emotional well-being. Class will take a break in summer.

W on-going 10:30A-11:30A

INDOOR (STANDING OR SEATED) BEACHBALL VOLLEYBALL

It's all the fun of volleyball, with as little or much effort as you choose!

Th on-going 11:30A-12:00P

BOWLING

Play one non-competitive game at Village Lanes in Leesburg. Free shoes. Free transportation at 12:45P.

\$2.00/game
M on-going 12:30P-2:30P

NINTENDO Wii LEARNING CLINIC

Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly

game platform.

W,Th,F on-going 10:15A-12:00P

FITNESS CENTER

Special hours for seniors. Get in shape, stay healthy!

M-F on-going 9:00A-4:00P

SOCIALIZING & ENTERTAINMENT**CARVER LUNCH BUNCH**

(Ages 55 & up) Enjoy lunch with friends at different restaurants. Cost of lunch is extra. Those with own transportation must still register (no cost).

430601-01 \$4.00/transportation fee
W 6/16-6/16 11:00A-1:00P

430601-02 June self-transport
W 6/16-6/16 11:00A-1:00P

430601-03 \$4.00/transportation fee
W 7/21-7/21 11:00A-1:00P

430601-04 July self-transport
W 7/21-7/21 11:00A-1:00P

430601-05 \$4.00/transportation fee
W 8/18-8/18 11:00A-1:00P

430601-06 August self-transport
W 8/18-8/18 11:00A-1:00P

WEDNESDAY VISITS FROM “FROGGY”

Cynthia Daily will visit the Club Room each Wednesday with her registered therapy dog “Froggy”, a very loving whippet.

W on-going 11:30A-12:00P

MONDAY AFTERNOON DIVERSIONS

M on-going 12:30P-2:00P

1st M Light Shopping in Leesburg

2nd M Farkle with Ralph

3rd M Hand-Made Card Making

4th M Farkle with Ralph

FAMILY POTLUCK DINNER AND WHITE ELEPHANT BINGO

(All ages) Invite your extended family for a shared meal. Bring a dish to share and a small wrapped bingo prize. Check newsletter for exact dates.

4th W on-going 6:00P-7:30P

CARD GAMES

Play or learn in all groups.

M-F Coffee/Cards 9:30A-10:30A

M Canasta 1:00P-3:00P

Th Cards/Board Games 6:00P-9:00P

SCRABBLE CLUB

W on-going 12:30P-2:00P

BRIDGE CLUB

Club is for those who already know how to play.
Th on-going 1:00P-4:00P

BINGO

Join in for fun and prizes.
\$.50 per card; no card limit
Tu on-going 12:45P-1:45P
F on-going 10:45A-11:45P

RIGHT-LEFT-CENTER DICE GAME

Play each month for a nice prize, with Mary Troy.
1st W on-going 12:30P-2:00P

ALL AGES READ TOGETHER (AART)

Spend an hour twice a week reading to, or engaging in activities with, a young child at Carver.
M,W on-going 12:30P-1:45P

BOOKIN' IT

Spend a half -hour every Friday during the school year reading to first graders at Emerick Elementary. Must have a current TB test on file at Carver.
F on-going 9:45A-10:15A

MENTAL STIMULATION**CREATIVE WRITING**

Instructor: Jean Kipfer.
W on-going 10:30A-12:00P

MENTAL MUSCLE

Weekly classes using brain games to foster thinking. Instructor: Sarah Reeves.
Th on-going 12:45P-2:00P

COMPUTER STATION BRAIN GAMES

Available on a rolling cart on an on-going basis.

CARVER CENTER ADVISORY BOARD

(Ages 18 & up) Help make suggestions for programs, projects, activities and events.
1st Tu on-going 1:00P

FRIENDS OF CARVER MEETING

(Ages 18 & up) Join this active group as they continue their efforts to preserve and enhance our wonderful facility.
2nd Tu on-going 1:00P

BASIC NEEDS & INFORMATION**AAA DISEASE PREVENTION/HEALTH PROMOTION PRESENTATIONS**

Liz Huibregtse from the Area Agency on Aging will present topics of interest to seniors.
Th 7/8-7/8
Th 8/12-8/12

BLOOD PRESSURE CHECK

(Ages 18 & up) Provided by Loudoun Healthcare Unit. No appointment needed. Check calendar for dates.
2nd 4th Th on-going 10:00A-12:00P

VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING

(Ages 18 & up) Joan Cassidy will have information regarding mild to severe hearing loss and the newest assistive equipment available.
2nd Tu on-going 10:00A-12:00P

BLUE RIDGE SPEECH AND HEARING

(Ages 18 & up) A representative is available (odd months only) for cleaning and testing hearing aids, as well as providing resource information.
1st Tu August 10:30A-11:30A

SHOPPING

Transportation to Leesburg for light variety shopping.
2nd M on-going 1:00P-3:00P

GROCERY SHOPPING

Transportation to local establishments.
F on-going 1:00P-3:00P

THRIFT STORE SHOPPING

W June & July 10:45-11:45
Tu August 10:45-11:45

AREA AGENCY ON AGING ONE-ON-ONE SUPPORT

Elder Case Manager Kathy Kehoe is available twice a month for confidential counseling for aging issues. Make an appointment on our sign-up sheet or call Kathy at 703-737-8741.
1st, 3rd Th on-going 12:15P-2:45P

FREE FACIALS

Volunteers from Mary Kay provide some special pampering. (Managed by Katrina Bills)
2nd F on-going 10:00A-11:00A

FREE MANICURES

Volunteers from Mary Kay. (Managed by Suzanne Martin)
2nd W on-going 12:30P-2:00P

DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive
South Riding, VA 20105

571-258-3883

M-F 9:00A-5:00 P

Unless otherwise noted, the following classes, activities, and programs are offered FREE to participants age 55 & older, although membership or non-member drop-in fees do apply.

SPECIAL EVENTS**FAMILY POTLUCK AND BINGO NIGHT**

Bring a dish to share with others. Bring enough drinks for your family.
BINGO cards \$.50 each. Prizes for all age winners!
Th 6/24, 7/22 5:30P-8:00P

HEALTHY AGING

Presentation on health issues specifically affecting seniors.
F 6/11-6/11 1:00P-2:00P

Please contact the Dulles South Senior Activity Center for more information about special events for seniors

ACTIVITIES**YOGA FOR SENIORS W/ RANI**

Enjoy the benefits of a life with YOGA. Learn to breathe for health. Try LAUGH YOGA. You can stand or sit while enjoying these sessions.
M, W, F on-going 11:00A-11:45A

TAI CHI W/ SUCHA

Join us in this beautiful form of exercise
Tu on-going 11:00A-12:00P

COMPUTER W/ ALFRED

Computer Help Please schedule class
Tu on-going 10:30A-1:00P

LINE DANCE

Learn some basic routines. You can have fun and exercise at the same time.
Tu on-going 1:00P-1:45P

YOGA W/ RANI

Traditional YOGA. Please bring your YOGA mat.
Th on-going 11:00A – 12:00P

SEWING CIRCLE

Bring your own supplies.
Th on-going 11:00A-2:00P

REGISTER ONLINE!

Visit www.loudoun.gov/webtrac

ART FORUM W/ CLARA

Learn to draw, paint etc. List of materials available upon request. **Class size limited.**

Th on-going 1:00P-2:00P

EXERCISE FOR SENIORS

Gentle Aerobics/Armchair Exercise

Th on-going 11:00A-12:00P

ON-GOING ACTIVITIES**SHOPPING @ K MART**

M on-going 1:00P-2:00P

LIBRARY OUTREACH SERVICES

LCPL visits D.S.S.A.C. Center for a monthly book / tape/CD exchange. Participants are welcome to borrow books, etc. from the center's ever-growing library.

2nd F on-going 11:00A

ADVISORY BOARD MEETING

Meetings to fulfill the mission of the senior center..

1st Tu on-going 1:00P

ONE-ON-ONE W/KATHY KEHOE

Offering individual visits and assistance

2nd & 4th W on-going 11:00A-11:45A

LOUDOUN MOBILE HEALTH OUTREACH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly

3rd Tu on-going 11:00A-12:00P

GAMES GALORE

Start your weekend out right...PLAY! Jump start vocabulary with a good game of SCRABBLE, DOMINOES (all types), RUMMIKUB, Mah Jongg, etc.

1st 2nd 3rd Th on-going 12:30P-2:00P

**Please stop by and check out our facility.
Schedule Dulles Senior Activity Center for
your next meeting, dance club, bridge group,
or friendly gathering.**

REGISTER ONLINE!

Visit
www.loudoun.gov/webtrac

**SENIOR ACTIVITY CENTER
AT LEESBURG**

215 Depot Court, SE, First Floor
Leesburg, VA 20175

703-737-8039

M – F 8:30A-5:00P

The center will be closed on July 5 in observance of Independence Day.

Unless otherwise noted, the following classes, activities, and programs are offered FREE to participants ages 55 & older, although membership or drop-in fees apply.

Effective July 1, 2010:

Annual membership fees

\$25/residents, \$37.50/non-residents.

CRAFTS**CERAMICS**

Instruction is free. Supply prices vary. Volunteer instructors: Myrna.

427601-01

W 6/16-8/25 12:00P-2:00P

SEWING WORKSHOP

Beginner level. Sewing machines provided. Bring in your sewing project for this program.

427602-01

M 6/14-8/30 8:30A-12:00P

STITCH-IN

Come and Sew, Knit, Needlepoint, or Crochet.

427603-01

M 6/14-8/30 8:30A-12:00P

ART STUDIO

Bring your own supplies and work together. Share techniques.

427624-01

M 6/14-8/30 1:00P-3:00P

DANCE**LINE DANCE****427604-01**

W 6/16-8/25 1:00P-2:00P

TAP DANCE**427606-01**

W 6/16-8/25 2:00P-3:00P

EDUCATIONAL**COMPUTER ASSISTANCE WITH RON**

Ron's years of experience provide him the tools to give assistance to others in the computer lab.

M on-going 9:00A-11:00A

INTERNET COMPUTER BASICS

Four session orientation. Learn the basics of searching the internet. Create your own email address. Space limited. Volunteer instructor: Shiwei

427605-01

W 6/2-6/23 10:00A-11:00A

427605-03

W 8/4-8/25 10:00A-11:00A

BOOK CLUB

Discussion of group selected book and author. Books provided

by Loudoun County Public Library. Volunteers lead this discussion.

2nd W 6/16,7/14,8/11 10:00A

DRIVING SAFETY COURSE

For reservations, call 703-737-8039.

Tu 6/22, 6/29

ENGLISH AS A SECOND LANGUAGE

Program lead by the Leesburg office of Loudoun Literacy. For information, call 703-737-8039.

HISTORY CLUB

Discussion group combines current news and history. May include guest speakers.

2nd F 6/11,7/9,8/13 12:30P

CONVERSATIONAL SPANISH

Let's talk. Use Spanish for casual conversation. Practice what you know with others. Volunteer leader: Myrna.

427607-01

W 6/2-6/30 11:00A-12:00P

427607-02

W 7/7-7/28 11:00A-12:00P

427607-03

W 8/4-8/25 11:00A-12:00P

BASIC SPANISH

Try it out! Recognize basic phrases and words. Volunteer leader: Mary Frances.

427615-01

TU 6/1-6/29 10:00A-11:00A

427615-02

TU 7/7-7/28 10:00A-11:00A

427615-03

TU 8/3-8/31 10:00A-11:00A

DIGITAL CAMERA

Learn how to use your digital camera. Download and save your photos.

Volunteer Instructor: Defa.

427627-01

M 8/9-8/16 10:00A-11:00A

POWER POINT

Learn how to use the Microsoft Power Point software to create pictorial shows. Volunteer instructor: Shiwei.

427637-01 \$12.00
M 8/23-8/30 10:00-11:00A

LEARN HOW TO REGISTER BY COMPUTER

Use our computers to learn how to register for wonderful PRSC programs using WebTrac.

427650-01
Th 6/24-6/24 11:00A

427650-02
Th 6/24-6/24 1:00P

FITNESS**TAI CHI WITH SUCHA**

Slow motion movements to improve flexibility and range of motion. Volunteer instructor: Sucha.

427608-01
M 6/14-8/30 10:45A-11:45A

YOGA WITH NARGIS

Your path to a healthier, happier and more peaceful life. Series of stretches and movements improve your flexibility and balance. Volunteer instructor: Nargis.

TU on-going 10:30A

YOGA AND LAUGHTER

Combines laughter with stretching, flexibility and balance. Includes use of bands and chair. See why "laughter is the best medicine." Volunteer instructors: Rae and Diana.

427640-01
TH 6/18-8/27 9:30A-10:30A

STRETCH & TONE WITH MARY

Use bands and hand weights for overall fitness. Volunteer instructor : Mary

427609-01
M 6/15-8/31 12:30P-1:15P

427609-02
TH 6/18-8/27 11:00A-11:45A

WALKING CLUB

Get your walking shoes in motion and walk for your health on the W & OD trail.

M-F on-going 10:30A

EXERCISE EQUIPMENT

Includes: 2 Treadmills, 2 Bikes, 1 Cardioglide, and free weights.

M-F on-going 8:30A-5:00P

ON-GOING CLUBS AND GROUPS**HEADLINES AND FOOTNOTES**

Discussion group for sharing the newspaper's major stories and other current events.

427622-03
1st, 3rd M on-going 9:30A

INVESTORS DISCUSSION GROUP

Discussion group researches and shares ideas about investing. May include guest speakers. Free to members.

427622-01
2nd, 4th M on-going 9:30A

MAJHONGG

427611-01
M on-going 1:00P

427611-02
Th on-going 1:00P

PARTY BRIDGE

Tu on-going 1:00-P4:00P

BIBLE STUDY WITH BILL

W on-going 11:00A-12:00P

CHESS CLUB

Intergenerational Chess Club resumes in September.

ADVISORY BOARD MEETING

Leesburg Senior Center board meets monthly.
1st Th on-going 2:00P

GOOSE CREEK BRIDGE GROUP

Duplicate Bridge group fees involved for members.
Th on-going 10:00A

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned game.
\$2.00/member
F on-going 1:00P

CROCHET CLUB

F on-going 9:00A

HEALTH SCREENING & INFORMATION**VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING**

Representative Joan Cassidy will present quarterly information on resources and devices available to assist with mild to severe hearing loss.

1st W on-going 10:00A-12:00P

DIABETES SUPPORT GROUP

Type I, Type II, or Borderline. Share in the discussion to help you live a better, more healthy and active life. Learn some new ideas and products. Volunteer: Doris.

TH on-going 11:00A

INOVA MEDICAL VAN

Blood Pressure checks and lab tests. Some test have fees. Dates vary. Call 703-737-8039. Provided by INOVA HealthSource.

RECREATION, SOCIAL, & GAMES**LUNCH IN THE DINING ROOM**

Served daily at 12:00P. Reservations are required. Call 703-737-8039.

Under age 60: \$4.00/lunch
Age 60 & up: Donation

Wii

An active computer game played on the large screen. Try your favorite - golf, bowling, baseball, or tennis.

W on-going 9:00A-11:30A

BILLIARDS

Make use of the regulation slate pool table.

M-F on-going 8:30A-5:00P

TABLE TENNIS

Make use of the regulation ping-pong table.

M,Tu,W,Th,F on-going 9:30A-11:00A

FAST BINGO WITH PAT

Pay at door \$.75 per card
W on-going 2:00P

BINGO WITH BLANCHE, & GAIL

Pay at door \$.50 per card
F on-going 12:30P

WHITE ELEPHANT BINGO

Bring a new gift in a sealed gift bag as admission to the game.

4th M on-going 12:30P

COFFEE CHAT

M-F on-going 9:00A

BID WHIST

M on-going 10:30A

EUCHRE

W on-going 10:30A

PINOCHLE

Th on-going 11:00A

PROGRESSIVE RUMMY

F on-going 10:00A

MAJHONGG

M on-going 1:00P
Th on-going 1:00P

RUMMIKUB

M on-going 2:00P

SHOPPING OUTING

Tu on-going 12:30P

TEXAS HOLD'UM

Tu, Th on-going 10:00A

SPECIAL EVENTS
MONTHLY BIRTHDAY CELEBRATION

Celebrate with Leesburg members each month. Call 703-737-8039 at least twenty-four hours in advance for reservations.

3rdW on-going 12:30P

LEESBURG LUNCH BUNCH

This monthly outing gives the Leesburg members a chance to be transported in style to a delightful lunch out. Fee covers transportation. Purchase own meal.

427610-01 \$1.00 NC Bros. BBQ, Ashburn
3rd Th 6/17-6/17 11:30A

427610-02 \$1.00 Paris Prestige, Ashburn
3rd Th 7/15-7/15 11:30A

427610-03 \$1.00 Leesburg Outlets
2nd Th 8/19-8/19 11:30A

FATHER'S DAY BREAKFAST

Take advantage of the Early Bird Special for breakfast at IHOP. Register by 6/11.

327695-01 \$1.00 plus cost of the meal
F 6/18-6/18 9:30A

NEW YEAR'S DANCE PARTY

Celebrate the new fiscal year at our 50's/60's Doo Wop and Motown Dance Party. Enjoy music provided by Sky Dantine. Refreshments served. Bring your NEW annual membership form in for processing.

427690-01 \$3.00
W 6/30-6/30 12:30P

BUS TRIP TO PICNIC AT CASCADES SENIOR CENTER

Reserve your seat by 6/28. Regular lunch donation.

427696-01 \$1.00 plus lunch donation
F 7/2-7/2 11:00A

NEW MEMBERS BEACH PARTY

Have fun while you meet our new members and dance to music of the Beach Boys. Refreshments served.

427699-01 \$5.00
Tu 8/25-8/25 12:30-2:00P

VINTAGE GOLF LEAGUE - SUMMER

Continuous enrollment. Contact Tim Lander at 703-737-8450 for details.

**SENIOR CENTER
AT CASCADES**

21060 Whitfield Place

Sterling, VA 20165

703-430-2397

www.loudoun.gov/seniors-cascades

M, W-F 9:00A-5:00P

Tu 9:00A-8:00P

Registration is not required for the following general interest activities for participants 55 and over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies).

CARDS & GAMES
BINGO

\$1/2 cards (15 games)
M, Th on-going 10:30A-12:00P
F on-going 1:30P-3:00P

CANASTA

Tu on-going 1:00P-4:00P

DUPLICATE BRIDGE

Sanctioned game - \$2/session
M on-going 11:00A-3:00P
Th on-going 1:00P-4:30P

O'HECK

W on-going 10:00A-11:30A

PARTY BRIDGE

M, W, F on-going 1:00P-4:00P

PINOCHLE

M, Th on-going 1:00P-4:00P

POKER

Tu, Th on-going 1:00P-4:30P

**CULTURAL & SOCIAL
ACTIVITIES**
BIBLE STUDY

Tu on-going 10:30A-12:00P
1st, 3rd W on-going 10:00A-11:30A

BOOK DISCUSSION

3rd Tu on-going 12:00P-1:30P

COFFEE CHAT

M, W, F on-going 11:00A-12:00P

CURRENT EVENTS DISCUSSION

W on-going 1:30P-3:00P

FSCC MEETING

Friends of the Senior Center at Cascades.

4th W on-going 1:30P-2:30P

ITALIAN

M on-going 10:30A-12:00P

KNITTING AND CROCHETING

F on-going 10:00A-12:00P

MOVIE, POPCORN & SODA

Movies shown on 8-foot screen.

\$2/movie
3rd W on-going 1:30P-3:30P

OPEN PAINTING

Tu on-going 10:00A-12:00P

FAMILY POTLUCK SOCIAL

Bring a dish to share and small wrapped item for white elephant bingo. Sign-up required at reception desk.

2nd Tu on-going 5:30P-7:30P

SENIOR CENTER ADVISORY BOARD

4th Th on-going 10:00A-11:00A

STERLING SILVERS

Bring your lunch and join this active social group.

\$.50/donation
Tu on-going 11:30A-1:30P

TEA TIME

\$.50/donation
Th on-going 2:00P-3:00P

EXERCISE ACTIVITIES**AEROBICS**

M-F on-going 10:00A-11:00A

BALLROOM DANCING

W on-going 11:00A-12:00P

BASIC LINE DANCING

W on-going 10:30A-11:30A

BEGINNING LINE DANCING

W on-going 1:15P-2:15P

BEGINNER PLUS LINE DANCING

W on-going 12:30P-1:00P

INTERMEDIATE LINE DANCING

M on-going 1:15P-3:15P

T on-going 1:15P-3:15P

Th on-going 1:15P-3:15P

F on-going 1:15P-3:15P

INTRO TO LINE DANCING

M on-going 11:00A-12:00P

PICKLE BALL

W on-going 9:30A-10:30A

TAI CHI

Tu, F on-going 11:00A-12:00P

Wii GAMES

Tu on-going :00P-7:00P

SELF-HELP AND RESOURCES**AART**

(All Ages Read Together) Intergenerational reading activity for seniors and preschoolers

Tu, Th on-going 12:45P-2:00P

BLOOD PRESSURE CHECK

Tu, Th, F on-going 11:00A-11:30A

CLOTHING ALTERATIONS

M on-going 9:00A-11:30A

COMPUTER LAB

M on-going 10:00A-12:00P

DEAF AND HARD OF HEARING SOCIALDeaf seniors who use sign language meet for lunch and social activities. Call or fax Elaine Shaffer at 703-430-6077 (TTY) evenings or email at eolshaffer@aol.com.

2nd W on-going 10:00A-4:00P

ELDER CHOICES

Staff from Area Agency on Aging available to meet one-on-one with individuals to provide information and referrals concerning health care, financial concerns and social needs.

1st, 3rd W on-going 11:00A-1:30P

EYEGLASSES ASSISTANCE

Staff from Lenscrafters clean glasses and make minor repairs and adjustments.

2nd W on-going 1:00P-2:00P

HEARING AID ASSISTANCE

Staff from Blue Ridge Speech and Hearing Center provide screenings, clean hearing aids and make minor repairs and adjustments.

Quarterly 10:30A-11:30A

HEARING LOSS ASSISTANCE

Joan Cassidy, Northern Virginia Resource Center for Deaf and Hard of Hearing Persons, answers questions about hearing loss and available resources.

3rd Th on-going 10:00A-2:00P

MAN-TO-MAN (PROSTATE CANCER) EDUCATION AND SUPPORT GROUP

2nd Tu on-going 6:00P-8:00P

PARKINSON'S SUPPORT GROUP

4th Tu on-going 6:00P-7:30P

MOBILE HEALTH VAN

Loudoun Healthcare provides health screenings, check-ups and referrals.

2nd/4th Tu on-going 9:30A-12:00P

SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F on-going 2:00P-3:00P

WEEKLY PROGRAMSWatch for information in the Senior Center Review (monthly newsletter distributed to all members, available online at www.loudoun.gov/seniors-cascades) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.**CLASSES****CERAMICS**

Class /s required to use ceramics room. Price includes small ceramic piece. Instructors: Pat Miller and/or Frank Smith. Check at center for current schedule.

\$21/member, \$22/non-member – 1 session (\$22/member, \$23/non-member after July 1)

COMPUTERS

The following classes are offered continuously and are scheduled month to month. Check at center for current schedule. Instructor: Swann Dulai.

445603-01 \$22/member, \$23/non-member 3-hour session**SPANISH**

Two levels are offered. Both require purchase of a Spanish Workbook (\$13). Instructor: Lourdes Cabrisses.

Spanish**445601-01** \$16/member, \$26/non-member Th on-going 10:00A-12:00P**Spanish for Beginners****445601-02** \$16/member, \$26/non-member F on-going 10:00A-12:00P**YOGA - GENTLE**

Gentle Yoga aimed for active seniors to feel more energized, youthful and fit! Instructor: Sarla Mehta. Drop-in fee \$10/members, \$12/non-members.

445607-02 \$90/members, \$100/non-members
Tu 5/25-7/27 4:30P-6:00P
or 6:00P-7:30P**SPECIAL EVENTS****"ARABIAN NIGHTS" DINNER**

(All ages) Enjoy an evening of Middle Eastern food and festivities including live musical entertainment.

\$5/members \$7/non-members

F 6/11-6/11 4:00P-6:00P

INDEPENDENCE DAY LUNCHEON

(Ages 55 & up) Celebrate with this patriotic salute of songs and apple pie for dessert. Advance registration required. Lunch is a donation request. Please wear your Red, White, & Blue!

Th 7/1-7/1 11:30A-1:30P

INTERNATIONAL BAZAAR

(Ages 55 & up) Spend an afternoon filled with ethnic food, music and culture. "Passports" will be stamped as we "travel" to distant shores.

\$3/members \$5/non-members

F 8/6-8/6 2:00P-4:00P

END OF SUMMER COOKOUT

(All ages) The largest celebration of the year at Cascades will feature pulled pork with all the trimmings and live musical entertainment. Family members welcome.

\$8/members \$10/non-members

F 9/3-9/3 4:00P-6:30P

LICENSED CHILDREN'S PROGRAMS

703-737-8042

CHILDCARE PROGRAM

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy learning environment with age appropriate activities to promote the physical, social and intellectual growth of children 3-5 years of age. Healthy breakfasts and snacks are provided. Program hours are 7:00A to 6:15P weekdays. Call the Community Center closest to you for more information and availability. Fees effective July 1, 2010.

FEES:

| | | |
|--------------------------------|-----------------|------------|
| Full-time Care | 7:00A-6:15P | \$195/week |
| Afternoon Care | 12:00P-6:15P | \$172/week |
| Morning Care | 7:00A-12:00P | \$150/week |
| Drop-in Care | available basis | \$7/hour |
| Annual Registration Fee | | \$45/year |

LOCATIONS

| | |
|--------------------------------|---------------------|
| Bluemont Community Center | 540-554-4838 |
| Dulles South Multipurpose Ctr. | 703-327-3311 |
| Loudoun Valley Community Ctr. | 540-338-5035 |
| Lovettsville Community Center | 540-822-5381 |
| Lucketts Community Center | 703-737-8841 |

PRESCHOOL PROGRAM

2010-11 SCHOOL YEAR

(Ages 2½-5) Our state-licensed, nine-month pre-school program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but vary by location. Registration is open until filled. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Our program follows the National Association for the Education of Young Children's recommended Creative Curriculum Approach to Learning.

LOCATIONS

| | |
|--------------------------------|---------------------|
| Bluemont Community Center | 540-554-8643 |
| Claude Moore Community Ctr. | 571-258-3500 |
| Douglass Community Center | 703-771-5913 |
| Dulles South Multipurpose Ctr. | 703-327-3111 |
| Loudoun Valley Community Ctr. | 540-338-4122 |
| Lovettsville Community Center | 540-822-5284 |
| Lucketts Community Center | 703-771-5281 |
| Middleburg Community Center | 540-687-6375 |
| Philomont Community Center | 540-338-5882 |

AFTER KINDERGARTEN PROGRAM

2010-11 SCHOOL YEAR

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised and structured environment. The Virginia Department of Social Services requires proof of current physical & immunizations, proof of age and a childcare application form. A \$45 registration fee is payable at time of registration.

LOCATIONS

| | |
|-------------------------------|---------------------|
| Bluemont Community Center | 540-554-8643 |
| Loudoun Valley Community Ctr. | 540-338-4122 |
| Middleburg Community Center | 540-687-6375 |

PM KIDS CLUB

2010-2011 SCHOOL YEAR

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School Calendar. Call the center for current availability.

LOCATIONS

| | |
|-----------------------------|---------------------|
| Bluemont Community Center | 540-554-8643 |
| Lucketts Community Center | 703-771-5281 |
| Middleburg Community Center | 540-687-6375 |

BEFORE SCHOOL & CASA (AGE 5-GRADE 5)

703-737-8042

Visit www.loudoun.gov/casa or information and forms.

2009-2010 BEFORE SCHOOL PROGRAM

Little River Elementary ONLY

The program operates from 6:30A until school starts and follows the Loudoun County Public School calendar. *Note: PM Kindergarten parents will have to find alternate care before the start of PM Kindergarten.* Please refer to registration procedures listed below.

2009-2010 COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

This year's theme, "SpaceQuest Academy", provides children opportunities to explore the far regions of the universe. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public School calendar. Visit www.loudoun.gov/prcs/camps for programs when LCPS is closed. CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville Community Center, Hutchison Farm, Little River, Arcola, and Pinebrook, which close at 6:15 p.m. AM Kindergarten parents need to find alternate care until the end of the regular school

day. Registration procedures are listed below.

2009-2010 CASA LOCATIONS/SCHOOLS SERVED

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Catoctin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert, Dominion Trail, Evergreen Mill, Forest Grove, Hamilton, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Community Center (Lovettsville), Lowes Island, Meadowland, Mill Run, Mountain View, Newton-Lee, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Guilford, Sterling), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment, staffing and space before a program can begin. For more information about registration or space availability, please contact us or visit www.loudoun.gov/casa.

2009-2010 FEES

Before School: \$150/month/child; due by the 1st of the preceding month (e.g., due 8/1 for September)

CASA: \$300/month/child; due by the 1st of the preceding month (e.g., due 8/1 for September)

Registration Fee: \$45/household/program

2010-2011 LOCATIONS/SCHOOLS SERVED

All locations/schools listed above. Additional proposed location for 2010-2011: Buffalo Trail

2010-2011 FEES*

Before School: \$150 month/child

CASA: \$321/month/child

Registration Fee: \$45/household/program

*Fees are based on Board of Supervisors approval of the FY11 Budget.

2010-2011 REGISTRATION: BEFORE SCHOOL & CASA

REGISTRATION open until filled. See Registration Procedures below. Register at PRCS, 215 Depot Court, Leesburg, VA 20175. Office hours are 8:30 a.m. -5:30 p.m., Monday- Friday.

REGISTRATION PROCEDURES

Registration must be done in person and requires the following:

- A Children's Program Division Registration form and addendum. Both forms can be downloaded at www.loudoun.gov/casa or obtained at the PRCS administrative office.
- Current identity verification for each child. Acceptable forms include an original or certified copy of the child's birth certificate, birth registration card, passport, or report card.

- A completed copy of the Commonwealth of Virginia School Entrance Health Form.
- A \$45.00 non-refundable registration fee per family per program.

There are no exceptions! We must have all of the above items to register your child. These items are needed to comply with Virginia state licensing requirements.

YOUTH SERVICES PROGRAMS

703-777-0343

YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 pm.

2009 - 2010 Fees \$50/month

2009 - 2010 YAS Locations

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill

YOUTH OUTREACH

703-777-0343

MENTORING PROGRAM

(Ages 11-14) Do you have or know a child who could benefit from building a relationship with a responsible, caring, qualified adult mentor? Today's youth face many stressors and some adolescents may not be exposed to consistent, positive role models. The benefits of individual mentoring are endless. The Youth Outreach Mentoring Program offers a one-on-one mentoring match for Loudoun youth. Mentors undergo training and a lengthy screening process including criminal history and child protective services background checks. Adult mentors are closely matched with children based on criteria including interests, goals, proximity and preferences. Meetings are coordinated by a PRCS Youth Outreach Specialist and held at designated locations in the county.

There is no fee for the program. Call 703-777-0697.

ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times.

Serving individuals with disabilities.
"Enhancing Your Recreation Experience"

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.

GENERAL INTEREST

SPECIAL RECREATION ADVISORY BOARD, INC.

Location: PRCS office. Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call ahead.

3rd Tu on-going 11:00A-12:00P

GET UP & GIVE BACK!

(Ages 16 & up, Levels 1-2) Would you like to make a positive impact in your community while having fun and meeting others? Join us at Banshee Reeks Nature Preserve to help with trail and river clean up, planting trees and plants, and much more. Contact Caitlin Marcotte.

441720-01 \$33.00
Th 7/1-7/22 2:30P-5:30P

HARPER'S FERRY, WV TRIP

(Ages 18 & up, Level 1) See the natural beauty and historical wonder of Harper's Ferry with us! We'll tour the town, meet a historical impersonator, eat a picnic lunch, and enjoy an ice cream cone! Contact Jenn Gibson.

441721-01 \$35.00
Sa 7/10-7/10 9:00A-1:00P

GLORY DAYS GRILL

(Ages 18 & up, All levels) Come with us after bowling or work to Glory Days in Ashburn for wings, sports, and time with friends! Bring at LEAST \$20 for dinner. Contact Jennifer Gibson.

441747-01 \$10.00
F 7/23-7/23 5:00P-8:00P

MINI GOLF & ICE CREAM

(Ages 16 & up, Level 1) Join us for thrills around every corner at "Perils of the Lost Jungle," an interactive mini golf course in Virginia that is rated top 5 in the nation! We'll enjoy ice cream and the summer weather after the game. Bring \$5 for ice

cream. Contact Caitlin Marcotte.

441748-01 \$27.00
Th 7/29-7/29 6:00P-9:00P

SWIMMING AT FRANKLIN PARK POOL

(Ages 18 & up, All levels) Cool off with friends lounging by the pool, going down the slide, or taking a leisurely lap. Bring a backpack with packed lunch, bottled water, sunscreen, and a towel. Contact Jennifer Gibson.

441750-01 \$23.00
M 8/9-8/9 10:00A-2:00P

SWIMMING AT THE LAKE!

(Ages 16 & up, Levels 1-2) We'll travel to Cunningham Falls State Park in Maryland and swim with friends at Hunting Creek Lake. Bring lunch for an outdoor picnic, a towel, sunscreen, and tennis shoes. Contact Caitlin Marcotte.

441760-01 \$30.00
W 8/11-8/11 9:00A-3:00P

ARTS

VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS

Location: PRCS office. Volunteers meet to plan future events, workshops, community awareness opportunities, & fundraising. New members welcome. Please contact Jennifer Gibson for more information.

4th M on-going 6:00P-7:30P

SCREEN ON THE GREEN

(Ages 16 & up, Level 1) Bring a blanket to the National Mall in Washington, DC on a warm night to watch a classic film on a gigantic movie screen. Bring snacks; dinner is not included. Contact Caitlin Marcotte.

441712-01 \$33.00
M 6/21-6/21 6:00P-11:30P

MOVIE MADNESS

(Ages 18 & up, All levels) Join us for a Saturday matinee. We'll stop for lunch and then see a movie. Contact Jennifer Gibson.

441730-02 \$19.00
Sa 7/17-7/17 11:00A-4:30P

441730-03 \$19.00
Sa 8/28-8/28 11:00A-4:30P

FRIDAY NIGHT OUTDOOR CONCERT

(Ages 16 & up, Level 1) Outdoor music = summertime fun! Bring a blanket and listen to good music in Herndon, Virginia with your friends under the stars. Bring dinner or money to purchase food (pizza, burgers, etc.) Contact Caitlin Marcotte.

441733-01 \$27.00
Th 7/15-7/15 5:45P-11:00P

SPORTS

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Location: PRCS office. Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time and location.

SPARE TIME BOWLING

(Ages 18 & up, All levels) Relax and bowl with us! This program teaches the basics of the game, and promotes socialization and community awareness. Bring money for snacks. Contact Caitlin Marcotte.

| | | |
|------------------|-----------|-------------|
| 441710-01 | \$16.50 | |
| F | 6/18-6/18 | 2:45P-5:00P |
| 441710-02 | \$16.50 | |
| F | 7/9-7/9 | 2:45P-5:00P |
| 441710-03 | \$16.50 | |
| F | 7/23-7/23 | 2:45P-5:00P |
| 441710-04 | \$16.50 | |
| F | 8/6-8/6 | 2:45P-5:00P |
| 441710-05 | \$16.50 | |
| F | 8/20-8/20 | 2:45P-5:00P |

RODEO

(Ages 18 & up, Levels 1-2) We're going back to the rodeo in Maryland! Watch cowboys and cowgirls wrangle the beasts and barrel race! Bring at least \$15 for snacks. Dinner is not included. Contact Jennifer Gibson.

| | | |
|------------------|-----------|--------------|
| 441711-01 | \$36.00 | |
| Sa | 6/19-6/19 | 5:30P-10:15P |

FREDERICK KEYS GAME

(Ages 14 & up, Levels 1-2) Come watch the Frederick Keys play Kinston Indians in an exciting baseball game! Bring \$20 for dinner at the game. Contact Caitlin Marcotte.

| | | |
|------------------|-----------|--------------|
| 441722-01 | \$23.00 | |
| M | 7/12-7/12 | 6:00P-10:00P |

OUTDOOR ADVENTURES

(Ages 16 & up, Level 1) Join us as we hike, paddle, and explore the natural world around us. Our time together will end with an overnight camping trip where you can put your skills to work in Maryland and Virginia! Contact Caitlin Marcotte.

| | | |
|------------------|-----------|-------------|
| 441745-01 | \$246.00 | |
| M | 7/19-8/16 | 9:30A-4:30P |

SCENIC BIKE RIDE

(Ages 14 & up, Levels 1-2) Get out and enjoy Leesburg by bike! We'll meet at Depot Court and take a leisurely bike ride on the W & OD path. Bring your lunch for a picnic. Participants must know how to ride and must wear a helmet. If you need a bike, contact Caitlin Marcotte.

| | | |
|------------------|---------|--------------|
| 441749-01 | \$14.00 | |
| Sa | 8/7-8/7 | 9:00A-12:00P |

CANOE CAMPING TRIP

(Ages 18 & up, Level 1) We'll wrap up our summer spending a day canoeing at Fountainhead Regional Park. Later, we'll pack up our canoes for a trip down the Potomac River to a campsite where we will spend the night, then paddle back to our take out and head home. Contact Caitlin Marcotte.

| | | |
|------------------|-----------|-------------|
| 441761-01 | \$106.00 | |
| W,F,Sa | 8/25-8/28 | 8:00A-2:30P |



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

**SPORTS PROGRAMS
ADULT & YOUTH**

Visit www.loudoun.gov/prcs
or call 703-777-0343.

YOUTH SPORTS**GYMNASTICS****LGC-MOM, DAD AND ME GYMNASTICS**

(Ages 18mos -3yrs) A playfully structured gymnastics experience involving strong parent participation. Concepts such as movement, motor control, rhythms, and simple gymnastic elements are included.

Location: Loudoun Gymnastics Ctr, Sterling

| | | |
|------------------|-----------|---------------|
| 821800-01 | \$138.50 | |
| W | 6/30-8/25 | 10:00A-10:45A |
| 821800-02 | \$138.50 | |
| Th | 7/1-8/26 | 9:30A-10:15A |

LGC-MINI BEARS GYMNASTICS

(Ages 3- 4) An instructor-lead beginners gymnastics class that uses gymnastics equipment to explore movement, rhythms, and motor control around basic gymnastics elements.

Location: Loudoun Gymnastics Ctr, Sterling

| | | |
|------------------|-----------|--------------|
| 821801-01 | \$138.50 | |
| Tu | 6/29-8/24 | 5:30P-6:15P |
| 821801-02 | \$138.50 | |
| Th | 7/1-8/26 | 9:30A-10:15A |

LGC-PANDA BEARS GYMNASTICS

(Ages 5-6) The focus will be on developing core gymnastics skills through fun, progressive learning.

Location: Loudoun Gymnastics Ctr, Sterling

| | | |
|------------------|-----------|--------------|
| 821802-01 | \$184.00 | |
| Tu | 6/29-8/24 | 5:30P-6:30P |
| 821802-02 | \$184.00 | |
| Th | 7/1-8/26 | 9:30A-10:30P |

LGC- BOYS BEGINNERS GYMNASTICS

(Ages 6-8 Boys) This is a basic level gymnastics class that introduces flexibility and strength through progressive gymnastics training.

| | | |
|------------------|-----------|--------------|
| 821805-01 | \$184.00 | |
| Tu | 6/29-8/24 | 5:30P-6:30P |
| 821805-02 | \$184.00 | |
| Th | 7/1-8/26 | 9:30A-10:30A |

LGC-GIRLS BEGINNERS GYMNASTICS

(Ages 6-8 Girls) See description for Boys Beginners.

Location: Loudoun Gymnastics Ctr, Sterling

| | | |
|------------------|-----------|--------------|
| 821803-01 | \$184.00 | |
| Tu | 6/29-8/24 | 5:30P-6:30P |
| 821803-02 | \$184.00 | |
| Th | 7/1-8/26 | 9:30A-10:30A |

LGC-GIRLS INTERMEDIATE GYMNASTICS

(Ages 8-11) Students are taught higher progressions of gymnastics. Learning from their basics, each gymnast learns at their own pace. Flexibility and strength are built upon as students gain skills.

Location: Loudoun Gymnastics Ctr, Sterling

| | | |
|------------------|-----------|---------------|
| 821804-01 | \$274.90 | |
| M | 6/28-8/23 | 5:30P-7:00P |
| 821804-02 | \$274.90 | |
| W | 6/30-8/25 | 10:00A-11:30A |

LGC-TRAMPOLINE AND TUMBING GYMNASTICS

(Ages 6 & up) This introductory class brings all the excitement of flight surrounding the core area of gymnastics- flexibility, strength, and basic skill development.

Location: Loudoun Gymnastics Ctr, Sterling

| | | |
|------------------|-----------|---------------|
| 821811-01 | \$274.90 | |
| M | 6/28-8/23 | 5:30P-7:00P |
| 821811-02 | \$274.90 | |
| W | 6/30-8/25 | 10:00A-11:00A |



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

AQUATICS PROGRAMS

703-777-0343
www.loudoun.gov/prcs

CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane
Sterling, VA 20164

571-258-3600

Competition Pool

M-F 5:30A-9:45P • Sa-Su 8:00A-7:45P

Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P

Refer to the Claude Moore Recreation Center pages for fees and program information.

FRANKLIN PARK POOL

17501 Franklin Park Drive
Purcellville, VA

540-338-7492 (Pool Season Only)

540-338-7603 (Park Office)

May 29 – June 18

M-F 4:00P-8:00P, Sa & Su 11:00A-8:00P*

June 19 – Sept 5

Daily 11:00A-8:00P*

| FEES* | Wkdays | Wknds/Holidays |
|---------------------------------|-----------------------------------|----------------|
| (beginning 7/1/10) | | |
| Under 2 | \$1.50 | \$2.50 |
| | (plastic training pants required) | |
| Ages 2-12 | \$4.50 | \$5.50 |
| Ages 13-54 | \$5.00 | \$6.00 |
| Ages 55 & up | \$4.50 | \$5.50 |
| After 6:00P | | |
| All ages | \$2.50 | \$3.50 |
| 10 Admission Punch Cards | | |
| Ages 2-17 | \$46.00 | |
| Ages 18-54 | \$49.00 | |
| Ages 55 & up | \$46.00 | |
| 25 Admission Punch Cards | | |
| Ages 2-17 | \$108.75 | |
| Ages 18-54 | \$118.75 | |
| Ages 55 & up | \$108.75 | |

*Franklin Park Pool hours and fees are subject to change.

REGISTER ONLINE!

Visit www.loudoun.gov/webtrac

LOVETTSTVILLE COMMUNITY POOL

57 E. Broad Way
Lovettsville, VA

540-822-5508 or 540-822-5284

May 29 – June 18

M-Th 4:00P-7:00P, F 4:00P-6:30P

Sa & Su 12:00P-6:30P

June 19 – Sept 5

M-Th 11:00A-7:00P, F 11:00A-6:30P

Sa & Su 12:00P-6:30P

May 31 & Sept 6

12:00P-6:30P

| FEES* | Wkdays | Wknds/Holidays |
|--------------------------------|---------|----------------|
| (beginning 7/1/10) | | |
| Under 2 | \$0.50 | \$1.00 |
| Ages 2-12 | \$3.50 | \$4.00 |
| Ages 13-54 | \$4.00 | \$4.50 |
| Ages 55 & up | \$3.50 | \$4.00 |
| After 6:00P | | |
| Under 2 years | \$0.50 | \$1.00 |
| Age 2 & older | \$1.50 | \$2.00 |
| 10 Admission Punch Card | | |
| Ages 18-54 | \$35.00 | |
| 20 Admission Punch Card | | |
| Ages 2-12 | \$75.00 | |
| Ages 55 & up | \$75.00 | |

MIDDLEBURG COMMUNITY POOL

300 Washington Street
Middleburg, VA 20117

540-687-5130 (Pool)

540-687-6375 (Lessons)

May 29-June 18

Sa 11:00P-6:00P Su 12:00P-6:00P

June 19-Aug 23

M-Sa 11:00A-6:00P Su 12:00P-6:00P

Aug 23-Aug 29 TBA

SPRING LAKES COMMUNITY POOL

18351 Orchid Drive
Leesburg, VA

703-777-0343

Private pool available only for swimming lessons.

GENERAL INFORMATION

POOL RENTALS

The Lovettsville Community Pool is available for private parties on Friday, Saturday and Sunday evenings from 7:00P-9:00P. The reservation fee is

\$150 for groups up to 75 people; the fee for out-of-county groups is \$225. Larger groups will pay an additional fee for extra lifeguard staff. Reservations are taken on a first-come, first served basis. Age restrictions do apply for all rentals. Stop by the center office for reservation packet and information, call 540-822-5284 or contact barbara.sudduth@loudoun.gov.

BIRTHDAY PARTIES AT FRANKLIN PARK POOL

Swim with your guests and relax in our party tent. Two-hour party packages are available for up to 25 participants after 6:00P Monday-Friday. Visit the Franklin Park office during operating hours to secure a date with a \$75 reservation fee, which includes up to 25 admissions and tent rental. We will accept reservation for the 2010 summer season beginning June 3.

BIRTHDAY PARTIES AT LOVETTSTVILLE COMMUNITY POOL

Make a splash with your friends by having your next birthday party at the Lovettsville Pool. Two-hour party packages are available for up to 20 participants including children and adults. The reservation fee is \$60, which includes tent rental, pool admissions and balloons. Stop by the center office or contact barbara.sudduth@loudoun.gov.

SWIMMING LESSONS

AMERICAN RED CROSS PARENT & CHILD AQUATICS

Developed for ages 6 months - 5 years, the American Red Cross Parent and Child Aquatics program builds swimming readiness by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help children learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more.

PARENT & CHILD AQUATICS

PARENT/CHILD LEVEL 1

(Ages 6-36mos) Builds water adjustment by emphasizing safety in the water through games and songs. Parents MUST get in the water with the child. One child per parent.

Location: Franklin Park Pool

| | | |
|------------------|-----------|---------------|
| 466100-01 | \$35.00 | |
| M, Tu, W, Th | 6/7-6/10 | 12:30P-1:00P |
| 466100-02 | \$35.00 | |
| M, Tu, W, Th | 6/14-6/17 | 1:00P-1:30P |
| 466100-03 | \$60.00 | |
| M, Tu, W, Th | 6/21-7/1 | 9:30A-10:00A |
| 466100-04 | \$61.00 | |
| M, Tu, W, Th | 7/12-7/22 | 10:30A-11:00A |
| 466100-05 | \$61.00 | |

| | | |
|------------------|----------|---------------|
| M,Tu,W,Th | 7/26-8/5 | 10:00A-10:30A |
| 466100-06 | \$36.00 | |
| M,Tu,W,Th | 8/9-8/12 | 9:00A-9:30A |

PARENT/CHILD LEVEL 2

(Ages 18mos-3yrs) Parent & Child class for children who are not ready to separate from parents. Class introduces basic water skills as well as increasing comfort level in the water. Parents must get in the water with child.

Location: Franklin Park Pool

(Ages 24-48mos)

| | | |
|------------------|-----------|---------------|
| 466110-01 | \$35.00 | |
| M,Tu,W,Th | 6/7-6/10 | 1:00P-1:30P |
| 466110-02 | \$35.00 | |
| M,Tu,W,Th | 6/14-6/17 | 1:00P-1:30P |
| 466110-03 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:30A-9:00A |
| 466110-04 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:30A-11:00A |
| 466110-05 | \$36.00 | |
| M,Tu,W,Th | 7/5-7/8 | 10:00A-10:30A |
| 466110-06 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:00A-9:30A |
| 466110-07 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:30A-10:00A |
| 466110-08 | \$36.00 | |
| M,Tu,W,Th | 8/9-8/12 | 10:00A-10:30A |

Location: Lovettsville Community Pool

(Ages 24-48mos)

| | | |
|------------------|----------|-------------|
| 428100-01 | \$51.00 | |
| Tu,Th | 7/6-7/29 | 7:00P-7:30P |
| 428100-02 | \$51.00 | |
| Tu,Th | 7/6-7/29 | 7:30P-8:00P |

Location: Middleburg Community Pool

(Ages 18mos-3yrs)

| | | |
|------------------|----------|---------------|
| 408702-01 | \$55.00 | |
| Tu,W,Th | 6/22-7/1 | 10:00A-10:30A |
| 408702-02 | \$56.00 | |
| Tu,W,Th | 7/6-7/15 | 10:00A-10:30A |
| 408702-03 | \$56.00 | |
| Tu,W,Th | 7/27-8/5 | 10:00A-10:30A |

| | | |
|------------------|-----------|---------------|
| 466120-04 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:00A-9:30A |
| 466120-05 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:00A-10:30A |
| 466120-06 | \$36.00 | |
| M,Tu,W,Th | 7/5-7/8 | 9:30A-10:00A |
| 466120-07 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:00A-9:30A |
| 466120-08 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 10:00A-10:30A |
| 466120-09 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:30A-10:00A |
| 466120-10 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 10:30A-11:00A |
| 466120-11 | \$36.00 | |
| M,Tu,W,Th | 8/9-8/12 | 9:30A-10:00A |

Location: Lovettsville Community Pool

| | | |
|------------------|----------|---------------|
| 428101-01 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 2:30P-3:00P |
| 428101-02 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 2:30P-3:00P |
| 428101-03 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 3:15P-3:45P |
| 428101-04 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:15A-10:45A |

Location: Middleburg Pool

(Ages 4-5)

| | | |
|------------------|----------|-------------|
| 408704-01 | \$55.00 | |
| Tu,W,Th | 6/22-7/1 | 9:20A-9:50A |
| 408704-02 | \$56.00 | |
| Tu,W,Th | 7/6-7/15 | 9:20A-9:50A |
| 408704-03 | \$56.00 | |
| Tu,W,Th | 7/27-8/5 | 9:20A-9:50A |

Location: Spring Lakes Pool

| | | |
|------------------|-----------|--------------|
| 421101-01 | \$60.00 | |
| M,Tu,W,Th | 6/24-7/1 | 9:30A-10:00A |
| 421101-02 | \$61.00 | |
| M,Tu,W,Th | 7/5-7/15 | 9:30A-10:00A |
| 421101-03 | \$61.00 | |
| M,Tu,W,Th | 7/19-7/29 | 9:30A-10:00A |
| 421101-04 | \$61.00 | |
| M,Tu,W,Th | 8/2-8/12 | 9:30A-10:00A |

PRESCHOOL LEVEL 2

(Ages 3-5) For swimmers who can put face under water for five seconds, blow bubbles, and can kick while on belly/front with support. Swimmers will develop locomotion skills on belly/front, submerge entire head and begin to develop locomotion skills on back.

Location: Franklin Park Pool

| | | |
|------------------|----------|---------------|
| 466130-01 | \$35.00 | |
| M,Tu,W,Th | 6/7-6/10 | 12:30P-1:00P |
| 466130-02 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:30A-10:00A |
| 466130-03 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:30A-11:00A |

| | | |
|------------------|-----------|---------------|
| 466130-04 | \$36.00 | |
| M,Tu,W,Th | 7/5-7/8 | 10:00A-10:30A |
| 466130-05 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 8:30A-9:00A |
| 466130-06 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 10:00A-10:30A |
| 466130-07 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:00A-9:30A |
| 466130-08 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 10:30A-11:00A |
| 466130-09 | \$36.00 | |
| M,Tu,W,Th | 8/9-8/12 | 9:00A-9:30A |

Location: Lovettsville Community Pool

| | | |
|------------------|-----------|---------------|
| 428102-01 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 1:00P-1:30P |
| 428102-02 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 1:45P-2:15P |
| 428102-03 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 1:45P-2:15P |
| 428102-04 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:00A-8:30A |
| 428102-05 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:45A-9:15A |
| 428102-06 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:30A-10:00A |
| 428102-07 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 9:30A-10:00A |
| 428102-08 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 10:15A-10:45A |
| 428102-09 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 9:30A-10:00A |
| 428102-10 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 10:15A-10:45A |

Location: Spring Lakes Pool

| | | |
|------------------|-----------|-------------|
| 421111-01 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:00A-9:30A |
| 421111-02 | \$61.00 | |
| M,Tu,W,Th | 7/5-7/15 | 9:00A-9:30A |
| 421111-03 | \$61.00 | |
| M,Tu,W,Th | 7/19-7/29 | 9:00A-9:30A |
| 421111-04 | \$61.00 | |
| M,Tu,W,Th | 8/2-8/12 | 9:00A-9:30A |

PRESCHOOL LEVEL 3

(Ages 3-5) Swimmers must be able to submerge totally five times, as well as front float/glide unassisted, jump into three feet of water and swim to wall. Class develops front and back crawl strokes.

Location: Franklin Park Pool

| | | |
|------------------|-----------|---------------|
| 466140-01 | \$35.00 | |
| M,Tu,W,Th | 6/7-6/10 | 1:00P-1:30P |
| 466140-02 | \$35.00 | |
| M,Tu,W,Th | 6/14-6/17 | 12:00P-12:30P |
| 466140-03 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:00A-9:30A |
| 466140-04 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:00A-10:30A |

PRESCHOOL AQUATICS**PRESCHOOL LEVEL 1**

(Ages 3-5) For first-time swimmers who are apprehensive around water or have not been in a swim lesson setting previously. Children must be able to follow directions. Parents do not enter the water. SWIM DIAPER REQUIRED IF NOT POTTY TRAINED.

Location: Franklin Park Pool

| | | |
|------------------|-----------|---------------|
| 466120-01 | \$35.00 | |
| M,Tu,W,Th | 6/7-6/10 | 12:00P-12:30P |
| 466120-02 | \$35.00 | |
| M,Tu,W,Th | 6/14-6/17 | 12:30P-1:00P |
| 466120-03 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:30A-9:00A |

| | | |
|------------------|-----------|---------------|
| 466140-05 | \$36.00 | |
| M,Tu,W,Th | 7/5-7/8 | 9:00A-9:30A |
| 466140-06 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:30A-10:00A |
| 466140-07 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 10:30A-11:00A |
| 466140-08 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 8:30A-9:00A |
| 466140-09 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 10:00A-10:30A |
| 466140-10 | \$36.00 | |
| M,Tu,W,Th | 8/9-8/12 | 10:00A-10:30A |

Location: Lovettsville Community Pool

| | | |
|------------------|-----------|-------------|
| 428103-01 | \$50.00 | |
| M,Tu,W,Th | 6/7-6/17 | 1:00P-1:30P |
| 428103-02 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 8:00A-8:30A |
| 428103-03 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 8:45A-9:15A |
| 428103-04 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 8:00A-8:30A |
| 428103-05 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 8:45A-9:15A |

ELEMENTARY AQUATICS**LEARN TO SWIM LEVEL 1**

(Ages 6-12) For beginning swimmers with no previous water experience. Child must be able to function in a group setting and be able to leave parent willingly. Learn basic swim skills with assistance, as well as basic water safety.

Location: Franklin Park Pool

| | | |
|--|-----------|---------------|
| 466200-01 | \$35.00 | |
| M,Tu,W,Th | 6/7-6/10 | 12:00P-12:30P |
| 466200-02 | \$35.00 | |
| M,Tu,W,Th | 6/14-6/17 | 1:00P-1:30P |
| 466200-03 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:30A-10:00A |
| 466200-04 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:30A-11:00A |
| 466200-05 | \$36.00 | |
| M,Tu,W,Th | 7/5-7/8 | 9:00A-9:30A |
| 466200-06 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 8:30A-9:00A |
| 466200-07 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:30A-10:00A |
| 466200-08 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 10:00A-10:30A |
| 466200-09 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:00A-9:30A |
| 466200-10 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 10:30A-11:00A |
| 466200-11 | \$36.00 | |
| M,Tu,W,Th | 8/9-8/12 | 9:30A-10:00A |
| Location: Lovettsville Community Pool | | |
| 428201-01 | \$50.00 | |

| | | |
|------------------------------------|-----------|---------------|
| M,Tu,W,Th | 6/21-7/1 | 9:30A-10:00A |
| 428201-02 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:15A-10:45A |
| 428201-03 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 10:15A-10:45A |
| Location: Spring Lakes Pool | | |
| (Ages 6-10) | | |
| 421209-01 | \$75.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:15A-8:55A |
| 421209-02 | \$76.00 | |
| M,Tu,W,Th | 7/5-7/15 | 8:15A-8:55A |
| 421209-03 | \$76.00 | |
| M,Tu,W,Th | 7/19-7/29 | 8:15A-8:55A |

LEARN TO SWIM LEVEL 2

(Ages 6-12) Students should be able to put face under water for five seconds, float on front and back with assistance. Class will begin to develop basic locomotive skills with emphasis on becoming less dependent on the instructor.

Location: Franklin Park Pool

| | | |
|--|-----------|---------------|
| 466210-01 | \$35.00 | |
| M,Tu,W,Th | 6/14-6/17 | 12:00P-12:30P |
| 466210-02 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:00A-9:30A |
| 466210-03 | \$60.00 | |
| M,Tu,W,Th | 6/21-7/1 | 10:00A-10:30A |
| 466210-04 | \$0.00 | |
| M,Tu,W,Th | 7/5-7/8 | 9:30A-10:00A |
| 466210-05 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:00A-9:30A |
| 466210-06 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:30A-10:00A |
| 466210-07 | \$61.00 | |
| M,Tu,W,Th | 7/12-7/22 | 10:30A-11:00A |
| 466210-08 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 8:30A-9:00A |
| 466210-09 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:00A-9:30A |
| 466210-10 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:30A-10:00A |
| 466210-11 | \$61.00 | |
| M,Tu,W,Th | 7/26-8/5 | 10:00A-10:30A |
| Location: Lovettsville Community Pool | | |
| 428202-01 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:45A-9:15A |
| 428202-02 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 8:45A-9:15A |
| 428202-03 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 9:30A-10:00A |
| 428202-04 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 10:15A-10:45A |
| Location: Middleburg Community Pool | | |
| (Ages 5 & up) | | |
| 408705-01 | \$55.00 | |
| Tu,W,Th | 6/22-7/1 | 8:40A-9:10A |

| | | |
|------------------------------------|-----------|-------------|
| 408705-02 | \$56.00 | |
| Tu,W,Th | 7/6-7/15 | 8:40A-9:10A |
| 408705-03 | \$56.00 | |
| Tu,W,Th | 7/27-8/5 | 8:40A-9:10A |
| Location: Spring Lakes Pool | | |
| 421210-01 | \$75.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:15A-8:55A |
| 421210-02 | \$76.00 | |
| M,Tu,W,Th | 7/5-7/15 | 8:15A-8:55A |
| 421210-03 | \$76.00 | |
| M,Tu,W,Th | 7/19-7/29 | 8:15A-8:55A |

LEARN TO SWIM LEVEL 3

(Ages 6-12) Students must be able to float on front/back independently, and swim front and back crawl for five yards with little assistance from instructor. Class will teach refinement of basic skills with emphasis on no instructor assistance.

Location: Franklin Park Pool

| | | |
|--|-----------|---------------|
| 466220-01 | \$65.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:00A-9:45A |
| 466220-02 | \$66.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:45A-10:30A |
| 466220-03 | \$66.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:00A-9:45A |
| Location: Lovettsville Community Pool | | |
| 428203-01 | \$50.00 | |
| M,Tu,W,Th | 6/21-7/1 | 8:00A-8:30A |
| 428203-02 | \$51.00 | |
| M,Tu,W,Th | 7/5-7/15 | 8:00A-8:30A |
| 428203-03 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 8:45A-9:15A |
| 428203-04 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 9:30A-10:00A |
| 428203-05 | \$41.00 | |
| M,Tu,W,Th,F | 8/2-8/6 | 9:30A-10:00A |
| 428203-06 | \$41.00 | |
| M,Tu,W,Th,F | 8/2-8/6 | 10:15A-10:45A |

LEARN TO SWIM LEVEL 4

(Ages 6-12) Students must be able to perform basic skills with no assistance from instructor. Objectives: perform feet-first entry, front and elementary back crawl for 50yds, breaststroke and back crawl for 50yds.

Location: Franklin Park Pool

| | | |
|--|-----------|--------------|
| 466230-01 | \$65.00 | |
| M,Tu,W,Th | 6/21-7/1 | 9:45A-10:30A |
| 466230-02 | \$66.00 | |
| M,Tu,W,Th | 7/12-7/22 | 9:00A-9:45A |
| 466230-03 | \$66.00 | |
| M,Tu,W,Th | 7/26-8/5 | 9:45A-10:30A |
| Location: Lovettsville Community Pool | | |
| 428204-01 | \$51.00 | |
| M,Tu,W,Th | 7/19-7/29 | 8:00A-8:30A |
| 428204-03 | \$41.00 | |
| M,Tu,W,Th,F | 8/2-8/6 | 8:45A-9:15P |

Location: Middleburg Community Pool

(Ages 5 & up)

| | | |
|------------------|----------|-------------|
| 408706-01 | \$55.00 | |
| Tu, W, Th | 6/22-7/1 | 8:00A-8:30A |
| 408706-02 | \$56.00 | |
| Tu, W, Th | 7/6-7/15 | 8:00A-8:30A |
| 408706-03 | \$56.00 | |
| Tu, W, Th | 7/27-8/5 | 8:00A-8:30A |

LEARN TO SWIM-LEVEL 5

(Ages 6-12) Pre-requisites: Perform feet-first entry, front and elementary back crawl for 25yds, and breaststroke and back crawl for 15yds. Objectives: perform shallow-angle dive, front and elementary back crawl for 50yds, breaststroke and back crawl for 25yds.

Location: Lovettsville Community Pool

| | | |
|------------------|---------|-------------|
| 428205-01 | \$41.00 | |
| M, Tu, W, Th, F | 8/2-8/6 | 8:00A-8:30A |

LEARN TO SWIM LEVEL 6.1-FPP

(Ages 6-12) Students must be able to swim the front crawl and elementary back crawl 50yds, swim breaststroke and back crawl for 25yds. Objectives: swim stroke of choice 500yds, jump into water and survival float for five minutes, feet-first surface dive to retrieve object, surface and return to starting point.

| | | |
|------------------|-----------|---------------|
| 466250-01 | \$65.00 | |
| M, Tu, W, Th | 6/21-7/1 | 10:30A-11:00A |
| 466250-02 | \$66.00 | |
| M, Tu, W, Th | 7/12-7/22 | 10:30A-11:00A |
| 466250-03 | \$66.00 | |
| M, Tu, W, Th | 7/26-8/5 | 10:30A-11:00A |

PRIVATE SWIM LESSONS

(All ages) Contact facility location for ages and specific details on private swim lessons.

Location: Franklin Park Pool

| | | |
|------------------|-----------|-------------|
| 466712-01 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 1:30P-2:00P |
| 466712-02 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 1:30P-2:00P |
| 466712-03 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 2:00P-2:30P |
| 466712-04 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 2:00P-2:30P |
| 466712-05 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 2:30P-3:00P |
| 466712-06 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 2:30P-3:00P |
| 466712-07 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 3:00P-3:30P |
| 466712-08 | \$100.00 | |
| M, Tu, W, Th | 6/7-6/10 | 3:00P-3:30P |
| 466712-09 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 1:30P-2:00P |
| 466712-10 | \$100.00 | |

| | | |
|------------------|-----------|---------------|
| M, Tu, W, Th | 6/14-6/17 | 1:30P-2:00P |
| 466712-11 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 2:00P-2:30P |
| 466712-12 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 2:00P-2:30P |
| 466712-13 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 2:30P-3:00P |
| 466712-14 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 2:30P-3:00P |
| 466712-15 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 3:00P-3:30P |
| 466712-16 | \$100.00 | |
| M, Tu, W, Th | 6/14-6/17 | 3:00P-3:30P |
| 466712-17 | \$101.00 | |
| M, Tu, W, Th | 7/5-7/8 | 8:30A-9:00A |
| 466712-18 | \$101.00 | |
| M, Tu, W, Th | 7/5-7/8 | 8:30A-9:00A |
| 466712-19 | \$101.00 | |
| M, Tu, W, Th | 7/5-7/8 | 10:30A-11:00A |
| 466712-20 | \$101.00 | |
| M, Tu, W, Th | 7/5-7/8 | 10:00A-10:30A |
| 466712-21 | \$101.00 | |
| M, Tu, W, Th | 8/9-8/12 | 8:30A-9:00A |
| 466712-22 | \$101.00 | |
| M, Tu, W, Th | 8/9-8/12 | 8:30A-9:00A |
| 466712-23 | \$101.00 | |
| M, Tu, W, Th | 8/9-8/12 | 10:30A-11:00A |
| 466712-24 | \$101.00 | |
| M, Tu, W, Th | 8/9-8/12 | 10:30A-11:00A |

Location: Middleburg Community Pool

| | | |
|------------------|-----------|---------------|
| 408700-01 | \$55.00 | |
| Tu, W, Th | 6/22-6/24 | 10:30A-11:00A |
| 408700-02 | \$55.00 | |
| Tu, W, Th | 6/29-7/1 | 10:30A-11:00A |
| 408700-03 | \$56.00 | |
| Tu, W, Th | 7/6-7/8 | 10:30A-11:00A |
| 408700-04 | \$56.00 | |
| Tu, W, Th | 7/13-7/15 | 10:30A-11:00A |
| 408700-05 | \$56.00 | |
| Tu, W, Th | 7/27-7/29 | 10:30A-11:00A |
| 408700-06 | \$56.00 | |
| Tu, W, Th | 8/3-8/5 | 10:30A-11:00A |

AQUATIC EXERCISE**WATER WORKOUT**

(Ages 15 & up) A well balanced and thorough water exercise program. Punch cards available for purchase in the community center office. Instructor: Barbara Talbott.

Location: Lovettsville Community Pool

| | | |
|--------------------------|-----------|--------------|
| \$9.00 drop-in fee/class | | |
| M, W, F | 6/21-8/20 | 9:30A-10:30A |
| Tu, Th | 6/22-8/19 | 7:00P-8:00P |

MORNING LAP SWIM

(Ages 18 & up) Looking for time to squeeze in your

morning pool workout? Lap lanes will be open for pre-registered participants only. No instruction.

Location: Franklin Park Pool

| | | |
|------------------|----------|--------------|
| 466708-01 | \$13.00 | |
| M, Tu, W, Th | 7/5-7/8 | 9:00A-10:30A |
| 466708-02 | \$13.00 | |
| M, Tu, W, Th | 8/9-8/12 | 9:00A-10:30A |

LUNCH TIME LAP SWIM

(Ages 18 & up) Lap lanes will be open to pre-registered participants only. No instruction.

Location: Franklin Park Pool

| | | |
|------------------|-----------|--------------|
| 466709-01 | \$12.00 | |
| M, Tu, W, Th | 6/7-6/10 | 12:00P-1:30P |
| 466709-02 | \$12.00 | |
| M, Tu, W, Th | 6/14-6/17 | 12:00P-1:30P |

AFTERNOON LAP SWIM

(Ages 18 & up) Lap lanes will be open to pre-registered participants only. No instruction.

Location: Franklin Park Pool

| | | |
|------------------|-----------|-------------|
| 466710-01 | \$12.00 | |
| M, Tu, W, Th | 6/7-6/10 | 2:00P-3:30P |
| 466710-02 | \$12.00 | |
| M, Tu, W, Th | 6/14-6/17 | 2:00P-3:30P |

**BANSHEE REEKS
NATURE PRESERVE**

21085 The Woods Rd.
Leesburg, VA 20175
703-669-0316
Sa-Su 8:00A-4:00P
www.bansheereeks.org

Enjoy the beauty of Banshee Reeks, a 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riverine habitat. Banshee Reeks strives to protect the rich natural environment of varied plant and animal populations within its borders. This is a unique environment within Loudoun County due to its size and habitat variation. Goose Creek, a State Scenic River that encompasses abundant and diverse wildlife and associated habitats, runs over 2 miles along the border of Banshee Reeks. The preserve is open to the public EVERY Saturday and Sunday from 8:00A to 4:00P and to organized groups that secure a permit for access from the Manager.

VOLUNTEER OPPORTUNITIES

The 3rd Saturday of each month beginning at 9:00AM, is Volunteer Day at Banshee Reeks. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects.

Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

TRAILS ARE OPEN

Enjoy many of the miles of trails at Loudoun County's only nature preserve. Bring the family. No registration required.

BIRDING BANSHEE

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for their guided bird walks. These free guided walks begin at 8AM and are held on the 2nd Saturday of each month. These walks provide both the beginner and experienced birder a chance to see some spectacular birds. Please bring binoculars.

GUIDED WALKABOUTS

Special guided walkabouts can be provided to Scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-its or Merit Badges. School groups can observe aspects of the natural world that they have been studying in the classroom. These walkabouts can be used to introduce your group to some of the special ecological characteristics, historical resources and wildlife habitats of the preserve. Fee is \$2/person with a minimum charge of \$15.

CAMPING AT BANSHEE REEKS

Camping is allowed by special permit for organized Scout groups only. All camping is LNT (Leave No Trace) and primitive. Campers must hike-in. Toilets and water are available. Cooking is done on stoves only. Fires are dependent on weather and ONLY by permission of BRNP Manager. Fees are \$2.50/person/night with a minimum of \$15/night. Call for permit and camping policies.

PLAN YOUR NEXT RETREAT, TRAINING OR SEMINAR AT BANSHEE!

The Education Annex at Banshee Reeks is the perfect setting for your next retreat, seminar, meeting or training intervention. It can accommodate up to 40 attendees with plenty of parking. Amenities include a digital projector, kitchenette, restroom and picnic tables – all within the beautiful and tranquil surroundings of Loudoun's only nature preserve. Call for reservations.



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

BLUEMONT COMMUNITY CENTER

20 High St
Round Hill, Virginia 20141

540-338-4485

M-Th 7:00A-8:30P

F 7:00A-6:30P Sa 9:00A-1:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

PRINCESS WEEK

(Ages 3-5) Play princess for the week while enjoying fun activities. Bring a snack.

406105-01 \$54.00 (+\$3 supplies)
M,W,F 6/21-6/25 9:00A-12:00P

TUMBLING TOTS

(Ages 3-5) Start the week right, learning gymnastics on vault, bars, beam, and floor. Instructor: Jennifer Cooke

406106-01 \$24.00
M 6/21-7/19 12:45P-1:30P

TUMBLING TOTS 2

(Ages 3-5) Develop strength and coordination while learning the basics of gymnastics. Instructor: Jennifer Cooke

406108-01 \$24.00
F 6/25-7/16 12:45P-1:30P

STARS & STRIPES

(Ages 3-5) Prepare yourself for the big holiday - Independence Day. Have fun with crafts and games. Bring a snack.

406107-01 \$54.00 (+\$3 supplies)
M,W,F 6/28-7/2 9:00A-12:00P

FUN WITH DRAWING CAMP

(Ages 3-5) We'll concentrate on drawing and coloring while developing fine-motor, focus and listening skills, patience, and spatial organization. Different themes each week. Instructor: Young Rembrandts.

406117-01 \$75.00
M,Tu,W,Th,F 6/28-7/2 9:30A-10:30A
406117-02 \$84.00
M,Tu,W,Th,F 8/2-8/6 9:30A-10:30A

PUPPY DAZE

(Ages 3-5) Spend a few dog days with us! Play puppy games, create puppy crafts and act like your favorite pooch. Bring a snack. Instructor: Debbie Rouady.

406110-01 \$37.00 (+\$2 supplies)
Tu,Th 7/6-7/8 9:00A-12:00P

KINDERTOTS THEMES

(Age 2) Toddlers explore their bodies and expand their minds with gross motor development to familiar nursery rhymes. Different theme each week. Instructor: Kinderdance of Loudoun.

406130-01 \$84.00
Tu 7/6-8/10 9:30A-10:00A

KINDERMOTION THEMES

(Ages 3-5) Kindermotion prepares student's minds and bodies for athletic and academic pursuits while fighting childhood obesity. Different theme each week. Instructor: Kinderdance of Loudoun.

406131-01 \$100.00
Tu 7/6-8/10 10:15A-11:00A

SPLISH, SPLASH

(Ages 3-5) Enjoy activities which relate to being at the beach. Bring a snack.

406102-01 \$37.00 (+2 supplies)
W,F 7/7-7/9 9:00A-12:00P

WE ALL SCREAM 4 ICE CREAM

(Ages 3-5) July is National ice-cream month. Fun activities planned relating to your favorite pastime treat. Bring a snack. Instructor: Debbie Rouady.

406111-01 \$55.00 (+\$5 supplies)
M,W,F 7/12-7/16 9:00A-12:00P

CHALLENGER MINI SOCCER CAMP

(Ages 3-5) Fun soccer games, competitions and challenging skill-building activities that will captivate and enlighten your young players. Instructor: Challenger Sports.

406114-01 \$99.00
M,Tu,W,Th,F 7/19-7/23 9:00A-10:30A

TEDDY BEAR PICNIC

(Ages 2-5) Celebrate summer and bring your favorite stuffed animal for a teddy bear picnic. Pack a lunch and we'll provide a story, craft, and a sweet treat. Instructor: Debbie Rouady

406103-01 \$15.00 (+\$2 supplies)
Tu 7/20-7/20 10:00A-12:00P

DOWN BY THE STATION

(Ages 3-5) Learn all about trains. Bring a snack.

406115-01 \$55.00 (+\$3 supplies)
M,W,F 7/19-7/23 9:00A-12:00P

BUGS, BEES & BUTTERFLIES

(Ages 3-5) Discover the world of insects while having fun. Bring a snack.

406109-01 \$55.00 (+\$3 supplies)
M,W,F 7/26-7/30 9:00A-12:00P

DIETRICH'S NINJAS ADVENTURE CAMP

(Ages 3-5) "Dietrich's Ninjas" focuses on building a child's character. The program also helps build confidence and self-esteem by teaching life skill that keep them safe. Instructor: Dietrich's Karate Studio.

406118-01 \$176.00
M,Tu,W,Th,F 7/26-7/30 9:00A-12:00P

IT'S PIRATE TIMES, MATEY!

(Ages 3-5) Learn about pirate ships and hidden treasures. Bring a snack.

406112-01 \$55.00 (+\$3 supplies)
M,W,F 8/2-8/6 9:00A-12:00P

DANCENASTICS

(Ages 3-5) Combination of ballet, jazz, and gymnastics.

406122-01 \$22.00
M,W,F 8/2-8/6 1:00P-2:00P

406122-02 \$22.00
M,W,F 8/23-8/27 1:00P-2:00P

"LAURA THE EXPLORER"

(Ages 3-5) Instead of Dora, we have Laura! Learn the basics of Spanish while playing games and creating a craft. Bring a snack. Instructor: Laura Marzougui.

406113-01 \$55.00 (+\$3 supplies)
M,W,F 8/9-8/13 9:00A-12:00P

MOTHER GOOSE TIME

(Ages 3-5) Children will learn nursery rhymes while enjoying arts and crafts. Bring a snack.

406104-01 \$55.00 (+\$3 supplies)
M,W,F 8/16-8/20 9:00A-12:00P

TUMBLE TO THE JUNGLE

(Ages 3-5) Find out more about the animals in the jungle. Bring a snack.

406101-01 \$55.00 (+\$3 supplies)
M,W,F 8/23-8/27 9:00A-12:00P

ELEMENTARY AGE PROGRAMS

ADVANCED GYMNASTICS

(Ages 5-12) Level 2 & up gymnasts working towards handstands on floor vault and beam and bar skills. Instructor: Jennifer Cooke.

406201-01 \$28.00
M 6/21-7/19 5:45P-6:45P

BEGINNER GYMNASTICS

(Ages 5-12) Gymnastics for the beginner who wants to learn cartwheels and tricks on the bars, beam and vault. Instructor: Jennifer Cooke.

406217-01 \$28.00
M 6/21-7/19 4:45P-5:45P

ALL STAR CHEER & TUMBLE

(Ages 5-12) Cheering and tumbling skills for beginners thru advanced students. Class works toward end-of-session routine. Instructor: Kerry Smith.

406218-01 \$35.00
Tu 6/22-7/27 6:15P-7:15P

LEVEL 1 GYMNASTICS

(Ages 5-12) Level 1 USAG gymnastic skills on vault, bars, beam, & floor, working on cartwheels and handstands. Instructor: Jennifer Cooke.

406204-01 \$28.00
Sa 6/26-7/17 9:30A-10:30A

LEVEL 2 GYMNASTICS

(Ages 5-12) Covers USAG Level 2 skills on all four women's events, working towards roundoffs and walkovers. Instructor: Jennifer Cooke.

406205-01 \$28.00
Sa 6/26-7/17 10:30A-11:30A

FUN WITH DRAWING CAMP

(Ages 6-12) Our curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. Concepts include portraiture, color theory, and abstract art. Weekly themes. Instructor: Young Rembrandts.

406202-01 \$150.00
M,Tu,W,Th,F 6/28-7/2 10:45A-12:45P

406202-02 \$166.00
M,Tu,W,Th,F 8/2-8/6 10:45A-12:45P

FUN WITH CARTOONING CAMP

(Ages 6-12) Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences to tell a joke! Weekly themes. Instructor: Young Rembrandts.

406203-01 \$150.00
M,Tu,W,Th,F 6/28-7/2 1:00P-3:00P

406203-02 \$166.00
M,Tu,W,Th,F 8/2-8/6 1:00P-3:00P

KINDERGARTEN BOOT CAMP

(Ages 4½-5) Children learn kindergarten basics, alphabet writing, numbers & math concepts, along with story time etiquette. Bring a snack. Instructor: Laura Marzougui.

406219-01 \$169.00
M,Tu,W,Th 7/12-7/22 9:00A-12:00P

SKETCHING CHARCOAL

(Ages 6-12) Students will learn to use charcoal and drawing techniques for art sketches. Class will draw a variety of subjects.

406211-01 \$15.00
Tu,Th 7/13-7/15 4:00P-5:00P

CHALLENGER PLAYER DEVELOPMENT

(Ages 6-10) Gain technical and tactical instruction in all areas of soccer. Emphasis is on individual skill development and fundamental tactical awareness with maximum participation, progressive practices, and small-sided games. Instructor: Challenger Sports.

406206-01 \$138.00
M,Tu,W,Th,F 7/19-7/23 10:45A-1:45P

COLOR MY WORLD

(Ages 6-10) We'll look at how many different artists have used color and make our own colorful creations. Instructor: Kitty Johnson.

406216-01 \$88.50 (+\$10 supplies)
M,Tu,W,Th,F 7/19-7/23 1:00P-3:30P

SKETCHING THE GREAT OUTDOORS

(Ages 6-11) We will use an artistic eye and sketch the landscape, including the rolling hills of Loudoun. Instructor: Kitty Johnson.

406207-01 \$15.00
Tu,Th 7/20-7/22 4:00P-5:00P

UNDER THE SEA

(Ages 6-10) From ships to mermaids, we'll use color and texture to create our artwork. Instructor: Kitty Johnson.

406215-01 \$22.00 (+\$10 supplies)
Th 7/29-8/12 4:00P-5:00P

ELEMENTARY BASKETBALL

(Ages 6-9) Learn the basics of basketball. Participants will work on different skills such as passing, shooting, defense, rebounding and foul shooting.

406208-01 \$57.00
M,Tu,W,Th 8/2-8/5 2:00P-4:00P

SEMI-PRIVATE GUITAR LESSONS

(Ages 8-12) Beginner thru novice students will learn to play melodies, chords, and TAB with an experienced teacher. Must provide own guitar. Instructor: Kerry Smith.

406220-01 \$41.00
Tu 8/3-8/31 7:15P-7:45P

SILLY SENSES SCIENCE

(Ages 5-7) Learn about and use your five senses with an array of silly science experiments. Bring a snack. Instructor: Debbie Rouday.

406209-01 \$43.00 (+\$5 supplies)
Tu,Th 8/10-8/12 9:00A-12:00P

CARTOON ART

(Ages 6-12) All kids like to draw cartoon characters. Children will learn different techniques of drawing while creating their own cartoon characters. Instructor: Kitty Johnson.

406210-01 \$15.00
Tu,Th 8/10-8/12 4:00P-5:00P

BEGINNER GYMNASTICS CAMP

(Ages 5-12) Spend the week learning the basics on the bars, beam, vault, and floor. Instructor: Jennifer Cooke.

406212-01 \$22.00
M,W,F 8/16-8/20 5:00P-6:00P

SKETCHING STILL LIFE

(Ages 8-12) This is a fun class geared toward sketching a variety of still life's. You develop skills in shadowing and shapes.

406214-01 \$15.00
Tu,Th 8/17-8/19 4:00P-5:00P

LEVEL 2 GYMNASTICS CAMP

(Ages 5-12) Cartwheels, pullovers, squat-ons, and beam walks galore. Instructor: Jennifer Cooke.

406213-01 \$22.00
M,W,F 8/23-8/27 5:00P-6:00P

ADULT PROGRAMS**GET FIT WITH LINDA**

(Ages 18 & up) On-going workout includes stretching, aerobics and mat work. Instructor: Linda Sapp.

406501-01 \$56.00
M,W,F 6/16-7/2 9:15A-10:15A

PAINTING W/ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. Students must provide canvas, brushes and acrylic paints.

406505-01 \$41.00
W 7/7-7/28 7:00P-8:30P
406505-02 \$41.00
W 8/4-8/25 7:00P-8:30P

MULTI-AGE PROGRAMS**LEVEL 3 GYMNASTICS**

(Ages 5-15) USAG Level 3 skills and beyond on all four women's events. Gymnasts working on back and front handsprings. Instructor: Jennifer Cooke.

406701-01 \$28.00
Sa 6/26-7/17 11:30A-12:30P

EVENING YOGA/PILATES

(Ages 15 & up) Develop strength, flexibility and body awareness while strengthening, sculpting and stretching your body. All levels welcomed. Instructor: Turi Turkel.

406703-01 \$54.00
W 7/7-7/28 6:15P-7:30P
406703-02 \$41.00
W 8/11-8/25 6:15P-7:30P

ZUMBA

(Ages 15 & up) Zumba is an aerobic Latin inspired dance step that provides a party atmosphere and has the total body workout. Instructor: Mary Ann Wall.

406704-01 \$22.00
M 7/12-7/26 7:00P-8:00P
406704-02 \$29.00
M 8/2-8/23 7:00P-8:00P

ZUMBA ON THURSDAYS

(Ages 15 & up) See description for Zumba.

406705-01 \$22.00
Th 7/15-7/29 9:00A-10:00A
406705-02 \$29.00
Th 8/5-8/26 9:00A-10:00A

BCC CHEER CAMP

(Ages 5-15) Novice and experienced cheerleaders will focus on tumbling, cheers, dance routines, and stunts. Instructor: Kerry Smith.

406706-01 \$29.00
M,Tu,W,Th 8/3-8/5 5:45P-6:45P

SEMI-PRIVATE GUITAR LESSONS

(Ages 13 & up) Beginner students will learn melodies, chords, and reading TAB with an experienced teacher. Must bring own guitar. Instructor: Kerry Smith.

406707-01 \$41.00
Tu 8/3-8/31 7:50P-8:20P

LEVEL 3 AND BEYOND CAMP

(Ages 5-15) Incorporates USAG Level 3 skills and above. Focus on back and front handsprings, back tucks, and advanced event skills. Instructor: Jennifer Cooke.

406702-01 \$22.00
M,W,F 8/30-9/3 5:00P-6:00P

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132

571-258-3400

M-F 9:00A-4:00P (Seniors)

M-F 4:00P-9:00P Sa 9:00A-6:00P (All ages)

DROP-IN FEES

Ages 55 & up (members) Free
Ages 55 & up (non-member) \$2.00
Ages 17 & under \$1.50
Ages 18-54 \$2.00/limited, \$3.00/full access

Supply & material fees are due to the instructor at the first class.

PLEASE CHECK THE CENTER CALENDAR FOR UPDATED CLASS INFORMATION.

EDUCATION & INFORMATION**MATH CAMP**

(Ages 10 & up) This class develops mathematical proficiency through a unique approach to teaching. Algebra 1 topics are covered in a small group setting. Students should have basic arithmetic skills. Instructor: Mike Laurenzano.

430703-01 \$120.00

Tu, Th 6/22-7/29 3:00P-4:30P

CHESS CAMP

(Ages 6-16) Learn the fundamentals of chess, master tricks, tactics, and various ways of looking at the board. Instructor: Herky Del Mundo.

430708-01 \$41.00
M 7/19-8/9 4:00P-5:00P
430708-02 \$31.00
M 8/16-8/30 4:00P-5:00P

ESL TUTORING GROUP

(Ages 16 & up) English as a Second Language. Cost includes textbook.

430711-01 \$56.00
W 7/7-8/25 6:30P-8:30P

CHESS CLUB

(All ages) Popular club for all ages and ability levels. Monthly blitz tournaments and weekly instruction plus free play.

Drop-in fees apply

Th on-going 6:00P-9:00P

MODERATED BOOK DISCUSSION

(Ages 18 & up) Monthly book discussions, led by Monica Light of the Purcellville Library. Books provided.

3rd Tu on-going 10:30A-12:00P

COMPUTER LAB

Call ahead for availability.

Pay at door \$3.00 Ages 55 & up
M-F on-going 9:00A-4:00P
Pay at door \$3.00 Ages 18 & up
M-F on-going 4:00P-9:00P
Sa on-going 9:00A-6:00P

FINE & APPLIED ARTS**SILK SCARF MAKING**

(Ages 10 & up) Great summer activity for young people! Design and dye a lovely silk scarf. Instructor Betty O'Mara makes it easy. The beauty of your design will be amazing! All materials provided for additional \$5 materials fee.

430713-01 \$6.00
W 6/16-6/16 3:00P-4:30P

MEMOIR WRITING II

(Ages 55 & up) This class will use writing exercises and "read and critique" sessions to help you prepare your memoir for publication, as well as how to market your piece. Instructor: Published author Bobbi Carducci.

430606-01 \$70.00
Sa 6/26-7/24 1:00P-2:30P

ADVANCED SILK SCARF MAKING

(Ages 10 & up) Great summer activity for young people! You can be more creative in this class and bring your talent out even more than the first class. Bring a large shoebox. \$5 materials fee due to instructor. Instructor: Betty O'Mara

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|------------------|-----------|-------------|
| 430712-01 | \$7.00 | |
| W | 7/14-7/14 | 3:00P-4:30P |
| 430712-02 | \$7.00 | |
| W | 8/18-8/18 | 3:00P-4:30P |

HANDWORK GROUP

(Ages 18 & up) Bring a project (knitting, crocheting, quilting, embroidery, etc.) and chat with friends while you work.

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|----|----------|-------------|
| Tu | on-going | 7:00P-9:00P |
|----|----------|-------------|

LOUDOUN SKETCH CLUB

(Ages 18 & up) Group meets outdoors for self-directed projects during warm weather and indoors in cooler months. Purchase own materials. Call Jean Kipfer at 540-751-9200.

| | | |
|------------------------|----------|--------------|
| \$20/annual membership | | |
| Tu | on-going | 10:00A-1:00P |

BEGINNING WATERCOLOR GROUP (Drop-in)

(Ages 18 & up) Instructor: Jean Kipfer.

| | | |
|--------------------|---------------------------------------|--------------|
| Pay at door | \$3.00 (Senior Center members no fee) | |
| Th | on-going | 12:30P-2:30P |

HEALTH & FITNESS PROGRAMS

YOGA

(Ages 18 & up) Please bring blanket and/or mat. Other props provided by certified instructor Rae Bielak.

| | | |
|------------------|-----------|-------------|
| 430709-01 | \$61.00 | |
| W | 8/11-8/25 | 7:30P-8:45P |

TAI CHI-CHILDREN

(Ages 8-13) Cool summer activity for kids! Slow motion routines practiced in a group to promote strength, balance and flexibility. Instructor: Trudy Weaver.

| | | |
|------------------|-----------|--------------|
| 430716-01 | \$60.00 | |
| Sa | 6/26-7/31 | 9:15A-10:15A |

TAI CHI-BEGINNER

(Ages 16 & up) Covers 48-position form for beginners. (Beijing Short Form is also reviewed) All routines promote strength, balance, relaxation and flexibility. Instructor: Trudy Weaver.

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|------------------|----------|-------------|
| 430714-01 | \$66.00 | |
| F | 7/9-8/13 | 5:30P-6:30P |

FABULOUS ABS

(Ages 15 & up) Learn proper form. Use therabands,

stability balls, free weights. Bring a mat. Instructor: Sara Lewis

| | | |
|------------------|-----------|-------------|
| 430710-01 | \$28.00 | |
| Th | 6/10-7/15 | 6:15P-6:45P |
| 430710-02 | \$29.00 | |
| Th | 7/22-8/26 | 6:15P-6:45P |

STRENGTH TRAINING

(Ages 16 & up) Orientation class to fitness equipment, free weights and individual fitness program. Instructor: Peggy Carter.

| | | |
|------------------|-----------|-------------|
| 430702-01 | \$28.00 | |
| Th | 6/10-7/15 | 4:30P-5:00P |
| 430702-02 | \$29.00 | |
| Th | 7/22-9/2 | 4:30P-5:00P |

KICKBOXING

(Ages 12 & up) A terrific workout! Instructor: Mahesh Pathirana

| | | |
|------------------|-----------|---------------|
| 430707-01 | \$66.00 | |
| Sa | 6/12-7/31 | 10:30A-11:30A |

ZUMBA

(Ages 16 & up) Latin dance inspired aerobic exercise class. Instructor: Mary Ann Wall.

| | | |
|------------------|-----------|-------------|
| 430701-01 | \$46.00 | |
| Tu | 7/20-8/24 | 6:30P-7:30P |
| 430701-02 | \$46.00 | |
| Th | 7/22-8/26 | 7:00P-8:00P |

FITNESS CENTER MEMBERSHIPS

Full use of the fitness center and state-of-the-art equipment. Get in shape, stay healthy!

| | | |
|----------------------|-------------|--------------|
| Drop-in (Ages 16-54) | \$3.00 | |
| 6-Mos (Ages 16-54) | \$52.00 | |
| 12-Mos (Ages 16-54) | \$104.00 | |
| M-F | 9:00A-4:00P | Ages 55 & up |
| M-F | 4:00P-9:00P | Ages 16 & up |
| Sa | 9:00A-6:00P | Ages 16 & up |

DANCE PROGRAMS

NURSERY BALLET

(Age 2) Early introduction to ballet using props, dance games and songs and classical music. Instructor: Judy Duffy.

| | | |
|------------------|-----------|--------------|
| 430717-01 | \$41.00 | |
| Sa | 7/10-7/31 | 9:30A-10:00A |
| 430717-02 | \$41.00 | |
| Sa | 8/7-8/28 | 9:30A-10:00A |

PRE-BALLET

(Ages 3-4) First introduction of positions, terminology and steps of classical ballet designed to instill confidence and a love of movement in the very young child. Instructor: Judy Duffy.

| | | |
|------------------|-----------|---------------|
| 430718-01 | \$41.00 | |
| Sa | 7/10-7/31 | 10:00A-10:45A |
| 430718-02 | \$41.00 | |

| | | |
|----|----------|---------------|
| Sa | 8/7-8/28 | 10:00A-10:45A |
|----|----------|---------------|

BALLET I

(Ages 5-7) Vaganova technique class. Class transitions from pre-ballet to more structure. Barre, Center, Adagio, Petite and Grand Allegro are introduced. Instructor: Judy Duffy.

| | | |
|------------------|-----------|---------------|
| 430719-01 | \$41.00 | |
| Sa | 7/10-7/31 | 10:45A-11:30A |
| 430719-02 | \$41.00 | |
| Sa | 8/7-8/28 | 10:45A-11:30A |

BALLET II

(Ages 8-10) Vaganova technique class with a focus on execution of steps learned in Ballet I with new technique and pre-pointe during second half. Instructor: Judy Duffy.

| | | |
|------------------|-----------|---------------|
| 430720-01 | \$41.00 | |
| Sa | 7/10-7/31 | 11:30A-12:15P |
| 430720-02 | \$41.00 | |
| Sa | 8/7-8/28 | 11:30A-12:15P |

PERFORMANCE/VARIATIONS FOR THE YOUNG DANCER

(Ages 6 & up) Rehearse choreography to be performed at a later date (TBD). Pre-requisite: current enrollment in ballet with instructor Judy Duffy.

| | | |
|------------------|-----------|-------------|
| 430721-01 | \$51.00 | |
| Sa | 7/10-7/31 | 1:00P-2:00P |
| 430721-02 | \$51.00 | |
| Sa | 8/7-8/28 | 1:00P-2:00P |

BALLROOM DANCE SOCIAL

(Ages 16 & up) One hour of instruction by Jason Conrad, NADTA certified instructor, followed by two hours of dancing. Enjoy a night club atmosphere with refreshments. Couples and singles welcome.

| | | |
|--------------------|-----------------------------|--------------|
| Pay at door | \$10.00/person, \$25/family | |
| F | 6/25, 7/23, 8/27 | 7:00P-10:00P |

INTERMEDIATE LINE DANCE (Drop-in)

(Ages 16 & up) Work your body and mind! Instructor: Arlene Anderson.

| | | |
|--------------------|--------------|-------------|
| Pay at door | \$3.00/class | |
| W | on-going | 6:00P-7:00P |

SOCIALIZING & ENTERTAINMENT

SUMMER SUPPER CLUB

(Ages 18 & up) Go out to dinner with friends. Fee covers roundtrip transportation provided from Carver Center. Each person pays for own dinner and tip.

| | | |
|------------------|-----------|-------------|
| 430704-01 | \$6.00 | |
| Th | 6/10-6/10 | 4:00P-6:00P |
| 430704-02 | \$6.00 | |
| Th | 7/8-7/8 | 4:00P-6:00P |
| 430704-03 | \$6.00 | |

Th 8/12-8/12 4:00P-6:00P

POOL ANYONE?

(Ages 18 & up) Enjoy honing your skills alone or some friendly competition.

Pay at door \$2.00

M-F on-going 4:00P-9:00P
Sa on-going 9:00A-6:00P

SPECIAL EVENTS
PLANT AND SEED EXCHANGE

(All ages) Bring potted plant divisions, bulbs or seeds to exchange. Please label each item clearly. Call 571-258-3400.

Free event

Sa 9/11-9/11 9:00A-11:00A

REGISTER ONLINE!

Visit www.loudoun.gov/webtrac

CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road
Sterling, VA 20164

Athletic Fields: 46150 Loudoun Park Lane
571-258-3700

www.loudoun.gov/claudemoorespark

Join Us in Celebrating CMP's 20th Year as a Loudoun County Park!

Visitor Center/Discovery Room: Daily 9:00A-5:00P
Park Hours: Daily 7:00A-Dusk

PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). Children in drop-off classes must be toilet-trained.

PARENT/CHILD CLASSES
PARK PALS

(Ages 2-4) Discover the outdoors with your grown-up pal. See a bird, meet a beetle, visit a forest, and more, while focusing on monthly nature themes.

461118-01 \$7.00 Explore the Pond
F 6/18-6/18 10:00A-11:00A
461118-02 \$8.50 Bug Buddies

F 7/16-7/16 10:00A-11:00A
461118-03 \$8.50 Walk in the Forest
F 8/20-8/20 10:00A-11:00A

DROP-OFF CLASSES
COOL AS A CUCUMBER

(Ages 3-6) Try out the ways furry foxes and feathered birds use to cool off and you'll get cool too!

461122-01 \$10.50
M 6/14-6/14 9:30A-11:00A

TRICKY TRACKS

(Ages 3-6) Explore the animals of the park by following the tracks and other traces they leave behind. Make a track craft.

461124-01 \$12.50
M 7/12-7/12 9:30A-11:00A

CLEVER AS A FOX

(Ages 3-6) Follow fox footprints and search for fox dens as you explore the lives of the foxes that live in the park.

461130-01 \$12.50
M 8/16-8/16 9:30A-11:00A

ELEMENTARY AGE PROGRAMS
PHOTO FUN IN THE SUN

(Ages 6-10) Explore basic photography and capture the beauty of our park's natural and historic sites. Disposable cameras provided.

461222-01 \$14.50
Sa 8/14-8/14 10:30A-12:00P

MULTI-AGE HIKES AND INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by an adult and advance registration is required, unless otherwise noted.

LANESVILLE OPEN HOUSE

(All ages) Discover the history of this National Register of Historic Places listed property. No registration required.

Free event

Sa 6/19-6/19 10:00A-12:00P

Free event

Sa 7/17-7/17 10:00A-12:00P

Free event

Sa 8/21-8/21 10:00A-12:00P

FROGSHACKLE OPEN HOUSE

(All ages) Discover a treasure trove of objects from nature! No registration required.

Free event

M 6/21-6/21 1:00P-3:00P

Free event

F 7/16-7/16 1:00P-3:00P

Free event

M 8/9-8/9 10:00A-12:00P

SPIDER HEROES

(Ages 11 & under w/adult) Spiders keep us safe from the millions of insects that inhabit the world. Search for spiders and take a close up look at them. [Call to register.](#)

Pay at door \$5.00

Sa 7/10-7/10 10:00A-11:30A

WATCH FOR LOW FLYING DRAGONS

(All ages) With colors that span the rainbow, these dragonfly "monsters" are as beautiful as they are deadly. Look for flying adults and larvae in our ponds. [Call to register.](#)

Pay at door \$5.00

Sa 7/10-7/10 1:00P-2:30P

BEAUTY BEHIND THE DARKNESS

(All ages) Find out what hides in the darkness and seek out their wonderful adaptations for survival in the dark. [Call to register.](#)

Pay at door \$5.00

Sa 7/10-7/10 7:30P-9:00P

FASCINATING FIREFLIES

(All ages) Bring a bug jar for a firefly safari to catch (and release) these fascinating creatures. We'll start with a firefly craft and discover colorful facts about their history. [Call to register.](#)

Pay at door \$5.00

W 7/14-7/14 7:30P-9:00P

NIGHT SOUNDS CAMPFIRE

(All ages) Discover the sounds from toads, insects and more through stories and songs. Make animal noise makers. Toast marshmallows (supplied). Bring a toasting stick. [Call to register.](#)

Pay at door \$5.00

F 7/23-7/23 7:30P-8:45P

BATTY ABOUT BATS

(All ages) Some bats can fly as high as 10,000 feet and catch up to 3,000 insects in a night. Play a bat game and search for bats by sight and with a bat detector. [Call to register.](#)

Pay at door \$5.00

W 8/4-8/4 7:00P-8:30P

SUMMER BUG HUNT

(Ages 11 & under w/adult) Grab a net and search for the bugs, insects and spiders that patrol the park. Look up close at their many differences. [Call to register.](#)

Pay at door \$5.00

Sa 8/7-8/7 10:00A-11:30A

TURTLE EXPLORATION

(Ages 11 & under w/adult) American Indians thought of the turtles as healers and protectors. See the shelled reptiles of the forest and ponds up close. Call to register.

Pay at door \$5.00
Sa 8/7-8/7 1:00P-2:30P

OWL PROWL

(All ages) Walk the trails at night without lights, spot bats, call owls, identify insects and other night animals during this naturalist led walk through the forest. Call to register.

Pay at door \$5.00
Sa 8/7-8/7 8:00P-9:30P

FRIDAY THE 13TH CAMPFIRE

(All ages) Are Friday the 13th and a full moon spooky? Discover the amazing truth, then top off the evening with roasting marshmallows (provided). Call to register.

Pay at door \$5.00
F 8/13-8/13 7:30P-9:00P

20TH ANNIVERSARY CAMPFIRE CELEBRATION

(All ages) Celebrate CMP's 20th Anniversary at a Loudoun County Park! Hear stories, sing songs and play games about nature. Then enjoy toasted marshmallows and s'mores--our treat! Call to register.

Free event
F 8/27-8/27 7:30P-8:45P

JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park history and nature, complete an activity book, take the Junior Ranger pledge and receive your patch.

Pay at door \$2.00
Daily 6/16-8/31 9:00A-5:00P

NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday at CMP. Choose from Turtles, Nature Safari, Fishing (7 & up), and more nature themes for older and younger children.

Call ahead \$90.00
Days vary 6/16-8/31 10:00A-5:00P

GUIDED NATURE OR HISTORY HIKES

(All ages) Group hikes on a variety of topics. Call for information and to schedule.

Call ahead \$4.50
Days vary 6/16-8/31 10:00A-5:00P

CAMPFIRE PROGRAMS

(All ages) Gather around the campfire our naturalist builds to enjoy a nature program including stories, songs and toasting marshmallows. Call for information and to schedule.

Call ahead
Days vary 6/16-8/31 10:00A-9:00P



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane
Sterling, VA, 20164
571-258-3500
M-Th 8:00A-8:00P
F 9:00A-5:00P Sa 9:00A-2:00P
*Supply and material fees are payable to the
instructor at the first class.*

PRESCHOOL AGE PROGRAMS

BREAKFAST IN THE MORNING

(Ages 3-5) Join us for a morning of breakfast. Our menu will include waffles, fresh fruit and juice. All made in class. Instructor: Kely Davis

410101-01 \$12.00 (+\$4 supplies)
W 6/16-6/16 10:00A-11:30A

ABRAKADOODLE TWOOSY DOODLER

(Ages 20-36mos) Your child will be bursting with enthusiasm! This class inspires kids to reach beyond so they can feel empowered to be creative and expressive.

410102-01 \$55.00 (+\$7 supplies)
Tu 6/22-7/13 3:00P-3:45P
410102-02 \$61.50 (+\$7 supplies)
Tu 7/27-8/17 3:00P-3:45P

TINY TOES DANCING

(Ages 4-6) Students will learn basic Irish Dance steps, dancing with a partner and the sound of Celtic music. Instructor: Cathleen Koplets

410103-01 \$75.00
Tu 6/29-8/3 3:00P-3:45P

LET'S BAKE BREAD

(Ages 4-6) Let's knead it, pound it and watch it rise. Class will be filled with a morning of bread making and tasting. Instructor: Kely Davis.

410104-01 \$12.00 (+\$4 supplies)
W 6/30-6/30 1:00P-2:30P

MUSIC TOGETHER

(Birth-Age 4) Children develop a love of music through this research-based curriculum for parents, children and caregivers.

410105-01 \$100.00 (+\$37 supplies)
Tu 7/6-8/10 3:00P-3:45P
410105-02 \$100.00 (+\$37 supplies)
Tu 7/6-8/10 4:00P-4:45P

WE ALL SCREAM FOR ICE CREAM

(Ages 3-5) Art and other activities centered on ice cream. Instructor: Kely Davis

410106-01 \$13.00 (+\$4 supplies)
W 7/14-7/14 3:00P-4:30P

JR REMBRANDTS DRAWING CLASS

(Ages 3-5) We'll concentrate on drawing and coloring while we develop skills in focusing, listening, staying on task, patience, spatial organization, and fine motor movements. Instructor: Young Rembrandts.

410107-01 \$67.00
W 7/7-7/28 3:00P-4:00P
410107-02 \$67.00
W 8/4-8/25 3:00P-4:00P

PRINCESS DANCE CAMP

(Ages 3-5) Enjoy a week long princess dance camp filled with beginning ballet and princess costumes provided.

410108-01 \$81.00
M,W,F 7/26-7/30 9:30A-12:00P

ELEMENTARY AGE PROGRAMS

LILAC FAIRIES

(Ages 5-7) This is a fun creative way to learn to dance. Learn ballet positions and movements. Instructor: Carissa Koontz.

410200-01 \$30.00
M 6/7-6/28 3:15P-4:00P
410200-02 \$31.00
Sa 8/7-8/28 11:30A-12:15P

KINDERTOTS® AGE 2

(Age 2) Toddlers explore their bodies and expand their minds with gross motor development to familiar songs and theme-related activities. Instructor: Kinderdance®.

410155-01 \$25.00 Parachute Playtime
Tu,Th 6/22-6/24 9:15A-9:45A
410155-02 \$25.00 Surfin' USA
Tu,Th 6/29-7/1 9:15A-9:45A
410155-03 \$28.50 Circus
Tu,Th 7/6-7/8 9:15A-9:45A
410155-04 \$28.50 Jungle Safari
Tu,Th 7/20-7/22 9:15A-9:45A
410155-05 \$28.50 Ocean Adventure

| | | |
|------------------|-----------|--------------------|
| Tu,Th | 7/27-7/29 | 9:15A-9:45A |
| 410155-06 | \$28.50 | Journey Into Space |
| Tu,Th | 8/3-8/5 | 9:15A-9:45A |
| 410155-07 | \$28.50 | PJ Dance Party |
| Tu,Th | 8/10-8/12 | 9:15A-9:45A |
| 410155-08 | \$28.50 | Jump & Jive |
| Tu,Th | 8/17-8/19 | 9:15A-9:45A |

KINDERGYM® AGES 3 & 4

(Ages 3-4) Kindergym® combines floor gymnastics with social and gross motor development, physical fitness and movement education. Theme related activities will enhance pre-academic learning of number, colors, shapes, and cords. Instructor: Kinderdance®.

| | | |
|------------------|-----------|--------------------|
| 410156-01 | \$30.00 | Parachute Playtime |
| Tu,Th | 6/22-6/24 | 10:00A-10:45A |
| 410156-02 | \$30.00 | Surfin' USA |
| Tu,Th | 6/29-7/1 | 10:00A-11:30A |
| 410156-03 | \$34.00 | Circus |
| Tu,Th | 7/6-7/8 | 10:00A-10:45A |
| 410156-04 | \$34.00 | Jungle Safari |
| Tu,Th | 7/20-7/22 | 10:00A-10:45A |
| 410156-05 | \$34.00 | Ocean Adventure |
| Tu,Th | 7/27-7/29 | 10:00A-10:45A |
| 410156-06 | \$34.00 | Journey Into Space |
| Tu,Th | 8/3-8/5 | 10:00A-10:45A |
| 410156-07 | \$34.00 | PJ Dance Party |
| Tu,Th | 8/10-8/12 | 10:00A-10:45A |
| 410156-08 | \$34.00 | Jump & Jive |
| Tu,Th | 8/17-8/19 | 10:00A-10:45A |

KINDERGYM® AGES 5 & 6

(Ages 5-6) See description for Ages 3-4.

| | | |
|------------------|-----------|--------------------|
| 410157-01 | \$30.00 | Parachute Playtime |
| Tu,Th | 6/22-6/24 | 11:00A-12:00P |
| 410157-02 | \$30.00 | Surfin' USA |
| Tu,Th | 6/29-7/1 | 11:00A-12:00P |
| 410157-03 | \$34.00 | Circus |
| Tu,Th | 7/6-7/8 | 11:00A-12:00P |
| 410157-04 | \$34.00 | Jungle Safari |
| Tu,Th | 7/20-7/22 | 11:00A-12:00P |
| 410157-05 | \$34.0 | Ocean Adventure 0 |
| Tu,Th | 7/29-7/29 | 11:00A-12:00P |
| 410157-06 | \$34.00 | Journey Into Space |
| Tu,Th | 8/3-8/5 | 11:00A-12:00P |
| 410157-07 | \$34.00 | PJ Dance Party |
| Tu,Th | 8/10-8/12 | 11:00A-12:00P |
| 410157-08 | \$34.00 | Jump & Jive |
| Tu,Th | 8/17-8/19 | 11:00A-12:00P |

DEW DROP FAIRIES

(Ages 2½-4) We will learn creative movement and ballet skills while working on taking turns, listening skills, and having fun. Instructor: Carissa Koontz.

| | | |
|------------------|----------|-------------|
| 410158-01 | \$30.00 | |
| M | 6/7-6/28 | 2:30P-3:15P |

| | | |
|------------------|----------|-------------|
| 410158-02 | \$31.00 | |
| Th | 7/1-7/29 | 2:30P-3:15P |

| | | |
|------------------|----------|---------------|
| 410158-03 | \$31.00 | |
| Sa | 8/7-8/28 | 10:00A-10:45A |

STORY BALLET I

(Ages 2½-4) This is a fun creative way to learn ballet positions and movements. Fun story props like wands, scarves and tutus will be used. No class 7/21. Instructor: Carissa Koontz.

| | | |
|------------------|-----------|-------------|
| 410159-01 | \$30.00 | |
| W | 6/30-7/28 | 2:30P-3:15P |

TINY BALLERINAS

(Ages 2½-3) A great first introduction to dance. We will learn basic skills while working on taking turns, listening skills and having fun. Instructor: Carissa Koontz.

| | | |
|------------------|----------|--------------|
| 410160-01 | \$26.00 | |
| Sa | 8/7-8/28 | 9:30A-10:00A |

STORY BALLET

(Ages 3-6) See description for Story Ballet I.

Instructor: Carissa Koontz

| | | |
|------------------|----------|---------------|
| 410161-01 | \$31.00 | |
| Sa | 8/7-8/28 | 10:45A-11:30A |

STORY BALLET II

(Ages 5-7) We follow a basic creative movement syllabus with a story and choreography at the end of class. Emotions through dance will be developed. Instructor: Carissa Koontz.

| | | |
|------------------|-----------|-------------|
| 410201-01 | \$30.00 | |
| W | 6/30-7/21 | 3:15P-4:00P |

PERFECTLY PRE-BALLET

(Ages 6-7) This is a fun creative way to learn to dance. Learn ballet positions and movements. Instructor: Carissa Koontz.

| | | |
|------------------|----------|--------------|
| 410202-01 | \$31.00 | |
| Th | 7/1-7/22 | 3:15P-4:00P |
| 410202-02 | \$31.00 | |
| Sa | 8/7-8/28 | 12:15P-1:00P |

SO YOU THINK YOU CAN DANCE?

(Ages 9-12) So you think you can dance? Join us for a week-long camp filled with a variety of dances including hip hop, ballet, jazz, and tap.

| | | |
|------------------|----------|--------------|
| 410221-01 | \$80.00 | |
| M,W,F | 6/28-7/2 | 9:30A-12:00P |

BEGINNING IRISH DANCE

(Ages 7-12) Students will learn a beginner reel and beginner jig, as well as the different time sig in the Irish Dance music.

| | | |
|------------------|----------|-------------|
| 410222-01 | \$70.00 | |
| Tu | 6/29-8/3 | 4:00P-5:00P |

HIP HOP DANCE

(Ages 7-9) Learn beginning Hip Hop dance steps. Boys are encouraged to register.

| | | |
|------------------|-----------|--------------|
| 410223-01 | \$81.00 | |
| M,W,F | 8/16-8/20 | 9:30A-12:00P |

VIDEO GAME DESIGN 1

(Ages 8-11) In this class, students create their own 3-D level from a game. They learn to add and create characters, build environments, and change attributes to customize your own game.

Location: C3 Cyber Club, Ashburn.

| | | |
|------------------|--------------------------|---------------|
| 410226-01 | \$89.00 (+\$20 supplies) | |
| Sa | 6/26-7/31 | 10:30A-11:30A |
| 410226-02 | \$99.00 (+\$20 supplies) | |
| Sa | 8/7-9/11 | 10:30A-11:30A |
| 410226-03 | \$99.00 (+\$20 supplies) | |
| M,Tu,W,Th | 7/5-7/8 | 11:00A-12:30P |
| 410226-04 | \$99.00 (+\$20 supplies) | |
| M | 7/5-7/26 | 5:30P-7:00P |
| 410226-05 | \$99.00 (+\$20 supplies) | |
| M,Tu,W,Th | 8/2-8/5 | 11:00A-12:30P |

3D LEGO DESIGN

(Ages 6-10) Students will learn the fundamentals of 3-D design with the use of digital Lego blocks on the computer. There are no limits to their imagination!

Location: C3 Cyber Club, Ashburn.

| | | |
|------------------|--------------------------|--------------|
| 410227-01 | \$89.00 (+\$20 supplies) | |
| Sa | 6/26-7/31 | 9:00A-10:00A |
| 410227-02 | \$99.00 (+\$20 supplies) | |
| Sa | 8/7-9/11 | 9:00A-10:00A |
| 410227-03 | \$99.00 (+\$20 supplies) | |
| Tu | 7/6-7/27 | 5:30P-7:00P |
| 410227-04 | \$99.00 (+\$20 supplies) | |
| Tu | 8/3-8/24 | 5:30P-7:00P |

MULTI-AGE PROGRAMS**SCOTTISH HIGHLAND DANCE**

(All ages) Learn the basic movements and positions of Scottish Highland Dance and vocabulary needed for this wonderful dance form. Instructor: Carissa Koontz.

| | | |
|------------------|-----------|-------------|
| 410704-01 | \$36.00 | |
| Tu | 6/29-7/20 | 7:00P-8:00P |

FILM MAKING 1

(Ages 6-12) Learn what it takes to work as a team to build and create a movie from the ground up. Create a story, act in your own movie and learn different camera techniques!

Location: C3 Cyber Club, Ashburn

| | | |
|------------------|---------------------------|--------------|
| 410725-01 | \$129.00 (+\$20 supplies) | |
| Sa | 6/26-7/31 | 9:00A-10:15A |
| 410725-02 | \$143.00 (+\$20 supplies) | |
| Sa | 8/7-9/11 | 9:00A-10:15A |

410725-03 \$143.00 (+\$20 supplies)
M,W 7/5-7/28 5:30P-6:30P
410725-04 \$143.00 (+\$20 supplies)
M,W 8/2-8/25 5:30P-6:30P

2-D GAME DESIGN

(Ages 8-13) Create your own classic arcade games from scratch by learning the art of 2-D game design. Create sprites, level objectives, enemies and more! This is the perfect class for beginners.

Location: C3 Cyber Club, Ashburn

410726-01 \$99.00 (+\$20 supplies)
M,Tu,W,Th 7/26-7/29 11:00A-12:30P
410726-02 \$99.00 (+\$20 supplies)
Th 7/8-7/29 5:30P-7:00P
410726-03 \$99.00 (+\$20 supplies)
M,Tu,W,Th 8/23-8/26 11:00A-12:30P
410726-04 \$99.00 (+\$20 supplies)
Th 8/5-8/26 5:30P-7:00P

LUNCH WITH MY DAD

(All ages) Have an early Father's Day Lunch and make ice cream sundaes for dessert. Price includes 1 adult and 1 child. Each additional participant is \$5. Register children's names only.

410700-01 \$10.00
Sa 6/19-6/19 11:30A-12:30P
410700-02 \$5.00
Sa 6/19-6/19 11:30A-12:30P

ADULT PROGRAMS

WEED BASKET WORKSHOP

(Ages 18 & up) A small, two-sided plaited basket suitable for handling small items. The sides are a continuous weave and the rim is lashed on. Bring a towel, large bucket, awl or ice pick, spring type clothes pins, utility or heavy duty scissors, measuring tape, pencil and a large plastic bag. Instructor: Deborah Wells.

410500-01 \$28.00 (+\$11 supplies)
Sa 6/26-6/26 9:15A-1:15P

CHRISTMAS TREE IN JULY BASKET

(Ages 18 & up) This is a twined basket on a wooden holiday tree form. The stakes are inserted to the form, sides are twined, and the rim is braided. Bring a towel, large bucket, utility or heavy duty scissors, awl or ice pick, tape measure, spring type clothes pins, pencil and large plastic bag. Instructor: Deborah Wells.

410501-01 \$29.00 (+\$20 supplies)
Sa 7/24-7/24 9:15A-1:15P

TWILL MARKET BASKET

(Ages 18 & up) This is a medium-sized market basket with a twill weave on the start/stop sides. Lash on a rim around an oak handle. Bring a towel, large bucket, awl or ice pick, utility or heavy duty scissors, tape measure, spring type clothes pins, pencil and a large plastic bag. Instructor: Deborah Wells.

410502-01 \$29.00 (+\$15 supplies)
Sa 7/31-7/31 9:15A-1:15P

SHORT CUTS BASKET

(Ages 18 & up) This is a plaited basket with use of the three-rod chase weave and French randing. The rim is lashed on. Bring a towel, large bucket, awl or ice pick, utility or heavy duty scissors, tape measure, spring type clothes pins, pencil and a large plastic bag. Instructor: Deborah Wells.

410503-01 \$29.00 (+\$15 supplies)
Sa 8/28-8/28 9:15A-9:15P

BALLET

(Ages 18 & up) Designed for the beginner or someone returning to ballet. Class includes traditional bar exercises, gentle stretching, centering, and exercises across the floor. Instructor: Carissa Koontz.

410504-01 \$36.00
Tu 6/29-7/20 7:00A-8:00P

BHANGRA WORKOUT

(Ages 18 & up) This exercise dance routine modernizes the high-energy folk dance of Bhangra by blending traditional dance steps and Bollywood moves. Cardiovascular fun suitable for all ages and fitness levels.

410508-01 \$60.00
Th 6/24-8/12 7:15P-8:00P



For complete summer camp information, visit www.loudoun.gov/camps

CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane
Sterling, VA 20164

571-258-3600

571-258-3601 (fax)

www.loudoun.gov/claudemoorerec

Facility Hours:*

M-F 5:00A-9:30P • Sa-Su 8:00A - 8:00P

Closed Memorial Day, 5/24/2010

Close at noon (12:00P) July 4th

Closed Labor Day, 9/6/2010

ADULT SWIM FITNESS CLASSES

For a complete list of class section numbers, visit www.loudoun.gov/prcs and click on the WebTrac link.

| CLASS AND ACTIVITY NUMBER | ENTRY REQUIREMENT | CLASS OBJECTIVE | CLASS LENGTH | FEE (Effective 7/1) |
|-------------------------------|-----------------------------|---|--------------|--|
| Aqua Fit 473465 | Comfortable in 4ft of water | Using the water for resistance, this class offers a challenging cardiovascular training as well as strength conditioning to promote healthy individuals.. | 50 minutes | 8 classes- \$65 10 classes- \$81 12 classes- \$97 15 classes- \$121 |
| Deep Water Aqua 473468 | Comfortable in deep water | Challenging workout with less stress on your joints. Class will include aerobic work as well as strength and flexibility training | | |

Competition Pool

M-F 5:00A-9:15P • Sa-Su 8:00A-7:45P

Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P

*Please call for availability of the leisure pool features and rock wall. Hours are subject to change based on customer demand.

ADMISSION FEES

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

| Daily | Resident | Non-Res |
|---|----------|---------|
| Under 3 (plastic training pants required) | Free | Free |
| Ages 3-17 | \$3.75 | \$5.75 |
| Adults 18-54 | \$5.50 | \$8.25 |
| Ages 55+ | \$3.75 | \$5.75 |
| Chaperone Fee* | \$2.00 | \$2.00 |
| (*adults accompanying youth 5-12, but not utilizing CMRC; MUST be in pool with <=5 yrs, pay full admission fee) | | |

Admission Pass (25 admissions no expiration)

| | | |
|-----------------|-------|-------|
| Ages 3-17 & 55+ | \$85 | \$128 |
| Ages 18-54 | \$120 | \$180 |

Monthly Passes (unlimited use)

| | | |
|---------------------|------|-------|
| Single Adult | \$46 | \$69 |
| Two Adults (Family) | \$71 | \$107 |
| Family Dependent | \$12 | \$18 |
| Family | \$84 | \$125 |
| Single Dependent | \$34 | \$50 |
| Senior | \$34 | \$50 |
| Senior Couple | \$52 | \$78 |

Annual Membership (unlimited use)

| | | |
|---------------------|--------|--------|
| Single Adult | \$550 | \$825 |
| Two Adults (Family) | \$850 | \$1020 |
| Family Dependent | \$140 | \$210 |
| Family | \$1000 | \$1500 |
| Single Dependent | \$400 | \$600 |
| Senior | \$400 | \$600 |
| Senior Couple | \$620 | \$930 |

Drop-in Care for Children (6 mos – 10 years)

| | |
|---|--------------|
| M, W, F, Sa | 9:00A-12:00P |
| M, W | 3:30P-7:30P |
| Friday | 3:30P-6:30P |
| Cost for drop-in child care is \$4 per child per visit. | |

GENERAL INFORMATION

FACILITY RENTALS

Rental options include a carpeted multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

RECREATION CENTER BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms; Stop by to secure a date. Full payment is due at time of reservation.

AQUATICS & SAFETY PROGRAMS

LIFEGUARD CLASS

Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and get 10lb. brick from bottom of at least 9 ft. of water at first class.

Bring swimsuit and towel everyday. Attendance is mandatory at every class.

| | | |
|------------------|-----------|--------------|
| 473290-01 | \$200.00 | |
| M, Tu, W, Th, F | 6/21-6/25 | 10:00A-6:00P |
| 473290-02 | \$201.00 | |
| Su, Sa | 7/10-7/18 | 10:00A-6:00P |
| 473290-03 | \$201.00 | |
| Su, Sa | 8/14-8/22 | 10:00A-6:00P |

FIRST AID/CPR FOR COMMUNITY

(Ages 15 & up) This is an American Red Cross First Aid and CPR class for the community. You must stay for the entire class.

| | | |
|------------------|-----------|--------------|
| 473292-01 | \$85.00 | |
| Sa | 6/26-6/26 | 10:00A-6:00P |
| 473292-02 | \$86.00 | |
| Sa | 7/24-7/24 | 10:00A-6:00P |

JUNIOR GUARD PROGRAM

(Ages 11-15) The week will feature a variety of activities designed to show what being a lifeguard is all about.

| | | |
|------------------|-----------|--------------|
| 473295-01 | \$50.00 | |
| M, Tu, W, Th, F | 6/21-6/28 | 11:00A-5:00P |
| 473295-02 | \$50.00 | |
| M, Tu, W, Th, F | 6/28-7/2 | 11:00A-5:00P |
| 473295-03 | \$51.00 | |
| M, Tu, W, Th, F | 7/5-7/9 | 11:00A-5:00P |
| 473295-04 | \$51.00 | |
| M, Tu, W, Th, F | 7/12-7/15 | 11:00A-5:00P |
| 473295-05 | \$51.00 | |
| M, Tu, W, Th, F | 7/19-7/23 | 11:00A-5:00P |
| 473295-06 | \$51.00 | |
| M, Tu, W, Th, F | 7/26-7/29 | 11:00A-5:00P |
| 473295-07 | \$51.00 | |
| M, Tu, W, Th, F | 8/2-8/6 | 11:00A-5:00P |
| 473295-08 | \$51.00 | |
| M, Tu, W, Th, F | 8/9-8/13 | 11:00A-5:00P |

ADULT SWIM FITNESS CLASSES

For a complete list of class section numbers, visit www.loudoun.gov/prcs and click on the WebTrac link.

| CLASS | M/W A. 6/21-7/14 (8) B. 7/19-8/18 (10) | Tu/Th A. 6/22-7/15 (8) B. 7/20-8/19 (10) |
|-----------------|--|--|
| Aqua Fit | 7:00A | 9:30A 6:30P |
| Deep Water Aqua | 7:00A 8:00A | |

| | | |
|------------------|-----------|--------------|
| 473295-09 | \$51.00 | |
| M, Tu, W, Th, F | 8/16-8/20 | 11:00A-5:00P |
| 473295-10 | \$51.00 | |
| M, Tu, W, Th, F | 8/23-8/27 | 11:00A-5:00P |

CLAUDE MOORE AQUATICS CLUB

Join the Tiger Sharks! The program includes swim team classes, as well as our water polo team. Classes are designed to move your child to the next level. All programs are eligible for competition in tournaments and meets. We will hold our own in-house swim meets and water polo tournaments. All competitions have a separate entry fee. All upper levels require an approval form and on-site registration at CMRC.

Swim Lesson Evaluations:

| | |
|---------------|--------------|
| 6/4, 7/2, 8/6 | 5:00P-7:00P |
| 6/5, 7/3, 8/7 | 12:00P-4:00P |

FITNESS & SPORTS PROGRAMS

INDIVIDUAL AND GROUP VOLLEYBALL TRAINING

Beyond the Net provides individual, small or large group, volleyball skill training and position-specific instruction. The program provides the necessary tools to help athletes become better volleyball players and achieve success Beyond the Net. Contact Ryan Keelor at 571-258-3600 or ryan.keelr@loudoun.gov.

SPORTS MIX SUMMER

(Ages 3-6) This class introduces a variety of sports including soccer, basketball, floor hockey, t-ball and more.

473127-01 \$50.00

PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 6 & up) Half-hour lessons are arranged by request only and scheduled monthly. Request forms are available for pick-up at, and must be returned to, CMRC. Call 571-258-3600 x1566.

| Resident | Private | Semi-Private |
|---------------|---------|--------------|
| 4 lessons | \$150 | \$100 |
| 8 lessons | \$280 | \$195 |
| Non- Resident | Private | Semi-Private |
| 4 lessons | \$225 | \$150 |
| 8 lessons | \$420 | \$293 |

PRESCHOOL SWIM CLASSES

For a complete list of class section numbers, visit www.loudoun.gov/prcs and click on the WebTrac link.

| CLASS & ACTIVITY NUMBER | AGE | ENTRY REQUIREMENT | CLASS OBJECTIVE | CLASS LENGTH | FEE (Effective 7/1) |
|--|----------|--|---|--------------|---------------------|
| Parent/Child Level 1 473151 | 6-36 mos | Parent in water | Water adjustment, safety skills | 30 Minutes | 4 classes- \$43 |
| Parent/Child Level 2 473152 | 24-48 mo | Parent in water | Water adjustment, skill readiness, safety | | 5 classes- \$53 |
| | | | | | 6 classes- \$63 |
| | | | | | 7 classes- \$73 |
| Preschool Level 1 473153 | 3-5 yrs | Leave parent willingly; Can follow directions | Water safety & basic swim skills with assistance | | 8 classes- \$83 |
| | | | | | 9 classes- \$93 |
| Preschool Level 2 473154 | 3-5 yrs | Face underwater 5 sec. Blow bubbles Front kicking with support | Development of basic swim skills with child learning to become less dependent on the instructor | | |
| Preschool Level 3 473155 | 3-5 yrs | Submerge totally—5 times Front float/glide unassisted | Refinement of basic skills with emphasis on no instructor assistance | | |

M,W,F 6/21-6/25 9:00A-11:00A
473127-02 \$51.00
 M,W,F 7/12-7/16 9:00A-11:00A
473127-03 \$51.00
 M,W,F 8/9-8/13 9:00A-11:00A

SPORTS MIX SUMMER ADVANCED

(Ages 4-6) Improve skills in soccer, basketball, floor hockey, t-ball and more. Previous Sports Mix class recommended, but not required.

473128-01 \$55.00
 M,W,F 6/28-7/2 9:00A-11:00A
473128-02 \$56.00
 M,W,F 7/19-7/23 9:00A-11:00A
473128-03 \$56.00
 M,W,F 8/16-8/20 9:00A-11:00A

SOCCER 4 STARTERS

(Age 3-5) SCORE! Dribbling, passing, teamwork, and scoring will be taught.

473131-01 \$41.00
 Sa 7/10-7/31 9:00A-9:45A
473131-02 \$41.00
 Sa 8/7-8/28 1:00P-1:45P

SOCCER ACADEMY

(Age 5-9) This class is an introduction to the sport of soccer with dribbling, passing, teamwork, and scoring. Location: Gymnasium

473203-01 \$41.00
 Sa 7/10-7/31 10:00A-10:45A
473203-02 \$41.00
 Sa 8/7-8/28 2:00P-2:45P

(NEW) SUMMER CAMPS

BROADWAY BABIES CAMP

(Ages 5-7) Learn to dance tap, jazz, and ballet from the Broadway Musical "Annie". Mini show on last day of camp.

773222-01 \$150.00
 M-F 6/21-6/25 9:00A-12:30P

HIP HOP AND JAZZ CAMP

(Ages 6-9) Learn moves from current hip children's movies and videos. Camp will involve jazz and hip hop.

773223-01 \$151.00
 M-F 7/19-7/23 9:00A-12:30P

PRESCHOOL SWIM CLASSES

For a complete list of class section numbers, visit www.loudoun.gov/prcs and click on the WebTrac link.

| CLASS | M-Th A. 6/21-7/1 (8) B. 7/5-7/15 (8) C. 7/19-7/29 (8) D. 8/2-8/12 (8) E. 8/16-8/26 (8) | M/W A. 6/21-7/7 (6) B. 7/14-8/2 (6) C. 8/9-8/23 (5) | Tu/Th A. 6/22-7/8 (6) B. 7/15-8/4 (6) C. 8/10-8/24 (5) | Saturday A. 6/26-7/17 (4) B. 7/31-8/21 (4) | Sunday A. 6/27-7/25 (4) No class 7/4 B. 8/1-8/22 (4) |
|----------------------|---|--|---|--|---|
| Parent/Child Level 1 | | 10:20A 5:40P | 9:40A 10:20A | 8:30A | 9:10A |
| Parent/Child Level 2 | | 9:00A 9:40A 6:20P 7:20P | 9:00A 5:00P 7:00P | 8:00A | 8:30A 9:50A 9:10A |
| Preschool Level 1 | 9:00A 9:00A 9:40A 10:20A 10:20A | 5:00P 5:00P 6:30P 7:20P | 5:00P 5:00P 5:40P | 8:40A 9:20A | 8:00A 8:40A 9:20A 10:00A 10:00A |
| Preschool Level 2 | 9:00A 9:40A 9:40A 4:40P 5:20P 6:30P | 5:40P 6:00P 6:00P 6:20P | 5:40P 5:40P | 8:00A 8:20A 9:00A 9:20A 10:20A | 8:00A 8:40A |
| Preschool Level 3 | 9:40A 4:30P 5:10P | 9:40A 6:00P 5:00P 7:00P | 9:40A 6:20P | 8:40A 9:20A 9:50A 10:00A 10:30A | 8:30A 9:20A 10:30A |

GROUP EXERCISE
ZUMBA

(Age 18 & up) With high tempo music and the latest dance moves - from Salsa to Hip/Hop and Flamenco to Belly - this class will whip you into shape and energize your day.

473504-01

\$93.00

Th

7/1-8/19

6:00P-7:00P

473509-02

\$81.00

Th

7/1-8/19

9:30A-10:30A

BASIC HATHA YOGA

(Ages 18 & up) Build strength, flexibility, balance, and meditation skills with Ms. Cindy.

473509-01

\$80.00

M

6/28-8/16

10:45A-11:45A

PILATES

(Ages 18 & up) Focus on correct breathing, posture and core strengthening for all fitness levels.

AMERICAN RED CROSS CLASSES

For a complete list of class section numbers, visit www.loudoun.gov/prcs and click on the WebTrac link.

| CLASS & ACTIVITY NUMBER | AGE | ENTRY REQUIREMENT | CLASS OBJECTIVE | CLASS LENGTH | FEE (Effective 7/1) |
|---|---------|---|---|--------------|---|
| Level 1 473251 | 6-12 | Function in group setting; Leave parent willingly | Water safety & basic swim skills with assistance | 30 minutes | 4 classes- \$43 5 classes- \$53 |
| Level 2 473252 | 6-12 | Be able to complete class objectives of Learn-To-Swim Level 1 | Development of basic swim skills with child learning to become less dependent on the instructor | | 6 classes- \$63 7 classes- \$73 8 classes- \$83 |
| Level 3 473253 | 6-12 | Be able to complete class objectives of Learn-To-Swim Level 2 | Refinement of basic skills with emphasis on no instructor assistance | | 9 classes- \$93 |
| Level 4 473254 | 6-12 | Be able to complete class objectives of Learn-To-Swim Level 3 | Perform feet-first entry Front & elm. Back crawl- 25yds Breaststroke, back crawl-15yds | 40 minutes | 4 classes- \$55 5 classes- \$68 |
| Level 5 473255 | 6-12 | Be able to complete class objectives of Learn-To-Swim Level 4 | Perform shallow angle dive Front & elm. Back crawl - 50yds Breaststroke, back crawl- 25yds | | 6 classes- \$81 7 classes- \$94 |
| Level 6.1 Fitness Swimmer 473256 | 6-12 | Be able to complete class objectives of Learn-To-Swim Level 5 | Choice stroke- 500yds Jump in deep water, survival float, back float - 5mins Feet first dive (Deep), retrieve object, surface and return to starting point. | | 8 classes- \$107 |
| Adult 1 473461 | 13 & up | Willingness to learn | Water adjustment and introduction to swimming skills | | |
| Adult 2 473462 | 13 & up | Submerge Face in water and swim independently on front for 5yds | Begin to develop locomotion skills. | | |

473511-01 \$88.00
W 6/30-8/18 6:30P-7:30P

**FITNESS TRAINING
& PROGRAM DESIGN**

PERSONAL TRAINING-INDIVIDUAL
(Ages 12 & up) Half-hour, 1-hour, and 1½-hour

individual training sessions arranged by advance appointment. Individualized attention for instruction and motivation. Call 571-258-3600, x1589, or email john.hinton@loudoun.gov.

PERSONAL TRAINING-GROUP

The certified trainers with MASE Training, LLC are committed to helping you obtain your fitness goals.

MASE is available for **free** fitness assessments, as well as one free phone nutritional consultation. Contact the Recreation Center or call MASE Training, LLC at 571-434-6273.

PROGRAM DESIGN

(Ages 18 & up) May be strenuous. This 55-minute seminar teaches the basics of successful program

AMERICAN RED CROSS CLASSES

For a complete list of class section numbers, visit www.loudoun.gov/prcs and click on the WebTrac link.

| CLASS | M-Th A. 6/21-7/1 (8) B. 7/5-7/15 (8) C. C. 7/19/-7/29 (8) D. 8/2-8/12 (8) E. 8/16-8/26 (8) | M/W A. 6/21-7/7 (6) B. 7/14-8/2 (6) C. 8/9-8/23 (5) | Tu/Th A. 6/22-7/8 (6) B. 7/15-8/3 (6) C. 8/10-8/24 (5) | Saturday A. 6/26-7/17 (4) B. 7/31-8/21 (4) | Sunday A. 6/27-7/25 (4) No class 7/4 B. 8/1-8/22 (4) |
|---------------|---|--|---|--|---|
| Level 1 | 8:00A 4:40P 6:00P | 5:00P | 6:20P | 10:00A | 8:00A |
| Level 2 | 9:00A 10:20A | 10:20A | 6:20P | 8:00A 8:00A 8:40A 9:40A 10:00A | 8:40A 9:20A |
| Level 3 | 9:00A 9:40A 4:30P 5:10P | 5:00P | 6:20P | 12:00P 12:40P 1:20P | 8:40A 9:20A |
| Level 4 | 10:20A | 5:00P | 5:00P | 12:00P 12:40P | 8:00A 10:00A |
| Level 5 | 9:40A | 5:40P | 5:40P 7:00P | 1:20P | 9:50A 10:30A |
| Level 6.1 | 9:00A | 6:30P | 7:50P | 2:10P | 11:20A |
| Adult Level 1 | | | 5:00P | 1:20P | 12:00P |
| Adult Level 2 | | | 5:40P | 2:00P | 12:50P |

design. Includes follow-up with instructor. Schedule changes monthly. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473706-01 \$60.00
M-Su 6/20-8/31

ADULT FITNESS ORIENTATION, CV

(Ages 16 & up) May be strenuous. Learn how to start, program, and safely use our cardiovascular equipment. Schedule changes monthly. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473523-01
M-Su 6/20-8/31

ADULT FITNESS ORIENTATION, STR

(Age 16 & up) May be strenuous. Learn how to set the seat, along with proper form and technique to safely use our strength equipment. Schedule changes monthly. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473524-01
M-Su 6/20-8/31

FITNESS TESTING

(Ages 16 & up) May be strenuous. A 55-minute session to measure body fat, strength, endurance, and flexibility. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473709-01 \$25.00
M-Su 6/20-8/31

CARDIO WORKOUT PROGRAM

(Ages 16 & up) May be strenuous. Includes a 30-minute cardiovascular test on the treadmill or cycle, plus a follow-up plan. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473711-01 \$75.00
M-Su 6/20-8/31

ORIENTATION TO FREE WEIGHTS

(Ages 16 & up) May be strenuous. This 55-minute class covers the safe use of free weights, including proper form and technique. Schedule changes monthly. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473712-01 \$10.00
M-Su 6/20-8/31

YOUTH FITNESS ORIENTATION

(Ages 12-15) May be strenuous. Two one-hour sessions to learn proper form, technique, and safety on cardiovascular and weight machines. Contact John.Hinton@loudoun.gov or call 571-258-3600.

473723-01 \$10.00
M-Su 6/20-8/31

MARTIAL ARTS/SELF DEFENSE PROGRAMS

COMBA TAI KARATE (AGES 7 +)

(Ages 7 & up) May be strenuous. Comba Tai Karate emphasizes mental, physical, and spiritual growth. Class also meets Saturdays 9:00A-10:00A.

| | | |
|------------------|----------|-------------|
| 473702-01 | \$120.00 | |
| Tu,Th | 6/1-7/1 | 6:30P-7:30P |
| 473702-02 | \$97.00 | |
| Tu,Th | 7/6-7/31 | 6:30P-7:30P |
| 473702-03 | \$97.00 | |
| Tu,Th | 8/3-8/28 | 6:30P-7:30P |

FENCING PROGRAMS

Fencing classes for all levels of ability are offered in partnership with "Have Blade Will Travel".

Students may bring equipment or pay equipment rental fee to the instructor at the first class.

PRIVATE LESSONS

(Ages 8 & up) Twenty minutes of personal instruction with Coach Geoff Butler or Coach Greg Kaidonov arranged by appointment. Contact ryan.keelr@loudoun.gov or call 571-258-3600.

LITTLE PIRATES FENCING

(Ages 4-7) Learn how to sword fight like a pirate! This class also serves as an introduction to the sport of Fencing.

| | | |
|------------------|-----------|-------------|
| 473137-01 | \$70.00 | |
| M | 6/21-7/19 | 6:30P-7:30P |
| 473137-02 | \$78.00 | |
| M | 7/26-8/23 | 6:30P-7:30P |

FENCING: RECREATIONAL

(Ages 8 & up) Designed for students who are new to the sport, still need to grasp the fundamentals, or are not interested in competitive fencing.

| | | |
|------------------|---------------------------|-------------|
| 473326-01 | \$70.00(+ \$20 equipment) | |
| M | 6/21-7/19 | 6:30P-7:30P |
| 473326-02 | \$78.00(+ \$20 equipment) | |
| M | 7/26-8/23 | 6:30P-7:30P |

FENCING: GENERAL

(Ages 8 & up) Class helps prepare students for competitive fencing class. Focuses on furthering basic parries, attacks, and drills. All three fencing disciplines are welcome. Prior experience required. Must be approved by a Have Blade coach.

| | | |
|------------------|---------------------------|-------------|
| 473331-01 | \$70.00(+ \$20 equipment) | |
| M | 6/21-7/19 | 6:30P-7:30P |
| 473331-02 | \$78.00(+ \$20 equipment) | |
| M | 7/26-8/23 | 6:30P-7:30P |

FENCING: COMPETITIVE

(Ages 11 & up) Students need approval by Coach Greg Kaidanov or Geoff Butler, or proof of a mini-

mum E ranking by USFA. Designed for fencers who want to improve their USFA ranking or become a ranked fencer. All 3 fencing disciplines are welcome. Coach: Greg Kaidanov.

| | | |
|------------------|----------------------------|-------------|
| 473332-01 | \$90.00(+ \$20 equipment) | |
| M | 6/21-7/19 | 6:30P-7:30P |
| 473332-02 | \$100.00(+ \$20 equipment) | |
| M | 7/26-8/23 | 6:30P-7:30P |

FENCING: ADULT BEGINNER

(Ages 18-65) This class will focus on teaching the basic stance, lunge, parries, and basic attacks, as well as the basic concepts of fencing.

| | | |
|------------------|----------------------------|-------------|
| 473527-01 | \$60.00 (+ \$20 equipment) | |
| M | 6/21-7/19 | 7:45P-8:45P |
| 473527-02 | \$67.00 (+ \$20 equipment) | |
| M | 7/26-8/23 | 7:45P-8:45P |

DANCING

TINY TUTUS

(Ages 3-5) Introduction to the fun of classical ballet and creative movement. Learn vocabulary & technique while improving coordination, flexibility, balance, and focus.

| | | |
|------------------|-----------|--------------|
| 473107-01 | \$51.00 | |
| Sa | 7/10-7/31 | 12:15P-1:00P |
| 473107-02 | \$66.00 | |
| W | 7/21-8/18 | 12:15P-1:00P |

BALLET, TAP AND JAZZ

(ages 5-7) Introduce your child to the fundamentals of classical ballet and jazz. At the end of each class tap will be introduced.

| | | |
|------------------|-----------|-------------|
| 473208-01 | \$71.00 | |
| W | 7/21-8/18 | 1:15P-2:00P |

LYRICAL JAZZ DANCE

(Ages 9-13) Have fun while learning the basics to both lyrical and jazz dance.

| | | |
|------------------|-----------|---------------|
| 473216-01 | \$51.00 | |
| Sa | 7/10-7/31 | 11:15A-12:00P |

BALLET FOR YOUTH

(Ages 5-7) Explore classical and contemporary ballet. Improve coordination, balance, flexibility, and focus while learning to love the art of dance.

| | | |
|------------------|-----------|-------------|
| 473236-01 | \$51.00 | |
| Sa | 7/10-7/31 | 1:15P-2:00P |

SPECIAL EVENTS

LIBERTY CLIMB

(Ages 6 & up) Climb the rock wall and ring a liberty bell at the top! Grab some freedom prizes along the way!

| | | |
|------------------|---------|--------------|
| 473727-01 | \$5.00 | |
| Sa | 7/3-7/3 | 9:00A-11:00A |

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www.loudoun.gov/camps**

HERITAGE FARM MUSEUM

21668 Heritage Farm Lane
Sterling, VA 20164

571-258-3800

www.loudoun.gov/prcs/lhfm

www.heritagefarmmuseum.org

Hours: Tu-Sa 10A-5P, Su 12P-5P

Beginning July 1 Hours: Th-Sa 10A-5P

Admission: \$5/Adults, \$4/Seniors, \$3/Children
2-12*

*Ask about our Annual Pass Program

Preserving, promoting and bringing to life the history of farming and the rich agricultural heritage of Loudoun County.

PERMANENT EXHIBITS

Our exhibits support the Virginia Standards of Learning and can accommodate studies in science, technology, history, and social sciences.

IT'S JUST A WAY OF LIFE

Travel through time to meet the 10 generations of Loudoun County residents that built this county and left their mark on the land.

CLAUDE MOORE CHILDREN'S FARM

Be a "farmer for a day" in our interactive exhibit area for children and their families. Milk a life-like cow, collect eggs from the play chickens, and ride the Equi-ponies.

WAXPOOL GENERAL STORE

The Waxpool General Store has been preserved as a time capsule of days gone by. Tour the store and play shopkeeper, shopper, or postmaster. Collections tours and research available by appointment.

IN THE KITCHEN: FAMILY LIFE ON THE FARM

An interactive exhibit on farm kitchens in the decade before WWI. Features appliances and furnishings used in kitchens before the electrification of farm homes.

ADULT CLASSES

AFTERNOON TEA

(Ages 18 & up) Enjoy tea, snacks, and companionship. Perfect for senior and community groups. Curator talk available by request. Programs run 12:00P-2:00P and 2:30P-4:30P weekdays. For groups by reservation only. Call to schedule. Minimum fees apply. \$5/Adults; \$4/Seniors

IN THE KITCHEN: GALLERY TALK

(Ages 18 & up) Travel back 100 years ago to a Loudoun Farm Kitchen with the Museum Curator. Lecture and discussion of farm family life before electricity and running water. Call to schedule. Special pricing.

AITC WORKSHOP: GARDEN IN THE CLASSROOM "SPROUTING SUCCESS"

(Ages 18 & up) Continuing education certification credit available for eligible teachers. SOL-based lesson plans and free take-home classroom materials. Call 571-258-3800 to register.

Open enrollment

M 8/9-8/9 9:00A-2:00P

PRCS staff only

M 8/16-8/16 9:00A-2:00P

LCPS Staff Only

Date TBD 9:00A-2:00P

SUMMER GRADUATE-LEVEL INTERNSHIP

(Ages 18 & up) Eligible graduate students in history, arts or science may apply for this competitive internship in museum education or collections management. Call for information.

TEEN CLASSES

GUEST CURATOR

(Ages 14 & up) Complete a unique project with your class or community organization by creating a museum exhibit under the guidance of our curatorial staff.

MUSEUM APPRENTICE PROGRAM

(Ages 14 & up) Learn about farm life a century ago and serve as a docent in our newest exhibit, "In the Kitchen: Family Life on the Farm." Resume-building experience to enhance studies in history.

PARENT/CHILD CLASSES

FARMIN' FUN

(Ages 2-5) Literacy-based program for parents and preschoolers. Children learn about a part of the farm through a story, get the wiggles out during guided play, and enjoy a fun hands-on craft project. Cost includes one parent and one child.

460108-01 \$8.50 Daring Ducks
F 6/25-6/25 9:30A-10:30A

460108-02 \$9.50 Barnyard Boogie
F 7/9-7/9 9:30A-10:30A
460108-03 \$9.50 Rambunctious Roosters
F 8/20-8/20 9:30A-10:30A

SCOUT PROGRAMS

We lead scouts through the requirements for badges, patches and achievements. Interactive, hands-on, supplemental material included. Programs last approximately one hour. Leaders must accompany troops. Minimum fees apply; additional charge for badges. Registration required.

BROWNIES-LISTENING TO THE PAST

(Grades 1-3) Learn how children lived a long time ago. Document your own life. Practice listening to histories of your friends and family to create an oral history. \$5.00/Scout

BROWNIES - PENNY POWER TRY IT

(Grades 1-3) Learn the basics of managing money. Class utilizes the Waxpool General Store and children's play area. Includes a visit to the gift shop and a take-home treat. \$5.00/Scout

BROWNIES - PLANTS TRY IT

(Grades 1-3) Be a scientist for a day as we explore, observe, create, measure, and document. Includes a short tour and two hands-on experiments. \$5.00/Scout

BROWNIES - MANNERS TRY-IT

(Grade 1-3) Visit our new interactive kitchen exhibit and earn your manners Try-It badge. \$5.00/Scout

JRGS LOCAL - LORE BADGE

(Grades 4-6) Read all about it, sing someone's praises, practice word of mouth, focus on the future, tour your community and take pride in your heritage. Use our Local Lore packet to complete the six requirements. \$5.00/Scout

SRGS INTEREST PROJECT

(Grades 6-8) Complete Skills Builders, Technology, Service Projects and Career Exploration projects with our staff. Special pricing.

TIGER CUB BADGE - MAKING MY FAMILY SPECIAL

(Grades 1-2) Compare family life years ago to family life today. Play games from the past, practice chores and start a scrapbook to help preserve your history. \$5.00/Scout

BEAR CUB BADGE - WHAT MAKES AMERICA SPECIAL

(Grades 3-5) Learn what it means to be a good citizen and how ordinary people serve their country.

Practice the flag ceremony and participate in activities to build your community. \$5.00/Scout

EAGLE SCOUT AND GOLD AWARD

(Grades 9-12) We work with you to develop a project to meet your needs. Projects include gardening, wood working, oral history and exhibit development.

Special pricing.

SCHOOL PROGRAMS AND TOURS

We offer classes, programs and guided tours for groups. Programs last approximately one hour. Chaperones required and minimum fees apply. Call to schedule; registration required.

INSTRUCTOR-GUIDED PLAYTIME

(Grades pre-K) Develop important social, motor and cognitive skills through a farm-based play and story time. Designed for early learners. Can be added to other programs. \$3.50/Student

FARMIN' FEVER

(Grades pre-K-K) Be a 'Farmer for a Day' as you learn farm chores and visit the Waxpool General Store. \$3.50/Student

WEIGHTS AND MEASURES

(Grades pre-K-K) Learn about volume, weight and relative measures in this interactive class for early learners. \$3.50/Student

VOTE!

(Grades pre-K-K) The Waxpool General Store was a polling place 100 years ago. Visit the store to practice the basics of voting and good citizenship. \$3.50/Student

APPLES, APPLES, EVERYWHERE!

(Grades pre-K-2) Explore the wonders of the apple through songs, games and hands-on activities. Press apples into cider and visit our historic barn. Seasonal. \$5.00/Student

HERD IT ON THE FARM

(Grades pre-K-2) Live-animal program teaches the basics of domestic animal care and the importance of livestock. Add an instructor guided playtime to enhance your visit. Seasonal. \$5.00/Student

GRANDMA'S KITCHEN

(Grade K-3) Walk into grandma's kitchen and explore life on the farm 100 years ago. \$5.00/Student

MEET THE FARMER

(Grades 1-3) Meet farmers past and present. Learn

about Loudoun's agricultural products and Northern Virginia's agricultural history. \$3.50/Student

TIME FOR CHANGE

(Grades 1-3) Travel back to 1909 and visit the Waxpool General Store. Shop for groceries using Mr. Munday's original price lists. Apply your knowledge of money in a real-life challenge in our gift shop. Includes take-home treat. \$5.00/Student

PLANT IT!

(Grades 1-4) Be a scientist for a day in this unique interactive program all about plants. Explore, observe and experiment in our gallery. Extend your class with take-home projects we provide. \$5.00/Student

SIMPLE MACHINES

(Grades 3-5) Tour our gallery to discover applications of simple machines on the farm and apply your knowledge to a hands-on engineering project. Perfect review or introduction for simple machines classroom study. \$3.50/Student

HANDS ON HISTORY

(Grades 4-6) Learn the fundamentals of archaeology, history and museum practice. Includes behind-the-scenes tour and work with real objects from our collection. Can be adapted for home school programs or scout groups. \$3.50/Student

HISTORY HOUNDS: BACK TO WAXPOOL

(Grades 4-5) Travel back in time to Waxpool, VA in 1909 and meet the residents. Assume an identity and learn what your life would have been like 100 years ago! \$3.50/Student

FARMERS AS SCIENTISTS

(Grades 4-5) Farmers apply scientific knowledge to agriculture to improve production. Explore 250 years of agriculture in Virginia and learn about scientific discoveries that impact our lives today. \$5.00/Student

SPECIAL PROGRAMS

MAD FARMER'S TEA PARTY

(All ages) Enjoy complimentary tea, coffee and snacks while your family plays in our children's area. Story time by request. For groups by reservation only. Minimum fees apply. \$5.00/Adult; \$3.00/Child

BIRTHDAY PARTIES

(All ages) Basic party package includes museum admissions passes, cabin rental and gift bags for party participants. Story time, craft time and programs available on request. Additional fees may apply. Call to schedule. \$146 basic package

VOLUNTEER OPPORTUNITIES

(Ages 14 & up) Volunteers assist with exhibits, collections, educational programs and customer service. If you are dependable, flexible, and have a desire to be part of our team, give us a call.

FACILITY RENTALS

The Museum gallery and educational spaces are available to rent for your next family event, office party, or community group meeting. Call for fees and availability.

SHOP LOUDOUN

The Museum gift shop specializes in Virginia's Finest Label products and locally-made items. Open during Museum business hours.

DOUGLASS COMMUNITY CENTER

405 East Market Street

Leesburg, Va 20176

703-771-5913

M-F 7:00A-9:00P Sa 8:00A-4:00P

Supply & material fees are payable to the instructor at the first class

All Creative Dance Center Classes are held at 44710 Cape Court, Suite 126 in Ashburn.

\$15 new student registration fee due at first class includes a T-shirt.

LOOKING FOR SOMETHING DIFFERENT TO CELEBRATE A SPECIAL OCCASION?

Let us create a custom art project, activity, or trip for your birthday party, parents group, family gathering, or community association. Call 703-771-5913.

INSTRUCTORS WANTED

We are currently looking for new instructors in Latin and ballroom dance, yoga, preschool sports, cooking, digital photography, science and many more. Call 703-771-5913.

TODDLER & PRESCHOOL AGE PROGRAMS

SUMMER EXPLORERS

(Age 3-5) Make new friends and enjoy crafts, games and group play. The perfect "pre-camp" experience. Bring a snack.

404113-01 \$60.00

Tu,W,Th,F 6/1-6/4 9:00A-12:00P

404113-02 \$75.00

M,Tu,W,Th,F 6/7-6/11 9:00A-12:00P

UNDER THE DEEP BLUE SEA

(Ages 2-3) Discover Sea Animals through games and making a craft.

404114-01 \$4.00
Tu 6/8-6/8 9:30A-10:00A

LET'S HAVE FUN WITH NUMBERS

(Ages 2-4) Have fun while learning numbers through games and crafts.

404120-01 \$6.00 (+\$2 supplies)
Tu 6/8-6/8 10:00A-10:45A

WILD WEST

(Ages 2-3) Enjoy making cowboy/cowgirl crafts and make your very own horse.

404121-01 \$4.00
Tu 6/15-6/15 9:30A-10:00A

LET'S HAVE FUN WITH LETTERS

(Ages 2-4) Have fun learning letters through games and crafts.

404122-01 \$6.00 (+\$2 supplies)
Tu 6/15-6/15 10:00A-10:45A

SCOOTER FUN

(Ages 4-5) Fun and games with scooters. Activities that help develop movement skills and overall fitness.

404123-01 \$6.00
Th 6/17-6/17 9:00A-9:45A
404123-02 \$6.00
Th 6/24-6/24 9:00A-9:45A
404123-03 \$7.00
Th 7/1-7/1 9:00A-9:45A
404123-04 \$7.00
Th 7/8-7/8 9:00A-9:45A

PARENTS' MORNING OUT

(Ages 3-5) Need some extra time to run errands. Bring your child in to interact with other children. Let them enjoy a craft and play games.

404124-01 \$25.00
Sa 6/19-6/19 9:00A-12:00P
404124-02 \$26.00
Sa 7/17-7/17 9:00A-12:00P
404124-03 \$26.00
Sa 8/21-8/21 9:00A-12:00P

EXPLORING SPACE

(Ages 2-3) Discover the world of Space. Make a craft and play games.

404125-01 \$4.00
Tu 6/22-6/22 10:00A-10:30A

STARS AND STRIPES

(Ages 18-24mos) Have fun making crafts and playing games for the Fourth of July.

Parent participation is required.

404126-01 \$4.00
W 6/30-6/30 10:00A-10:30A

TEDDY BEAR PICNIC

(Ages 2-3) Join us for a picnic with your Teddy Bear. You will make a teddy bear craft and have a teddy bear snack.

404127-01 \$7.00
Tu 7/6-7/6 10:00A-10:45A

CLASSY COWS

(Ages 18-24mos) Celebrate cow appreciation. Learn some fun facts about cows. You will be making butter and a cute cow craft (parent participation).

404133-01 \$5.00
M 7/19-7/19 10:00A-10:30A

CREATE AN ANIMAL COLLAGE

(Ages 3-4) Create and decorate an animal collage to hang up at home.

404135-01 \$5.00 (+\$2 supplies)
Tu 7/27-7/27 9:45A-10:15A

CLOWNING AROUND

(Ages 18-36mos) Have a good time clowning around with your friends. You will play silly games and make a clown craft (parent participation).

404136-01 \$5.00
W 8/4-8/4 9:45A-10:15A

CARS, TRAINS, BOATS AND PLANES

(Ages 3-4) Create and decorate a picture to hang up at home.

404139-01 \$5.00 (+\$2 supplies)
W 8/11-8/11 9:45A-10:15A

GOING BUGGY

(Ages 18-24mos) Explore bugs and make your very own bug to take home (parent participation).

404148-01 \$5.00
W 8/18-8/18 9:45A-10:15A

DINO-MITE DAYS

(Ages 18-24mos) Learn exciting facts about dinosaurs and make a craft.

404149-01 \$5.00
Tu 8/24-8/24 9:30A-10:00A

SUMMER LUNCH BUDDIES

(Ages 3½-7) Have lunch and enjoy special activities with all of your new summer friends. Bring a bagged lunch. Every Friday we will have a pizza lunch.

404155-01 \$25.00
M,Tu,W,Th,F 6/14-6/18 12:00P-1:00P
404155-02 \$25.00

M,Tu,W,Th,F 6/21-6/25 12:00P-1:00P
404155-03 \$25.00
M,Tu,W,Th,F 6/28-7/2 12:00P-1:00P
404155-04 \$26.00
M,Tu,W,Th,F 7/5-7/9 12:00P-1:00P
404155-05 \$26.00
M,Tu,W,Th,F 7/12-7/16 12:00P-1:00P
404155-06 \$26.00
M,Tu,W,Th,F 7/19-7/23 12:00P-1:00P
404155-07 \$26.00
M,Tu,W,Th,F 7/26-7/30 12:00P-1:00P
404155-08 \$26.00
M,Tu,W,Th,F 8/2-8/6 12:00P-1:00P
404155-09 \$26.00
M,Tu,W,Th,F 8/9-8/13 12:00P-1:00P
404155-10 \$26.00
M,Tu,W,Th,F 8/16-8/20 12:00P-1:00P

ELEMENTARY AGE PROGRAMS**YUMMY YUM CHEFS**

(Ages 5-7) Enjoy hands-on experience with cooking utensils and learn how to measure, pour and mix. You'll follow simple recipes and make fun, edible treats.

404109-01 \$10.00 Dinosaur Cakes
Tu 6/8-6/8 1:00P-2:00P
404109-02 \$10.00 Silly Cupcakes
Tu 6/15-6/15 1:00P-2:00P
404109-03 \$10.00 Pizza Pie
Tu 6/22-6/22 1:00P-2:00P

FITNESS FUN

(Ages 5-6) Get moving with fun movement games! Scooter games, exercise dice, parachute play, running, jumping and a lot more fun movement games. Must wear tennis shoes.

404107-01 \$6.00
Tu 6/8-6/8 2:00P-2:45P
404107-02 \$6.00
Tu 6/15-6/15 2:00P-2:45P
404107-03 \$6.00
Tu 6/22-6/22 2:00P-2:45P

PARENT NIGHT OUT

(Ages 5-12) Take the night off and enjoy special time to yourself. Your child will have pizza and a movie.

404203-01 \$25.00
F 6/11-6/11 6:00P-9:00P
404203-02 \$26.00
F 7/9-7/9 6:00P-9:00P
404203-03 \$26.00
F 8/6-8/6 6:00P-9:00P

FILM MAKING 2

(Ages 6-12) Use movie footage from prior classes and new material to edit a movie. Create your own

movie trailer and add transitions, sound effects, music, and more!

Location: C3 Cyber Club, Ashburn

| | |
|------------------|-------------------------|
| 404204-01 | \$89.00 (+\$20 lab fee) |
| Sa | 6/26-7/31 10:30A-11:30A |
| 404204-02 | \$99.00 (+\$20 lab fee) |
| Sa | 8/7-9/11 10:30A-11:30A |

GREEN ART

(Grades 1-8) Discuss the importance of recycling and create a masterpiece from what was thought to be "waste".

| | |
|------------------|-----------------------|
| 404212-01 | \$17.00 |
| W | 7/11-7/18 6:30P-7:30P |

MIDDLE & HIGH SCHOOL AGE PROGRAMS

VIDEO GAME DESIGN 2

(Ages 10-17) Intermediate class for returning and older students. Create lush environments using the Crysis sandbox. Learn about physics, customized weather effects, game play options, and more!

Location: C3 Cyber Club, Ashburn

| | |
|------------------|-------------------------|
| 404310-01 | \$89.00 (+\$20 lab fee) |
| Sa | 6/26-7/31 9:00A-10:00A |
| 404310-02 | \$99.00 (+\$20 lab fee) |
| Tu | 7/6-7/27 5:30P-7:00P |
| 404310-03 | \$99.00 (+\$20 lab fee) |
| M,Th | 7/12-7/15 10:30A-12:00P |
| 404310-04 | \$99.00 (+\$20 lab fee) |
| Tu | 8/3-8/24 5:30P-7:00P |
| 404310-05 | \$99.00(+20 lab fee) |
| Sa | 8/7-9/11 9:00A-10:00A |
| 404310-06 | \$99.00 (+\$20 lab fee) |
| M,Th | 8/9-8/12 10:30A-12:00P |

VIDEO GAME DESIGN 3

(Ages 10-17) Continue your quest to become a great game designer. Learn to create your own characters or props and import them into the game! Alter enemy AI, learn basic scripting and more!

Location: C3 Cyber Club, Ashburn

| | |
|------------------|-------------------------|
| 404312-01 | \$89.00 (+\$20 lab fee) |
| Sa | 6/26-7/31 10:30A-11:30A |
| 404312-02 | \$99.00 (+\$20 lab fee) |
| W | 7/7-7/28 5:30P-7:00P |
| 404312-03 | \$99.00 (+\$20 lab fee) |
| M,Th | 7/19-7/22 10:30A-12:00P |
| 404312-04 | \$99.00 (+\$20 lab fee) |
| W | 8/4-8/25 5:30P-7:00P |
| 404312-05 | \$99.00 (+\$20 lab fee) |
| Sa | 8/7-9/11 10:30A-11:30A |
| 404312-06 | \$99.00 (+\$20 lab fee) |
| M,Th | 8/16-8/19 10:30A-12:00P |

MULTI-AGE PROGRAMS

GEOCACHING

(All ages) Players use GPS units to locate hidden treasures. Bring your gps or cellphone with a gps application for the treasure hunt. Non-participating parents attend for free.

| | |
|------------------|-------------------------|
| 404718-01 | \$12.00 |
| Sa | 6/19-6/19 10:00A-11:30A |
| 404718-02 | \$13.00 |
| Sa | 7/24-7/24 10:00A-11:30A |
| 404718-03 | \$13.00 |
| Sa | 8/21-8/21 10:00A-11:30A |

ADULT PROGRAMS

VOLLEYBALL

(Ages 18 & up) Open recreational play.

| | |
|--------------------|----------------------|
| Pay at door | \$2.00 |
| Tu | on-going 7:00P-9:45P |

30 & OVER BASKETBALL

(Ages 30 & up) Open recreational play.

| | |
|--------------------|----------------------|
| Pay at door | \$2.00 |
| M | on-going 4:30P-6:00P |



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information, visit
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**DULLES SOUTH
MULTI PURPOSE CENTER**

24950 Riding Center Drive

South Riding, VA 20152

571-258-3456

M, F 7:00A-6:30P

Tu - Th 7:00A-9:00P

Sa 8:00A-2:00P

**Supply & material fees are payable to the
instructor at the first class.**

PRESCHOOL AGE PROGRAMS

JUNGLE FRIENDS

(Ages 4-6) Let's explore the jungle and learn all about what lives in the Jungle. Bring a snack.

| | |
|------------------|----------------------|
| 405103-01 | \$48.00 |
| Tu,W,Th,F | 6/8-6/11 1:00P-3:00P |

A SPLENDID SUNDAE

(Ages 4-6) Let's mix up some fun and make home-made ice cream. We will make a fun craft and enjoy our cold treat.

| | |
|------------------|------------------------|
| 405105-01 | \$14.00 |
| Tu | 6/15-6/15 11:30A-1:00P |

SUPERHERO PARTY

(Ages 4-6) Calling all superheroes! Come hang out and have lunch with all your superhero friends.

| | |
|------------------|------------------------|
| 405106-01 | \$14.00 |
| W | 6/16-6/16 11:30A-1:00P |

DAD IS THE #1 DUDE

(Ages 4-6) Dads MUST participate in a "quality time" appreciation walk at 11:15A. In class, kids will create handmade gifts for dads to use when they arrive!

| | |
|------------------|-------------------------|
| 405140-01 | \$22.00 |
| Sa | 6/19-6/19 10:00A-11:30A |

READY! SET! PLAY!

(Ages 4-6) Play games, make crafts and play outside with old and new friends. Different themes each week. Please bring a snack.

| | |
|------------------|-----------------------|
| 405107-01 | \$50.00 |
| M,Tu,W,Th,F | 6/21-6/25 1:00P-3:00P |
| 405107-02 | \$50.00 |
| M,Tu,W,Th,F | 6/28-7/2 1:00P-3:00P |
| 405107-03 | \$51.00 |
| M,Tu,W,Th,F | 7/6-7/9 1:00P-3:00P |
| 405107-04 | \$51.00 |
| M,Tu,W,Th,F | 7/12-7/16 1:00P-3:00P |
| 405107-05 | \$51.00 |
| M,Tu,W,Th,F | 7/19-7/23 1:00P-3:00P |
| 405107-06 | \$51.00 |
| M,Tu,W,Th,F | 7/26-7/30 1:00P-3:00P |
| 405107-07 | \$51.00 |
| M,Tu,W,Th,F | 8/2-8/6 1:00P-3:00P |
| 405107-08 | \$51.00 |
| M,Tu,W,Th,F | 8/9-8/13 1:00P-3:00P |
| 405107-09 | \$51.00 |
| M,Tu,W,Th,F | 8/16-8/20 1:00P-3:00P |

ULTIMATE SOCCER SATURDAY

(Ages 3-5) Learn the basics of soccer. Please bring a towel and water bottle.

| | |
|------------------|----------------------|
| 405141-01 | \$85.00 |
| Sa | 6/26-8/7 9:00A-9:45A |

ULTIMATE SATURDAY T-BALL

(Ages 3-5) Bring your energy and have tons of fun learning the basics of T-Ball with Coach Mark!

| | |
|------------------|------------------------|
| 405142-01 | \$85.00 |
| Sa | 6/26-8/7 10:00A-10:45A |

ULTIMATE FOOTBALL SATURDAY

(Ages 3-5) Bring your energy and have tons of fun learning the basics of football with Coach Mark.

405143-01 \$85.00
Sa 6/26-8/7 11:00A-11:45A

KINDERTOTS THEME CLINICS

(Age 2) Toddlers explore their bodies and expand their minds and gross motor development through familiar songs and creative movement activities.

405100-01 \$25.00
M,W 6/28-6/30 9:15A-9:45A
405100-02 \$28.50
M,W 7/12-7/14 9:15A-9:45A
405100-03 \$28.50
M,W 7/19-7/21 9:15A-9:45A
405100-04 \$28.50
M,W 7/26-7/28 9:15A-9:45A
405100-05 \$28.50
M,W 8/2-8/4 9:15A-9:45A
405100-06 \$28.50
M,W 8/9-8/11 9:15A-9:45A
405100-07 \$28.50
M,W 8/16-8/18 9:15A-9:45A

JULY FOURTH FUN

(Ages 3-5) Please come celebrate our Country's Independence with a sweet treat and some heroic crafts!

405158-01 \$13.00
Sa 7/3-7/3 10:00A-11:30A

TIKES IN THE KITCHEN

(Ages 5-8) Children will learn some basic techniques related to baking including dough mixing, sifting, proofing, and scaling.

405144-01 \$56.00 (+\$7 supplies)
M,W 7/5-7/28 2:00P-3:30P

LITTLE GARDENERS

(Ages 3-5) Campers learn how a plant grows and will grow their own plants in homemade flower pots. Pack a snack and water. Instructor: Lauren Ricci.

405136-01 \$59.00
Tu,W,Th 7/6-7/8 9:00A-12:30P

KINDERMOTION THEME CLINICS

(Ages 3-5) Combines floor gymnastics with social and gross motor development, physical fitness and movement education. Theme-related activities enhance pre-academic learning of numbers, colors, shapes and words.

405101-02 \$34.00
M,W 7/12-7/14 10:00A-10:45A
405101-03 \$34.00
M,W 7/19-7/21 10:00A-10:45A

405101-04 \$34.00
M,W 7/26-7/28 10:00A-10:45A
405101-05 \$34.00
M,W 8/2-8/4 10:00A-10:45A
405101-06 \$34.00
M,W 8/16-8/18 10:00A-10:45A
405101-07 \$34.00
M,W 8/9-8/11 10:00A-10:45A

KINDERDANCE THEME CLINICS

(Ages 4-6) Learn the fundamentals of ballet and tap, while participating in creative movement, imagery, floor gymnastics, and fitness. Theme-related activities enhance academic learning of reading, math, science, and health.

405102-02 \$39.50
M,W 7/12-7/14 11:00A-12:00P
405102-03 \$39.50
M,W 7/19-7/21 11:00A-12:00P
405102-04 \$39.50
M,W 7/26-7/28 11:00A-12:00P
405102-05 \$39.50
M,W 8/2-8/4 11:00A-12:00P
405102-06 \$39.50
M,W 8/16-8/18 11:00A-12:00P
405102-07 \$39.50
M,W 8/9-8/11 11:00A-12:00P

PIRATE ADVENTURES

(Ages 3-5) Kids will explore pirate life through treasure hunts, mapmaking, and traditional pirate lingo. Pack a snack and water. Instructor: Lauren Ricci.

405137-01 \$59.00
M,Tu,W 7/19-7/21 9:00A-12:30P

WILDERNESS WANDERERS

(Ages 3-5) Campers will enjoy exploring the outdoors with scavenger hunts and nature walks galore! Pack a snack and water. Instructor: Lauren Ricci.

405138-01 \$59.00
Tu,W,Th 8/17-8/19 9:00A-12:30P

THE ROYAL TEA PARTY

(Ages 3-5) Join in on all the Royal Fun by dressing up as your favorite prince or princess for the finest tea party of the year!! Please bring a snack. Instructor: Courtney White.

405139-01 \$51.00
M,Tu,W 8/23-8/25 9:00A-12:30P

ELEMENTARY AGE PROGRAMS**RISEING STARS BALLET**

(Ages 5-8) Learn an introduction to ballet forms, structure, and terminology! Instructor: Sarah Welz.

405236-01 \$32.00
W 6/2-6/16 6:15P-7:00P

POLYMER BEADS, BUTTONS & PENDANTS

(Ages 6-12) Make wise and witty jewelry using polymer clays, paper, vintage buttons and found objects. The polymer clays will be baked, glazed, and combined with other beads to create wearable works of art.

405204-01 \$150.00 (+\$15 materials)
M,Tu,W,Th,F 6/21-6/25 9:00A-11:30A
405204-02 \$166.00 (+\$15 materials)
M,Tu,W,Th,F 7/19-7/23 9:00A-11:30A

ART FOR GOOD

(Ages 6-12) Create several projects including toys for an animal rescue group, greeting cards and placemats for a retirement home, cheer posters for local firemen and police, and message t-shirts. Spread the spirit of peace through the joy of art!

405201-01 \$150.00 (+\$10 materials)
M,Tu,W,Th,F 6/21-6/25 12:30P-3:00P
405201-02 \$166.00 (+\$10 materials)
M,Tu,W,Th,F 7/5-7/9 12:30P-3:00P

PUPPET THEATRE AND MASKS

(Ages 6-12) We'll collage with paper, fabric, and found materials to make original masks and puppets for the aspiring storyteller! We'll also incorporate improvisational theatre games.

405200-01 \$166.00 Hand/finger puppets
M,Tu,W,Th,F 7/5-7/19 9:00A-11:30A
405200-02 \$166.00 Stick puppets/marionettes
M,Tu,W,Th,F 7/19-7/23 12:30P-3:00P

COOL COOKS

(Ages 8-12) This class will teach all the basics your child will need to cook with safety in mind. Instructor: Taylor Lange.

405241-01 \$56.00 (+\$7 supplies)
M,W 7/5-7/28 4:00P-5:30P

BASKETBALL FUNDAMENTALS

(Ages 6-10) Keep your heart rate up with fitness games and skill challenges including passing, defense and more. Instructor: Coach Mark DeLano.

405242-01 \$121.00
Tu,Th 7/6-8/12 6:00P-7:00P

IRISH DANCE

(Ages 5-7) An introduction to the basic steps of traditional Irish step dance. This course is offered in cooperation with the Aoihneas and Rince Irish Dancers, a registered school of Irish dancing.

405202-01 \$83.50
W 7/7-8/11 4:15P-5:00P

ART AROUND THE WORLD

(Ages 6-12) Each day of camp, we'll visit a different location and try our hand at traditional crafts.

All sessions involve sewing, painting and printing, as well as the history of the crafts! Materials fee: \$15/week.

| | | |
|------------------|-----------|---------------------|
| 405203-01 | \$166.00 | India & Middle East |
| M,Tu,W,Th,F | 7/12-7/16 | 9:00A-11:30A |
| 405203-02 | \$166.00 | Africa & Australia |
| M,Tu,W,Th,F | 7/26-7/30 | 9:00A-11:30A |
| 405203-03 | \$166.00 | Japan & China |
| M,Tu,W,Th,F | 8/2-8/6 | 9:00A-11:30A |
| 405203-04 | \$166.00 | North/South America |
| M,Tu,W,Th,F | 8/9-8/13 | 12:30P-3:00P |

SUMMER TEA PARTY

(Ages 6-12) We'll design our own placemats, decorate napkin rings and the tablecloth, and assemble over-the-top headwear and jewelry for a high tea like no other! Food allergy form required for enrollment for tea party on Friday.

| | |
|------------------|----------------------------|
| 405207-01 | \$166.00 (+\$15 materials) |
| M,Tu,W,Th,F | 7/12-7/16 12:30P-3:00P |
| 405207-02 | \$166.00 (+\$15 materials) |
| M,Tu,W,Th,F | 7/26-7/30 12:30P-3:00P |

LANGUAGE DISCOVERY

(Ages 6-8) Kids will explore French, Spanish, and American Sign Language while learning basic words and signs.

| | |
|------------------|-----------------------|
| 405238-01 | \$66.00 |
| Tu,W,Th | 7/13-7/15 9:00A-1:00P |

ROLLER BLADING "SAFETY INSURANCE"

(Ages 6-8) Learn how to skate, stop and turn, along with safety habits. Bring a snack, helmet, roller blades or skates, and knee pads. Elbow pads and wrist guards are strongly recommended. Instructors: Courtney White and Lauren Ricci.

| | |
|------------------|------------------------|
| 405240-01 | \$76.00 |
| M,Tu,W,Th | 7/26-7/29 9:00A-12:30P |

TERRIFIC TEXTILES

(Ages 6-12) Learn to batik, make a beading loom, and weave a straw-loomed bracelet. We'll also tie-dye, use a knitting loom, and make our own drop spindles to spin wool into yarn.

| | |
|------------------|----------------------------|
| 405208-01 | \$166.00 (+\$12 materials) |
| M,Tu,W,Th,F | 8/2-8/6 12:30P-3:00P |
| 405208-02 | \$166.00 (+\$12 materials) |
| M,Tu,W,Th,F | 8/9-8/13 9:00A-11:30A |

AROUND THE WORLD IN 5 DAYS

(Ages 5-7) Campers learn about animals, plants, and ways of life in all parts of the world. Fun art projects and stories are part of the adventure! Pack a lunch and water. Instructors: Lauren Ricci and Courtney White.

| | |
|------------------|----------------------|
| 405239-01 | \$51.00 |
| M,Tu,W,Th,F | 8/9-8/13 9:00A-1:30P |

PRINTS, PAINT AND COLLAGE

(Ages 6-12) We'll explore painting, collage, and printing techniques to help you build a portfolio. Sessions include collage on 3-D objects, acrylics and color mixing, Japanese mono printing, stenciling, and carving rubber stamps. Bring a smock or apron.

| | |
|------------------|----------------------------|
| 405205-01 | \$166.00 (+\$15 materials) |
| M,Tu,W,Th,F | 8/23-8/27 9:00A-11:30A |

RISING STARS DANCE DEAL

(Ages 6-9) End your summer with this amazing dance deal! Great to do with friends! You'll learn ballet, tap, and jazz steps. Instructor: Sarah Welz.

| | |
|------------------|------------------------|
| 405237-01 | \$56.00 |
| M,Tu,W,Th,F | 8/23-8/27 9:00A-12:00A |

POLYMER CLAY STUDIO

(Ages 6-12) We'll be using stamps, pasta machines, and texture tools to create beads, models and unique treasures from this fun and flexible medium.

| | |
|------------------|----------------------------|
| 405206-01 | \$100.00 (+\$12 materials) |
| M,Tu,W,Th,F | 8/23-8/25 12:30P-2:30P |

ADULT PROGRAMS

ZUMBA!

(Ages 18 & up) A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout.

| | |
|------------------|----------------------|
| 405501-01 | \$50.00 |
| Tu | 6/1-6/29 6:30P-7:30P |
| 405501-02 | \$41.00 |
| Tu | 7/6-7/27 6:30P-7:30P |
| 405501-03 | \$51.00 |
| Tu | 8/3-8/31 6:30P-7:30P |

BOOTCAMP

(Ages 16 & up) Designed to improve overall fitness, cardiovascular endurance, core and muscular strength, balance, and stability. You will need a mat, therapy ball, resistive bands, a 4-6 Lb medicine ball and dumbbells (5, 8 and/or 10 lb). Items can be purchased at www.wellnessconnection.com.

| | |
|------------------|-----------------------|
| 405500-01 | \$119.00 |
| M,W,F | 6/2-6/30 9:00A-10:00A |
| 405500-02 | \$132.00 |
| M,W,F | 7/2-7/30 8:00A-9:00A |
| 405500-03 | \$132.00 |
| M,W,F | 8/4-8/30 8:00A-9:00A |

VINYASA YOGA

(Ages 16 & up) During the class, we flow from pose to pose in breath-synchronized movement. The latter part of each class includes more seated postures to stretch the body and ends with breathing exercises and a full-body relaxation. Bring a yoga mat.

| | |
|------------------|-----------------------|
| 405506-01 | \$44.00 |
| Sa | 6/5-6/26 8:00A-9:15A |
| 405506-02 | \$45.00 |
| Sa | 7/10-7/31 8:00A-9:15A |
| 405506-03 | \$45.00 |
| Sa | 8/7-8/28 8:00A-9:15A |
| 405506-04 | \$44.00 |
| Tu | 6/1-6/29 7:45P-8:45P |
| 405506-05 | \$45.00 |
| Tu | 7/6-7/27 7:45P-8:45P |
| 405506-06 | \$45.00 |
| Tu | 8/3-8/31 7:45P-8:45P |

BABYSIGNS: PARENT WORKSHOP

(Ages 18 & up) Learn the basics of the Baby Signs program so that you can talk with your baby before your baby can talk! Fee covers both parents.

| | |
|------------------|---------------------------|
| 405502-01 | \$25.00 (+\$25 materials) |
| Sa | 6/5-6/5 10:00A-12:00P |
| 405502-02 | \$28.50 (+\$25 materials) |
| Sa | 7/10-7/10 10:00A-12:00P |
| 405502-00 | \$28.50 (+\$25 materials) |
| Sa | 8/14-8/14 10:00A-12:00P |

NUTRITION WELLNESS

(Ages 16 & up) Get personalized nutritional guidance and group support with counselors, dietitians, and fitness instructors. Each month, receive two free newsletters filled with wellness information and healthy recipes, a one-hour support meeting, and one 15-minute personalized phone chat with a dietitian.

| | |
|------------------|-----------------------|
| 405507-01 | \$40.00 |
| W | 6/16-6/16 7:30P-8:30P |
| 405507-02 | \$45.00 |
| W | 7/14-7/14 7:30P-8:30P |
| 405507-03 | \$45.00 |
| W | 8/18-8/18 7:30P-8:30P |

NUTRITIOUS COOKING FOR YOU

(Ages 18 & up) Want to improve your diet, but think you will never have time? Come find out how with Instructor Taylor Lange!

| | |
|------------------|-------------------------|
| 405536-01 | \$61.00 (+\$7 supplies) |
| Sa | 7/10-7/31 10:00A-11:30A |

SENIOR PROGRAMS

DULLES SOUTH SENIOR CENTER

(Ages 55 & up) For information, look under "Loudoun County Senior Center at Dulles South Multi Purpose Center" in this activity guide or call 571-258-3883.

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COUNTY PRCS ON**

facebook

MULTI-AGE PROGRAMS**CARDIO KICKBOXING**

(Ages 17 & up) Come prepared with confidence to learn some basic martial arts! Instructor: Mike DeVaughan.

| | | |
|------------------|-----------|-------------|
| 405736-01 | \$50.00 | |
| Tu | 6/8-6/29 | 6:30P-7:30P |
| 405736-02 | \$51.00 | |
| Tu | 7/6-7/27 | 6:30P-7:30P |
| 405736-03 | \$51.00 | |
| Tu | 8/10-8/31 | 6:30P-7:30P |

SELF DEFENSE AND PRACTICAL COMBAT

(Ages 17 & up) Take a class that could save your life! Learn techniques that will mold your confidence! Martial arts in its rarest form. Instructor: Mike DeVaughan.

| | | |
|------------------|-----------|-------------|
| 405737-01 | \$50.00 | |
| Tu | 6/8-6/29 | 7:45P-8:45P |
| 405737-02 | \$51.00 | |
| Tu | 7/6-7/27 | 7:45P-8:45P |
| 405737-03 | \$51.00 | |
| Tu | 8/10-8/31 | 7:45P-8:45P |

ZUMBATOMIC®

(Ages 7-15) ZumbaAtomic® blurs the lines between fitness & entertainment. Young dancers are given the opportunity to get into fabulous, "kiddastic" shape through repetition, great music, cool lyrics and fun!

| | | |
|------------------|----------|-------------|
| 405701-01 | \$41.00 | |
| W | 7/7-7/28 | 6:30P-7:30P |
| 405701-02 | \$41.00 | |
| W | 8/4-8/25 | 6:30P-7:30P |

BOUNCING BIRTHDAY PARTIES

(Ages 3 & up) Want to have a bouncing birthday party? Plan it with us! All of our inflatables are available for rent. Call 571-258-3456 for prices and availability!

SKATEBOARDING LESSONS/PARTIES

(All Ages) Looking for some private lessons or interested in having a party? We have instructors that want to help! Call 571-258-3456 for more details!

HAVING AN EVENT?

All of our facilities are available for rent. Call 571-258-3456 for prices and availability!

REGISTER ONLINE!

Visit www.loudoun.gov/webtrac



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

**FRANKLIN
PARK**

17501 Franklin Park Drive
Purcellville, VA 20132

540-338-7603

Park Hours: Daily 7:00A-Dusk

Office Hours: M-F 9:00A-5:00P

Pool Hours: see Aquatics Programs

MULTI-AGE PROGRAMS**ARCHERY 101**

(Ages 10-15) The Academy is designed for beginner levels. We will focus on your skill level by improving your techniques and providing expert advice.

| | | |
|------------------|-----------|-------------|
| 462179-01 | \$20.00 | |
| Tu,Th | 6/29-7/1 | 4:00P-5:00P |
| 462179-02 | \$20.00 | |
| Tu,Th | 7/6-7/8 | 4:00P-5:00P |
| 462179-03 | \$20.00 | |
| Tu,Th | 7/13-7/15 | 4:00P-5:00P |
| 462179-04 | \$20.00 | |
| Tu,Th | 7/27-7/29 | 4:00P-5:00P |
| 462179-05 | \$20.00 | |
| Tu,Th | 8/3-8/5 | 4:00P-5:00P |
| 462179-06 | \$20.00 | |
| Tu,Th | 8/10-8/12 | 4:00P-5:00P |

ARCHERY ADVANCED

(Ages 10-15) The Academy is designed for intermediate and advanced levels. Make sure to practice your skills for the two Archery Olympic competitions during the summer!

| | | |
|------------------|-----------|-------------|
| 462180-01 | \$30.00 | |
| Tu,Th | 6/29-7/1 | 5:00P-6:30P |
| 462180-02 | \$30.00 | |
| Tu,Th | 7/6-7/8 | 5:00P-6:30P |
| 462180-03 | \$30.00 | |
| Tu,Th | 7/13-7/15 | 5:00P-6:30P |
| 462180-04 | \$30.00 | |
| Tu,Th | 7/27-7/29 | 5:00P-6:30P |
| 462180-05 | \$30.00 | |
| Tu,Th | 8/3-8/5 | 5:00P-6:30P |
| 462180-06 | \$30.00 | |

Tu,Th 8/10-8/12 5:00P-6:30P

ARCHERY OLYMPICS

(Ages 10-15) Put all that hard work to use. We'll have archery games and events to test your skills. Prizes will be awarded at the end of the event.

| | | |
|------------------|-----------|-------------|
| 462181-01 | \$45.00 | |
| Tu,Th | 7/20-7/22 | 4:00P-6:00P |
| 462181-02 | \$45.00 | |
| Tu,Th | 8/17-8/19 | 4:00P-6:00P |

FISHING 101

(Ages 8-15) If you're a beginner angler or you want to sharpen your skills, this class is for you. We will focus on your skill level by improving your techniques and providing expert advice.

| | | |
|------------------|-----------|-------------|
| 462182-01 | \$20.00 | |
| M,W | 6/28-6/30 | 4:00P-5:00P |
| 462182-02 | \$20.00 | |
| M,W | 7/5-7/7 | 4:00P-5:00P |
| 462182-03 | \$20.00 | |
| M,W | 7/12-7/14 | 4:00P-5:00P |
| 462182-04 | \$20.00 | |
| M,W | 7/26-7/28 | 4:00P-5:00P |
| 462182-05 | \$20.00 | |
| M,W | 8/2-8/4 | 4:00P-5:00P |
| 462182-06 | \$20.00 | |
| M,W | 8/9-8/11 | 4:00P-5:00P |

FISHING ADVANCED

(Ages 8-15) The Academy is designed for intermediate and advanced levels. Make sure to practice your skills for the two Fishing Olympic competitions during the summer!

| | | |
|------------------|-----------|-------------|
| 462183-01 | \$30.00 | |
| M,W | 6/28-6/30 | 5:00P-6:30P |
| 462183-02 | \$30.00 | |
| M,W | 7/5-7/7 | 5:00P-6:30P |
| 462183-03 | \$30.00 | |
| M,W | 7/12-7/14 | 5:00P-6:30P |
| 462183-04 | \$30.00 | |
| M,W | 7/26-7/28 | 5:00P-6:30P |
| 462183-05 | \$30.00 | |
| M,W | 8/2-8/4 | 5:00P-6:30P |
| 462183-06 | \$30.00 | |
| M,W | 8/9-8/11 | 5:00P-6:30P |

FISHING OLYMPICS

(Ages 8-15) This is the time to put all that you've learned to use. We will have fishing games and events to test your skills. Prizes will be awarded at the end of the two-day event.

| | | |
|------------------|-----------|-------------|
| 462184-01 | \$35.00 | |
| M,W | 7/19-7/21 | 4:00P-6:00P |
| 462184-02 | \$35.00 | |
| M,W | 8/16-8/18 | 4:00P-6:00P |



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

FRANKLIN PARK PERFORMING & VISUAL ARTS CENTER

36441 Blueridge View Lane
Purcellville, VA 20132
540-338-7973
Office Hours: M-F 9:00A-5:00P

**Refer to "Special Events"
section for summer
performances at the Arts
Center and visit www.loudoun.gov/camps for
Franklin Park
Arts Center Camps.**

LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street
Purcellville, VA 20132
540-338-4122

M, Tu, W, Th, 7:00A-9:30P
F 7:00A-6:00P Sa 8:00A-4:00P

**Supply & material fees are payable to the
instructor at the first class.**

PRESCHOOL & KINDERGARTEN AGE PROGRAMS

MORNING PLAYTIME CLUB

(Ages 1½-5) Your child can stay and play while you take a class or exercise. Maximum one hour per day. Parent must stay on site. Must register in person. Instructor: Sandy Nave.

| | | |
|------------------|-----------|------------------|
| 401101-01 | \$51.00 | 15 punches |
| M, Tu, W, Th, F | 6/16-10/1 | 8:30A-10:30A |
| 401101-02 | \$106.00 | 3 mos. unlimited |
| M, Tu, W, Th, F | 6/16-10/1 | 8:30A-10:30A |

FUN WITH PAINT

(Ages 1½-3) Let's bring out the paint! Paint at LVCC and not at home. Wear old clothes. Instructor: Genie Rovang.

| | |
|------------------|-------------------------|
| 401102-01 | \$11.00 |
| F | 7/23-7/23 10:00A-10:45A |

BUGGY FOR BUGS

(Ages 1½-3) Join us for some fun "buggy" crafts. Parents will assist children with craft project. Instructor: Genie Rovang.

| | |
|------------------|-------------------------|
| 401103-01 | \$11.00 |
| F | 8/13-8/13 10:00A-10:45A |

INDY 500 PAINTING

(Ages 1½-3) Start your engines! We will be using cars to paint. Wear old clothes.

| | |
|------------------|-----------------------|
| 401104-01 | \$11.00 |
| W | 7/7-7/7 10:00A-10:45A |

MOMMY & ME

(Ages 1½-3 years) Parents help children make a seasonal craft. Instructor: Genie Rovang.

| | |
|------------------|-------------------------|
| 401105-01 | \$11.00 |
| W | 7/21-7/21 10:00A-10:45A |
| 401105-02 | \$11.00 |
| W | 8/18-8/18 10:00A-10:45A |

LITTLE CHEFS

(Ages 3-5) Bring a lunch from home. Learn to make a simple, kid friendly recipe. Instructor: Eugenia Rovang.

| | |
|------------------|------------------------|
| 401106-01 | \$19.00 |
| Tu | 7/13-7/13 12:00P-1:30P |
| 401106-02 | \$19.00 |
| F | 8/20-8/20 12:00P-1:30P |

NATURE WEEK W/GARTH & SANDY

(Ages 3-8) Pack a lunch to eat before we head out to a local nature trail! Wear sneakers. Water and a snack are provided. Instructors: Garth Adams & Sandy Nave.

| | |
|------------------|------------------------|
| 401107-01 | \$131.00 |
| M, Tu, W, Th, F | 7/12-7/16 12:00P-4:00P |
| 401107-02 | \$131.00 |
| M, Tu, W, Th, F | 8/2-8/6 12:00P-4:00P |

FUN IN THE SUN

(Ages 3-5) We will play in sprinklers, small pools, play on the playground, and make a fun craft. Pack a lunch, swimsuit, towel, and sunscreen. Instructor: Genie Rovang.

| | |
|------------------|------------------------|
| 401108-01 | \$19.00 |
| Tu | 7/20-7/20 12:00P-1:30P |

DIETRICH'S NINJA'S

(Ages 3-5) Dietrich's Ninjas is an action-packed curriculum that teaches life skills like focus and

coordination through fun-filled Ninjas "games" in preparation for elementary school.

| | |
|------------------|-------------------------|
| 401109-01 | \$50.00 |
| Sa | 6/5-6/26 10:30A-11:00A |
| 401109-02 | \$56.00 |
| Sa | 7/10-7/31 10:30A-11:00A |
| 401109-03 | \$56.00 |
| Sa | 8/7-8/28 10:30A-11:00A |

TODDLER TIME

(Ages 1½-3) Socialization and sharing are stressed. Children play with toys, listen to music, and make a craft while meeting friends. Parents must attend. Instructor: Eugenia Rovang.

| | |
|------------------|-------------------------|
| 401110-01 | \$11.00 |
| Tu | 8/3-8/3 10:00A-10:45A |
| 401110-02 | \$11.00 |
| Tu | 8/10-8/10 10:00A-10:45A |
| 401110-03 | \$11.00 |
| Tu | 8/17-8/17 10:00A-10:45A |

TODDLER WATER PLAY DAY

(Ages 2-4) Toddlers will learn about textures, colors and matter. A water table, small wading pools, and water sprinklers will be available for exploration. Instructor: Kitty Hughes.

| | |
|------------------|---------------------|
| 401111-01 | \$9.00 |
| F | 7/9-7/9 2:30P-3:30P |

MESSES & MASTERPIECES

(Ages 1½-3) Let's make a few messes and some masterpieces too! Instructor: Eugenia Rovang

| | |
|------------------|-------------------------|
| 401114-01 | \$11.00 |
| M | 7/12-7/12 10:00A-10:45A |
| 401114-02 | \$11.00 |
| M | 7/19-7/19 10:00A-10:45A |
| 401114-03 | \$11.00 |
| M | 7/26-7/26 10:00A-10:45A |

PRESCHOOL THEME ACTIVITIES

(Ages 3½-5) Instructor: Kitty Hughes.

| | | |
|------------------|-----------|---------------------|
| 401115-01 | \$35.00 | Space Adventures |
| M, F | 6/21-6/25 | 9:00A-1:00P |
| 401115-02 | \$36.00 | All American Kids |
| M, F | 7/5-7/9 | 9:00A-1:00P |
| 401115-03 | \$36.00 | Jungle Safari |
| M, F | 7/12-7/16 | 9:00A-1:00P |
| 401115-04 | \$36.00 | Kids In The Kitchen |
| M, F | 7/19-7/23 | 9:00A-1:00P |
| 401115-05 | \$36.00 | Digging Dinosaurs |
| M, F | 7/26-7/30 | 9:00A-1:00P |
| 401115-06 | \$36.00 | Sand Sea |
| M, F | 8/2-8/6 | 9:00A-1:00P |
| 401115-07 | \$36.00 | Wacky Week |
| M, F | 8/9-8/13 | 9:00A-1:00P |
| 401115-08 | \$36.00 | Beach Bums |
| M, F | 8/16-8/20 | 9:00A-1:00P |

AMAZING ATHLETES

(Ages 2½-6) Join Coach Robert for Amazing Athletes! Your child will learn the basic fundamentals and mechanics of many different sports while improving hand-eye coordination, gross motor skills, cardiovascular health, muscle tone, confidence, teamwork and much more!

| | | |
|------------------|----------|---------------|
| 401118-01 | \$42.00 | |
| W | 6/9-6/30 | 11:45A-12:30P |
| 401118-02 | \$47.00 | |
| W | 7/7-7/28 | 11:45A-12:30P |
| 401118-03 | \$47.00 | |
| W | 8/4-8/25 | 11:45A-12:30P |

TRAVEL WEEK W/ GARTH & SANDY

(Ages 3-5) Come along on a nature adventure. Pack a lunch to eat before we head out on our magic bus to a local nature trail! Wear sneakers. Water and a snack will be provided. Instructor: Garth Adams and Sandy Nave.

| | | |
|------------------|-----------|--------------|
| 401132-01 | \$95.00 | |
| M,Tu,W,Th,F | 6/7-6/11 | 11:30A-2:30P |
| 401132-02 | \$95.00 | |
| M,Tu,W,Th,F | 6/14-6/18 | 11:30A-2:30P |
| 401132-03 | \$76.00 | |
| Tu,W,Th,F | 6/1-6/4 | 11:30A-2:30P |

PARENTS' DAY CRAFT

(Ages 4-10) Children will choose from a variety of age appropriate crafts to give to their parents. Please pack a lunch/snack for class. Instructor: Kitty Hughes.

| | | |
|------------------|-----------|---------------|
| 401133-01 | \$16.00 | |
| F | 7/23-7/23 | 10:30A-12:00P |

KINDERS ON THE GO

(Ages 4½-5½) Games, fun, swimming. Local destinations. Instructor: Kitty Hughes.

| | | |
|------------------|-----------|-------------|
| 401136-01 | \$171.00 | |
| M,Tu,W,Th,F | 8/23-8/27 | 8:00A-5:00P |
| 401136-02 | \$171.00 | |
| M,Tu,W,Th,F | 8/30-9/3 | 8:00A-5:00P |

ELEMENTARY AGE PROGRAMS**IRISH DANCE**

(Ages 5-7) An introduction to the basic steps of traditional Irish step dancing, made popular by Riverdance and Lord of the Dance. This course is offered in cooperation with the Aoibhneas an Rince Irish Dancers, a registered school of Irish dancing.

| | | |
|------------------|-----------|-------------|
| 401200-01 | \$50.00 | |
| Th | 6/24-7/15 | 6:15P-7:00P |
| 401200-02 | \$56.00 | |
| Th | 8/5-8/26 | 6:15P-7:00P |

IRISH DANCE

(Ages 8+) An introduction to the basic steps of traditional Irish step dancing, made popular by

Riverdance and Lord of the Dance. This course is offered in cooperation with the Aoibhneas an Rince Irish Dancers, a registered school of Irish dancing.

| | | |
|------------------|-----------|-------------|
| 401201-01 | \$65.00 | |
| Th | 6/24-7/15 | 7:00P-8:00P |
| 401201-02 | \$72.50 | |
| Th | 8/5-8/26 | 7:00P-8:00P |

ELEM. KICKBALL PICNIC

(Ages 7-12) Come on over and play some kickball with us. We will have a picnic lunch afterwards. Instructor: Kitty Hughes.

| | | |
|------------------|---------|---------------|
| 401202-01 | \$8.00 | |
| F | 8/6-8/6 | 10:30A-12:30P |

GAMES GALORE

(Ages 8-12) Children will have a chance to play all their favorite games as well as to learn games from all over the world. Instructor: Kitty Hughes.

| | | |
|------------------|-----------|-------------|
| 401204-01 | \$151.00 | |
| M,Tu,W,Th,F | 7/26-7/30 | 9:00A-4:00P |

SUMMERTIME SIBLINGS

(Ages 2-10) Bring your children to play together and make new friends. Educational activities that encourage sibling interaction. Plus, enjoy a story, art, and play time outside. Bring your lunch and eat with your friends. First child \$20.00, each additional child \$10.00. Instructor: Lori Sullivan.

| | | |
|------------------|-----------|--------------|
| 401211-01 | \$20.00 | |
| W | 6/16-6/16 | 9:30A-12:30P |
| 401211-02 | \$20.00 | |
| W | 6/16-6/16 | 9:30A-12:30P |
| 401211-03 | \$20.00 | |
| W | 6/23-6/23 | 9:30A-12:30P |
| 401211-04 | \$10.00 | |
| W | 6/23-6/23 | 9:30A-12:30P |
| 401211-05 | \$20.00 | |
| W | 6/30-6/30 | 9:30A-12:30P |
| 401211-06 | \$10.00 | |
| W | 6/30-6/30 | 9:30A-12:30P |
| 401211-07 | \$21.00 | |
| W | 7/14-7/14 | 9:30A-12:30P |
| 401211-08 | \$11.00 | |
| W | 7/14-7/14 | 9:30A-12:30P |
| 401211-09 | \$21.00 | |
| W | 7/21-7/21 | 9:30A-12:30P |
| 401211-10 | \$11.00 | |
| W | 7/21-7/21 | 9:30A-12:30P |
| 401211-11 | \$21.00 | |
| W | 7/28-7/28 | 9:30A-12:30P |
| 401211-12 | \$11.00 | |
| W | 7/28-7/28 | 9:30A-12:30P |
| 401211-13 | \$21.00 | |
| W | 8/4-8/4 | 9:30A-12:30P |
| 401211-14 | \$11.00 | |
| W | 8/4-8/4 | 9:30A-12:30P |
| 401211-15 | \$21.00 | |

| | | |
|------------------|-----------|--------------|
| W | 8/11-8/11 | 9:30A-12:30P |
| 401211-16 | \$11.00 | |
| W | 8/11-8/11 | 9:30A-12:30P |
| 401211-17 | \$21.00 | |
| W | 8/18-8/18 | 9:30A-12:30P |
| 401211-18 | \$11.00 | |
| W | 8/18-8/18 | 9:30A-12:30P |

KIDS ENHANCED DEVELOPMENTAL SKILLS

(Ages 5-6) Kids Enhanced Developmental Skills is a camp specifically for children entering kindergarten. Camp goals are to enhance the following skills: Reading, Writing, small gross motor skills, math, science, and social interactions. Bring a snack and a lunch. Instructor: Pam Hummel.

| | | |
|------------------|----------|-------------|
| 401212-01 | \$161.00 | |
| M,Tu,W,Th,F | 8/2-8/6 | 9:00A-1:00P |
| 401212-02 | \$161.00 | |
| M,Tu,W,Th,F | 8/9-8/13 | 9:00A-1:00P |

WII WEDNESDAY

(Ages 6-12) Join us for some friendly competition and lots of fun games on our Wii system. Instructor: Kitty Hughes.

| | | |
|------------------|-----------|---------------|
| 401214-01 | \$3.00 | |
| W | 6/23-6/23 | 10:45A-12:00P |
| 401214-02 | \$4.00 | |
| W | 7/14-7/14 | 10:45A-12:00P |
| 401214-03 | \$4.00 | |
| W | 8/18-8/18 | 10:45A-12:00P |

ALL THINGS AMERICAN GIRL

(Ages 6-12) Bring your American Girl Doll and go back in time. Besides fixing your doll's hair, daily projects and crafts will be offered. Bring a bag lunch and non-glass drinks each day. Friday afternoon we will have a picnic with hot dogs, chips, and lemonade. Instructor: Kitty Hughes.

| | | |
|------------------|----------|--------------|
| 401215-01 | \$101.00 | |
| M,Tu,W,Th,F | 7/5-7/9 | 10:00A-2:30P |

MIDDLE SCHOOL AGE PROGRAMS**TYE DYE TUESDAYS**

(Ages 11-14) Transform a white 100% cotton t-shirt into part of your Independence Day outfit. Instructor: Kitty Hughes.

| | | |
|------------------|-----------|-------------|
| 401303-01 | \$8.00 | |
| Tu | 6/29-6/29 | 7:00P-8:00P |

MULTI-AGE PROGRAMS**IRISH DANCE TEEN/ADULT**

(Ages 13 & up) An introduction to the basic steps of traditional Irish step dancing, made popular by Riverdance and Lord of the Dance. This course is offered in cooperation with the Aoibhneas an Rince Irish Dancers, a registered school of Irish dancing.

| | | |
|------------------|-----------|-------------|
| 401500-01 | \$66.00 | |
| M,W,Th,Sa | 6/24-7/15 | 8:00P-9:00P |
| 401500-02 | \$73.50 | |
| M,W,Th,Sa | 8/5-8/26 | 8:00P-9:00P |

TAI CHI

(Ages 16 & up) Tai Chi increases relaxation awareness, as well as mind and body coordination while improving posture, breathing and balance. Instructor: Bob Gardner.

| | | |
|------------------|----------|---------------|
| 401503-01 | \$110.00 | Beginner |
| M,W | 6/7-7/28 | 10:30A-11:30A |
| 401503-02 | \$110.00 | Intermediate |
| M,W | 6/7-7/28 | 9:30A-10:30A |
| 401503-03 | \$110.00 | Advanced |
| M,W | 6/7-7/28 | 8:30A-9:30A |

TOTAL BODY WORKOUT

(Ages 18 & up) On-going class. Are you ready to give your metabolism a boost and get your body into the best shape it can be? Then you need to come to this fun, coed class. It is a complete workout including cardio, strength training and stretching. \$100.00 for a punchcard (15 punches) Drop-in fee is \$9.00. Card can be used for any aerobics class at LVCC. You must register in person. Instructor: Sara Johnson.

| | | |
|------------------|-----------|--------------|
| 401507-01 | \$100.00 | |
| Tu,Th | 6/1-8/26 | 9:00A-10:00A |
| 401507-02 | \$100.00 | |
| M,W | 6/14-8/25 | 6:30P-7:30P |

DIETRICH'S KICKBOXING

(Ages 13 & up) An action packed class! Power punching workout for the "bored with the spa scene". Release the kickboxer deep inside us all!

| | | |
|------------------|----------|-------------|
| 401701-01 | \$50.00 | |
| Tu | 6/8-6/29 | 7:15P-8:00P |
| 401701-02 | \$56.00 | |
| Tu | 7/6-7/27 | 7:15P-8:00P |
| 401701-03 | \$56.00 | |
| Tu | 8/3-8/31 | 7:15P-8:00P |

FAMILY KICKBALL CLASSIC

(Ages 5 & up) Celebrate Parents' Day by bonding with your children in a massive kickball game. Create memories that every child will cherish. Parents must accompany children under 10. A hotdog lunch is provided. Instructor: Kitty Hughes.

| | | |
|------------------|-----------|--------------|
| 401704-01 | \$16.00 | |
| Sa | 7/24-7/24 | 10:30A-1:00P |

FITNESS ROOM

(Ages 16 & up) Come in and work out. Get back in shape or just tone up. Must sign up in person at LVCC.

| | | |
|------------------|-----------|-------------|
| 401706-01 | \$125.00 | 6 months |
| M-Sa | 6/3-12/31 | 7:00A-9:30P |
| 401706-02 | \$225.00 | 1 year |

| | | |
|------------------|----------|----------------------|
| M-Sa | 6/3-6/3 | 7:00A-9:30P |
| 401706-03 | \$125.00 | 1 yr. Senior/Student |
| M-Sa | 6/3-6/3 | 7:00A-9:30P |



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way
Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-7:00P F 7:00A-6:30P

***Supply & material fees are payable to the
instructor at the first class.***

PRESCHOOL AGE PROGRAMS**PRE-BALLET**

(Ages 3-5) Students learn classical ballet techniques while working on self esteem, respect and classroom etiquette. No experience required. Ballet slippers recommended. Instructor: Judy Duffy.

| | | |
|------------------|-----------|--------------|
| 402104-01 | \$66.00 | |
| M,Tu,W | 6/14-6/16 | 9:00A-11:00A |
| 402104-02 | \$67.00 | |
| M,Tu,W | 7/26-7/28 | 9:00A-11:00A |

KIDZ KREW

(Ages 3.5-5) Have a blast with your friends this summer with arts, crafts, sports, music, and more! Instructor: Annemarie Allen.

| | | |
|------------------|-----------|---------------|
| 402101-01 | \$45.00 | |
| Tu,W,Th | 6/15-6/17 | 11:00A-12:30P |
| 402101-02 | \$45.00 | |
| Tu,W,Th | 6/22-6/24 | 11:00A-12:30P |
| 402101-03 | \$45.00 | |
| Tu,W,Th | 6/29-7/1 | 11:00A-12:30P |
| 402101-04 | \$46.00 | |
| Tu,W,Th | 7/6-7/8 | 11:00A-12:30P |
| 402101-05 | \$46.00 | |
| Tu,W,Th | 7/13-7/15 | 11:00A-12:30P |
| 402101-06 | \$46.00 | |
| Tu,W,Th | 7/20-7/22 | 11:00A-12:30P |
| 402101-07 | \$46.00 | |
| Tu,W,Th | 7/27-7/29 | 11:00A-12:30P |
| 402101-08 | \$46.00 | |
| Tu,W,Th | 8/3-8/5 | 11:00A-12:30P |
| 402101-09 | \$46.00 | |

| | | |
|------------------|-----------|---------------|
| Tu,W,Th | 8/10-8/12 | 11:00A-12:30P |
| 402101-10 | \$46.00 | |
| Tu,W,Th | 8/17-8/19 | 11:00A-12:30P |

STAY & PLAY

(Ages 3½-5) Bring a lunch and continue the fun of Kidz Krew with playground time and gym time. Instructor: Annemarie Allen

| | | |
|------------------|-----------|--------------|
| 402102-01 | \$25.00 | |
| Tu,W,Th | 6/15-6/17 | 12:30P-1:30P |
| 402102-02 | \$25.00 | |
| Tu,W,Th | 6/22-6/24 | 12:30P-1:30P |
| 402102-03 | \$25.00 | |
| Tu,W,Th | 6/29-7/1 | 12:30P-1:30P |
| 402102-04 | \$26.00 | |
| Tu,W,Th | 7/6-7/8 | 12:30P-1:30P |
| 402102-05 | \$26.00 | |
| Tu,W,Th | 7/13-7/15 | 12:30P-1:30P |
| 402102-06 | \$26.00 | |
| Tu,W,Th | 7/20-7/22 | 12:30P-1:30P |
| 402102-07 | \$26.00 | |
| Tu,W,Th | 7/27-7/29 | 12:30P-1:30P |
| 402102-08 | \$26.00 | |
| Tu,W,Th | 8/3-8/5 | 12:30P-1:30P |
| 402102-09 | \$26.00 | |
| Tu,W,Th | 8/10-8/12 | 12:30P-1:30P |
| 402102-10 | \$26.00 | |
| Tu,W,Th | 8/17-8/19 | 12:30P-1:30P |

SUMMER SCIENCE

(Ages 3-5) Discover amazing facts & perform simple experiments in this hands-on science class. Instructor: Annemarie Allen.

| | | |
|------------------|-----------|---------------|
| 402113-01 | \$27.00 | |
| Tu,W,Th | 6/15-6/17 | 10:00A-11:00A |
| 402113-02 | \$28.00 | |
| Tu,W,Th | 7/6-7/8 | 10:00A-11:00A |
| 402113-03 | \$28.00 | |
| Tu,W,Th | 8/3-8/5 | 10:00A-11:00A |

FUN WITH MS. SUE

(Ages 3-5) Each week we'll discover something new! Bring a snack. Instructor: Sue Cangemi.

| | | |
|------------------|-----------|--------------|
| 402109-01 | \$24.00 | Cowboys |
| M | 6/21-6/21 | 9:00A-11:00A |
| 402109-02 | \$24.00 | Teddy Bears |
| M | 6/28-6/28 | 9:00A-11:00A |

SUMMER TWOS AND THREES

(Ages 2½-3½ w/o parent) Introduce your child to a group setting through music, art and games. Pack a small snack.

| | | |
|------------------|-----------|--------------|
| 402105-01 | \$44.00 | |
| Tu,W | 6/22-6/30 | 8:30A-10:00A |
| 402105-02 | \$45.00 | |
| Tu,W | 7/6-7/14 | 8:30A-10:00A |
| 402105-03 | \$45.00 | |

| | | |
|------------------|-----------|--------------|
| Tu,W | 7/20-7/28 | 8:30A-10:00A |
| 402105-04 | \$45.00 | |
| Tu,W | 8/3-8/11 | 8:30A-10:00A |

BUG HUNT

(Ages 3-5) Search for critters, hunt for bugs! Short hike, songs and games. Instructor: Annemarie Allen.

| | | |
|------------------|-----------|---------------|
| 402100-01 | \$27.00 | |
| Tu,W,Th | 6/22-6/24 | 10:00A-11:00A |

SCOOBY MYSTERIES

(Ages 3-5) Look for clues to solve the mystery of the day. Instructor: Annemarie Allen.

| | | |
|------------------|----------|---------------|
| 402103-01 | \$27.00 | |
| Tu,W,Th | 6/29-7/1 | 10:00A-11:00A |

FUN WITH PHONICS

(Ages 4½-6) Jump start to alphabet sounds through games, oral exercises, worksheets, practice skills and sight identification. Instructor: Annemarie Allen.

| | | |
|------------------|-----------|---------------|
| 402122-01 | \$81.00 | |
| Tu,W,Th | 7/13-7/29 | 10:00A-11:00A |

BALLET/JAZZ COMBO

(Ages 3-5) Participants learn ballet and jazz steps in a playful environment using props and music. No experience required. Ballet slippers preferred. Instructor: Judy Duffy.

| | | |
|------------------|---------|--------------|
| 402110-01 | \$67.00 | |
| M,Tu,W | 8/2-8/4 | 9:00A-11:00A |

ELEMENTARY AGE PROGRAMS**KIDZ ZONE**

(Grades 1-5) Swimming, sports, arts, crafts, and more. Please pack a lunch. Instructor: Denise Dant.

| | | |
|------------------|-----------|-------------|
| 402200-01 | \$80.00 | |
| Tu,W,Th | 6/22-6/24 | 9:30A-1:30P |
| 402200-02 | \$80.00 | |
| Tu,W,Th | 6/29-7/1 | 9:30A-1:30P |
| 402200-03 | \$81.00 | |
| Tu,W,Th | 7/6-7/8 | 9:30A-1:30P |
| 402200-04 | \$81.00 | |
| Tu,W,Th | 7/13-7/15 | 9:30A-1:30P |
| 402200-05 | \$81.00 | |
| Tu,W,Th | 7/20-7/22 | 9:30A-1:30P |
| 402200-06 | \$81.00 | |
| Tu,W,Th | 7/27-7/29 | 9:30A-1:30P |
| 402200-07 | \$81.00 | |
| Tu,W,Th | 8/10-8/12 | 9:30A-1:30P |
| 402200-08 | \$81.00 | |
| Tu,W,Th | 8/17-8/19 | 9:30A-1:30P |
| 402200-09 | \$81.00 | |
| Tu,W,Th | 8/24-8/26 | 9:30A-1:30P |

ALL AMERICAN CUISINE

(Ages 6-11) Gear up for Independence Day with these all- American recipes! Instructor: Lisa Cope.

| | | |
|------------------|-----------|---------------|
| 402208-01 | \$44.00 | |
| Tu,W | 6/29-6/30 | 10:30A-12:30P |

JUMP FOR FITNESS

(Ages 6-14) Jump into a healthy lifestyle with a local jump rope champion and Ravens cheerleader! Learn skills and choreography, and hop into some Double Dutch ropes. Instructor: Amazing Athletes.

| | | |
|------------------|---------|--------------|
| 402207-01 | \$67.00 | |
| M,Tu,W,Th,F | 7/5-7/9 | 12:00P-1:00P |

AMAZING SPORTS MIX

(Ages 6-12) The emphasis will be on baseball and football while incorporating fun, confidence, team work, and sportsmanship in this action-packed program. Instructor: Amazing Athletes.

| | | |
|------------------|----------|---------------|
| 402270-01 | \$133.00 | |
| M,Tu,W,Th,F | 7/5-7/9 | 10:00A-12:00P |

I CAN MAKE IT!

(Ages 6-11) Do you have what it takes to make your own hacky sack, vase and more? Instructor: Lisa Cope.

| | | |
|------------------|---------|---------------|
| 402203-01 | \$45.00 | |
| Tu,W | 7/6-7/7 | 10:30A-12:30P |

DIP AND DODGE

(Ages 6-11) Play Classic, Scramble, War, Dr. Dodge, Ultra Ball, and Battleship versions of dodgeball, then cool off at the pool. Cost includes admission. Instructor: Denise Dant.

| | | |
|------------------|-----------|--------------|
| 402242-01 | \$26.00 | |
| F | 7/9-7/9 | 10:00A-1:30P |
| 402242-02 | \$26.00 | |
| F | 7/30-7/30 | 10:00A-1:30P |
| 402242-03 | \$26.00 | |
| F | 8/13-8/13 | 10:00A-1:30P |
| 402242-04 | \$26.00 | |
| F | 8/27-8/27 | 10:00A-1:30P |

CANDY FACTORY

(Ages 6-11) Be prepared to get sticky! Instructor: Lisa Cope.

| | | |
|------------------|-----------|---------------|
| 402209-01 | \$45.00 | |
| Tu,W | 7/13-7/14 | 10:30A-12:30P |

BASKETBALL FUNDAMENTALS

(Ages 7-11) Emphasis is placed on individual skill development in ball handling, dribbling and shooting with coached scrimmages. Instructor: Amazing Athletes.

| | | |
|------------------|-----------|-------------|
| 402229-01 | \$67.00 | Boys |
| M,Tu,W,Th,F | 7/19-7/23 | 1:00P-2:00P |
| 402229-02 | \$67.00 | Girls |
| M,Tu,W,Th,F | 7/19-7/23 | 2:00P-3:00P |

| | | |
|------------------|-----------|-------------|
| 402229-03 | \$67.00 | Boys |
| M,Tu,W,Th,F | 8/16-8/20 | 1:00P-2:00P |
| 402229-04 | \$67.00 | Girls |
| M,Tu,W,Th,F | 8/16-8/20 | 2:00P-3:00P |

INTRO TO BASKETBALL

(Ages 5-6) See description for Basketball Fundamentals.

| | | |
|------------------|-----------|--------------|
| 402230-01 | \$56.00 | |
| M,Tu,W,Th,F | 7/19-7/23 | 12:15P-1:00P |
| 402230-02 | \$56.00 | |
| M,Tu,W,Th,F | 8/16-8/20 | 12:15P-1:00P |

BEGINNER BALLET

(Ages 6-11) Learn classical ballet techniques and classroom etiquette, and work on self esteem and respect for others. Ballet slippers recommended. Instructor: Judy Duffy.

| | | |
|------------------|-----------|--------------|
| 402202-01 | \$67.00 | |
| M,Tu,W | 7/26-7/28 | 11:30A-1:30P |

BALLET/JAZZ COMBO

(Ages 6-11) See description for Ages 3-5.

| | | |
|------------------|---------|--------------|
| 402204-01 | \$67.00 | |
| M,Tu,W | 8/2-8/4 | 11:30A-1:30P |

ADULT & SENIOR PROGRAMS**BLOOD PRESSURE CHECKS**

(Ages 18 & up) The Loudoun Mobile Care Unit will be at the center on the first and third Thursday of the month for blood pressure checks. No registration required.

Free event

| | | |
|-------------|-----------|---------------|
| 1st, 3rd Th | 6/17-8/19 | 11:30A-12:30P |
|-------------|-----------|---------------|

SOCIAL SENIORS

(Ages 55 & up) Home cooked meals and great socialization on the first and third Thursday of the month. Please call the Center by the preceding Tuesday, if you plan to attend.

Pay at door

| | | |
|----|-----------|--------------|
| Th | 6/17-8/19 | 12:00P-1:30P |
|----|-----------|--------------|



**For
complete summer camp
information, visit
www.loudoun.gov/camps**

LUCKETTS COMMUNITY CENTER

42361 Lucketts Road
Leesburg, VA 20176

703-771-5281

Th 7:00A-9:00P

M,Tu,W,F 7:00A-6:30P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

SUMMER ADVENTURES WITH MISS DONNA

(Ages 3½ -6) Each day we'll have a new adventure with crafts and learning activities. Please pack a peanut-free bagged lunch. Instructor: Donna VanWagoner, certified preschool teacher.

| | | |
|------------------|----------|-------------|
| 409101-01 | \$201.00 | |
| M,Tu,W,Th,F | 7/6-7/16 | 9:00A-1:00P |

CELEBRATE CHOCOLATE PUDDING DAY

(Ages 3-6) Celebrate National Chocolate Pudding Day by making, drawing and eating chocolate pudding.

| | | |
|------------------|-----------|---------------|
| 409102-01 | \$10.00 | |
| F | 6/25-6/25 | 11:00A-12:00P |

FIRST FUN FRIDAY

(Ages 4-6) Fun Fridays continue...join us for an afternoon of fun, frolic and food.

| | | |
|------------------|---------|--------------|
| 409103-01 | \$16.00 | |
| F | 7/2-7/2 | 11:00A-2:00P |

| | | |
|------------------|---------|--------------|
| 409103-02 | \$16.00 | |
| F | 8/6-8/6 | 11:00A-2:00P |

AMAZING ATHLETES

(Ages 4-7) Develop gross motor skills, muscle tone and overall physical fitness with Coach Robert from Amazing Athletes. Bring a bagged lunch for an after class picnic.

| | | |
|------------------|-----------|---------------|
| 409104-01 | \$56.00 | |
| M,Tu,W,Th | 7/19-7/22 | 11:00A-12:30P |

LEGGO MY EGGO

(Ages 4-7) Have fun playing with Leggo's and eating Eggo's.

| | | |
|------------------|-----------|---------------|
| 409105-01 | \$11.00 | |
| Tu | 7/27-7/27 | 11:00A-12:00P |

CELEBRATE WATERMELON DAY

(Ages 4-7) Celebrate one of our favorite foods, watermelon. How far can you spit seeds?

| | | |
|------------------|---------|---------------|
| 409106-01 | \$11.00 | |
| Tu | 8/3-8/3 | 11:00A-12:00P |

ELEMENTARY AGE PROGRAMS

CHEERLEADING

(Ages 5-9) Learn cheers, chants, dance routines, correct stunting, jumping and motion techniques. More summer classes will be added. Instructor: Robert Jackson of Amazing Athletes.

| | | |
|------------------|-----------|--------------|
| 409201-01 | \$180.00 | |
| M,Tu,W,Th,F | 6/21-6/25 | 9:00A-12:00P |

| | | |
|------------------|----------|--------------|
| 409201-02 | \$180.00 | |
| M,Tu,W,Th,F | 6/28-7/2 | 9:00A-12:00P |

AMAZING ATHLETES WEEK

(Ages 6-10) Play a different sport each day. Bring a bagged lunch for a picnic at noon. Class begins at 1:00P. Instructor: Robert Jackson of Amazing Athletes.

| | | |
|------------------|-----------|--------------|
| 409202-01 | \$56.00 | |
| M,Tu,W,Th | 7/19-7/22 | 12:00P-1:30P |

DODGE BALL WITH COACH ROBERT

(Ages 6-10) Learn the "in's and out's" of dodge ball, and play in a Kids vs. Parents game Thursday evening. Instructor: Robert Jackson of Amazing Athletes.

| | | |
|------------------|-----------|-------------|
| 409203-01 | \$41.00 | |
| Tu,W,Th | 7/27-7/29 | 7:00P-8:00P |

MIDDLE & HIGH SCHOOL AGE PROGRAMS

CHEERLEADING

(Ages 10-14) Please see description for Ages 5-9.

| | | |
|------------------|-----------|-------------|
| 409301-01 | \$180.00 | |
| M,Tu,W,Th,F | 6/21-6/25 | 1:00P-4:00P |

| | | |
|------------------|----------|-------------|
| 409301-02 | \$180.00 | |
| M,Tu,W,Th,F | 6/28-7/2 | 1:00P-4:00P |

MULTI-AGE PROGRAMS

SENIOR POT LUCK LUNCHEON

(Ages 55 & up) Great food! Wonderful folks! Bring a dish to share.

Free event

| | | |
|---|------------------|--------------|
| W | 6/16, 7/21, 8/18 | 11:00A-1:00P |
|---|------------------|--------------|

LUCKETTS LITERATI

(Ages 18 & up) A well-established book club with lively discussions and camaraderie. Call for current book title.

| | | |
|--------------------|------------------|-------------|
| Pay at door | \$3.00 | |
| Th | 6/24, 7/22, 8/26 | 7:30P-9:00P |

QUILTING AND SEWING "BEE"

(Ages 18 & up) Bring your handiwork and spend time with friends sharing ideas, tips and techniques.

| | | |
|--------------------|------------------|-------------|
| Pay at door | \$3.00 | |
| M | 6/28, 7/26, 8/23 | 7:00P-9:00P |

**BECOME A FAN
OF LOUDOUN COUNTY
PRCS ON**

facebook

MIDDLEBURG COMMUNITY CENTER

300 West Washington Street, P.O. Box 888
Middleburg, VA 20118

540-687-6375

M-F 8:30A-5:00P

Supply & material fees are payable to the instructor at the first class.

ELEMENTARY AGE PROGRAMS

CHILDREN'S KARATE

(Ages 5-12) This class teaches basic techniques of the Korean martial art, Tang Soo Do, with kicks, strikes, self-defense, and a little sparing.

| | | |
|------------------|----------|-------------|
| 408211-01 | \$60.00 | |
| M | 6/7-6/28 | 5:00P-6:00P |

| | | |
|------------------|----------|-------------|
| 408211-02 | \$61.00 | |
| M | 7/5-7/26 | 5:00P-6:00P |

SELF DEFENSE

(Ages 13 & up) Self defense will build on a foundation of practical techniques from various martial arts styles, in a comfortable and informal environment.

| | | |
|------------------|----------|-------------|
| 408501-01 | \$60.00 | |
| M | 6/7-6/28 | 6:00P-7:00P |

| | | |
|------------------|----------|-------------|
| 408501-02 | \$61.00 | |
| M | 7/5-7/26 | 6:00P-7:00P |



**For
complete summer camp
information, visit
www.loudoun.gov/camps**

PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road

Philomont, VA 20131

540-338-5882

M-F 8:30A-4:30P

Supply & material fees are payable to the instructor at the first class.

INSTRUCTORS WANTED

We're looking for instructors willing to share their talents in fitness, music, arts or cooking. There are also opportunities for contracted vendors. Call for details.

LICENSED PRESCHOOL

(Ages 2 ½-5) We offer a nine-month preschool program, which follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Our program follows the National Association for the Education of Young Children's recommended Creative Curriculum Approach to Learning. Students must be age appropriate by 9/30/10. We are currently accepting applications for the 2010/11 school year for potty trained children. Call for availability.

PRESCHOOL AGE PROGRAMS

AMAZING ATHLETES

(Ages 3-5) Learn the fundamentals of different sports while improving hand-eye coordination, gross motor skills cardiovascular health, muscle tone, confidence and teamwork. Instructor: Coach Robert Jackson/Amazing Athletes.

| | | |
|------------------|----------|---------------|
| 411100-01 | \$85.00 | |
| F | 6/4-6/25 | 10:00A-12:00P |
| 411100-02 | \$93.50 | |
| F | 7/9-7/30 | 10:00A-12:00P |
| 411100-03 | \$93.50 | |
| F | 8/6-8/27 | 10:00A-12:00P |

TOTS 3-DAY THEME CAMPS

(Ages 3-5) Enjoy our exciting new summer camps!

| | | |
|------------------|-----------|--------------------|
| 411101-01 | \$76.00 | All About Me |
| Tu,W,Th | 6/1-6/3 | 9:30A-12:30P |
| 411101-02 | \$76.00 | Alphabet Week |
| Tu,W,Th | 6/8-6/10 | 9:30A-12:30P |
| 411101-03 | \$76.00 | Ole Fashion Fun |
| Tu,W,Th | 6/15-6/17 | 9:30A-12:30P |
| 411101-04 | \$76.00 | All-American |
| Tu,W,Th | 6/22-6/24 | 9:30A-12:30P |
| 411101-05 | \$76.00 | Kid's Cafe |
| Tu,W,Th | 7/6-7/8 | 9:30A-12:30P |
| 411101-06 | \$76.00 | Beaches & Sunshine |

| | | |
|------------------|-----------|--------------------|
| Tu,W,Th | 7/13-7/15 | 9:30A-12:30P |
| 411101-07 | \$76.00 | Eco Kids/Gardening |
| Tu,W,Th | 7/20-7/22 | 9:30A-12:30P |
| 411101-08 | \$76.00 | S'mores/Camping |
| Tu,W,Th | 7/27-7/29 | 9:30A-12:30P |
| 411101-09 | \$76.00 | Back to the Farm |
| Tu,W,Th | 8/3-8/5 | 9:30A-12:30P |
| 411101-10 | \$76.00 | Around the World |
| Tu,W,Th | 8/10-8/12 | 9:30A-12:30P |
| 411101-11 | \$76.00 | Mix-it-up |
| Tu,W,Th | 8/17-8/19 | 9:30A-12:30P |

SUMMER LUNCH BUNCH

(Ages 3-5) Bring your lunch and enjoy a good time with songs, games, crafts, and other fun activities.

| | | |
|------------------|-----------|--------------|
| 411102-01 | \$13.00 | |
| Th | 6/3-6/3 | 12:30P-1:30P |
| 411102-02 | \$13.00 | |
| Th | 6/10-6/10 | 12:30P-1:30P |
| 411102-03 | \$13.00 | |
| Th | 6/17-6/17 | 12:30P-1:30P |
| 411102-04 | \$13.00 | |
| Th | 6/24-6/24 | 12:30P-1:30P |
| 411102-06 | \$13.00 | |
| Th | 7/8-7/8 | 12:30P-1:30P |
| 411102-07 | \$13.00 | |
| Th | 7/15-7/15 | 12:30P-1:30P |
| 411102-08 | \$13.00 | |
| Th | 7/22-7/22 | 12:30P-1:30P |
| 411102-09 | \$13.00 | |
| Th | 7/29-7/29 | 12:30P-1:30P |
| 411102-10 | \$12.00 | |
| Th | 8/5-8/5 | 12:30P-1:30P |
| 411102-11 | \$13.00 | |
| Th | 8/12-8/12 | 12:30P-1:30P |

OUT TO THE BALL GAME

(Ages 3-5) Learn T-Ball basics while enjoying hot dogs and some ballgame foods.

| | | |
|------------------|-----------|--------------|
| 411103-01 | \$16.00 | |
| F | 6/18-6/18 | 11:00A-1:00P |
| 411103-02 | \$16.00 | |
| M | 7/12-7/12 | 11:00A-1:00P |
| 411203-03 | \$16.00 | |
| F | 8/6-8/6 | 11:00A-1:00P |

DAD'S DAY BBQ APRON

(Ages 3-5) Surprise dad with a special Father's day apron decorated with love! Lunch provided.

| | | |
|------------------|-----------|--------------|
| 411104-01 | \$16.00 | |
| W | 6/16-6/16 | 12:30P-2:30P |

WET N WILD DAY

(Ages 3-5) Cool off in our kiddie turtle pool and sprinklers. Pack a lunch for an outdoor picnic.

| | | |
|------------------|---------|--|
| 411105-01 | \$11.00 | |
|------------------|---------|--|

| | | |
|---|-----------|--------------|
| W | 7/14-7/14 | 12:30P-1:30P |
|---|-----------|--------------|

RUN, RUN, RUN

(Ages 3-5) Run ramped this season in the gym with an obstacle course, relay races and more!

| | | |
|------------------|-----------|--------------|
| 411106-01 | \$16.00 | |
| W | 7/21-7/21 | 12:30P-2:00P |

NATIONAL WATERMELON DAY

(Ages 3-5) Enjoy sweet treats, and discover lots of refreshing recipes for summer!

| | | |
|------------------|-----------|--------------|
| 411107-01 | \$11.00 | |
| Tu | 7/27-7/27 | 12:30P-1:30P |

MIX-IT-UP

(Ages 3-5) Kids make slime, finger paint and other messy creations, and there's no clean up for mom! Lunch included.

| | | |
|------------------|-----------|--------------|
| 411108-01 | \$16.00 | |
| F | 6/25-6/25 | 11:00A-1:00P |

TOOTHFAIRY DAY

(Ages 3-5) Celebrate National Tooth Fairy Day with educational games, craft and stories.

| | | |
|------------------|-----------|--------------|
| 411109-01 | \$11.00 | |
| W | 8/18-8/18 | 12:30P-1:30P |

ELEMENTARY AGE PROGRAMS

AMAZING ATHLETES

(Ages 6-12) See description for Ages 3-5.

| | | |
|------------------|-----------|--------------|
| 411200-01 | \$22.00 | |
| F | 6/25-6/25 | 12:30P-2:30P |
| 411200-02 | \$93.50 | |
| F | 7/9-7/30 | 12:30P-2:30P |
| 411200-03 | \$93.50 | |
| F | 8/6-8/27 | 12:30P-2:30P |

3-DAY THEME CAMPS

(Ages 6-9) Enjoy our exciting new summer camps!

| | | |
|------------------|-----------|--------------------|
| 411201-01 | \$76.00 | All-American |
| Tu,W,Th | 6/22-6/24 | 9:30A-12:30P |
| 411201-02 | \$76.00 | Kid's Cafe |
| Tu,W,Th | 7/6-7/8 | 9:30A-12:30P |
| 411201-03 | \$76.00 | Beaches & Sunshine |
| Tu,W,Th | 7/13-7/15 | 9:30A-12:30P |
| 411201-04 | \$76.00 | Eco Kids/Gardening |
| Tu,W,Th | 7/20-7/22 | 9:30A-12:30P |
| 411201-05 | \$76.00 | S'mores/Camping |
| Tu,W,Th | 7/27-7/29 | 9:30A-12:30P |
| 411201-06 | \$76.00 | Back to the Farm |
| Tu,W,Th | 8/3-8/5 | 9:30A-12:30P |
| 411201-07 | \$76.00 | Around the World |
| Tu,W,Th | 8/10-8/12 | 9:30A-12:30P |
| 411201-08 | \$76.00 | Mix-it-up |
| Tu,W,Th | 8/17-8/19 | 9:30A-12:30P |

WACKY WEDNESDAY TRIP DAYS

(Ages 8-10) Our Wednesday day trips offer kids

great variety this summer. Bring a bag lunch.

| | |
|------------------|----------------------------------|
| 411202-01 | \$36.00 Shenandoah Music Theater |
| W | 6/30-6/30 1:00P-6:00P |
| 411202-02 | \$36.00 Lazy River & Lunch |
| W | 7/14-7/14 10:00A-3:00P |
| 411202-03 | \$36.00 Loudoun 4H Fair |
| W | 7/28-7/28 10:00A-3:00P |
| 411202-04 | \$36.00 Village Lanes Bowling |
| W | 8/4-8/4 10:00A-3:00P |
| 411202-05 | \$36.00 Sport Rock |
| W | 8/18-8/18 10:00A-3:00P |

LITTLE CHEFS-NATIONAL DAY OF ITALY

(Ages 6-10) Celebrate the National Day of Italy, enjoy fabulous recipes and explore their culture.

| | |
|------------------|---------------------|
| 411203-01 | \$16.00 |
| Tu | 6/1-6/1 3:15P-5:15P |

LEGO MY EGGO

(Ages 6-10) Enjoy a hearty breakfast while you compete in a Lego Mania Competition. Bring your own Legos.

| | |
|------------------|------------------------|
| 411204-01 | \$16.00 |
| F | 6/25-6/25 9:30A-11:30A |
| 411204-02 | \$16.00 |
| F | 7/16-7/16 9:30A-11:30A |
| 411204-03 | \$16.00 |
| F | 8/13-8/13 9:30A-11:30A |

OUT TO BALL GAME

(Ages 6-10) Learn the basics of baseball and enjoy hot dogs and other ballgame foods.

| | |
|------------------|------------------------|
| 411205-01 | \$16.00 |
| F | 6/18-6/18 11:00A-1:00P |
| 411205-02 | \$16.00 |
| M | 7/12-7/12 11:00A-1:00P |
| 411205-03 | \$16.00 |
| F | 8/6-8/6 11:00A-1:00P |

WET N WILD

(Ages 5-10) Cool kids cool off with our slip & slide and sprinklers! Pack a lunch for an outdoor picnic.

| | |
|------------------|------------------------|
| 411206-01 | \$11.00 |
| W | 7/14-7/14 12:30P-1:30P |

HOOPS BASKETBALL CAMPS

(Ages 8-11) Learn the basics of ball handling, passing, shooting, and defense in a safe, fun, pressure-free atmosphere. Bring snack. Instructor: Coach Ken/Hoops the Right Way, Inc.

| | |
|------------------|-----------------------|
| 411400-01 | \$136.00 |
| M-F | 6/21-6/25 9:00A-1:00P |
| 411400-02 | \$149.50 |
| M-F | 7/5-7/9 9:00A-1:00P |

WACKY WEDNESDAY TRIP CAMPS

(Ages 11-14) See description for Ages 8-10.

| | |
|------------------|----------------------------------|
| 411401-01 | \$36.00 Shenandoah Music Theater |
| W | 6/30-6/30 1:00P-6:00P |
| 411401-02 | \$36.00 Lazy River & Lunch |
| W | 7/14-7/14 10:00A-3:00P |
| 411401-03 | \$36.00 Loudoun 4H Fair |
| W | 7/28-7/28 10:00A-3:00P |
| 411401-04 | \$36.00 Village Lanes Bowling |
| W | 8/4-8/4 10:00A-3:00P |
| 411401-05 | \$36.00 Sport Rock |
| W | 8/18-8/18 10:00A-3:00P |

SENIOR PROGRAMS

SENIOR POTLUCK

(Ages 55 & up) Great food and wonderful friendship. Bring a dish to share.

| | |
|------------------|-------------------|
| 411600-01 | Free |
| W | 6/9 11:00A-1:00P |
| 411600-02 | Free |
| W | 7/7 11:00A-1:00P |
| 411600-03 | Free |
| W | 8/11 11:00A-1:00P |



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**

STERLING COMMUNITY CENTER

120 Enterprise Street
Sterling, VA 20164
703-430-9480

Fax: 703-421-3118

M-F 9:00A-9:00P, Sa 9:00A-5:00P

Supply & material fees are payable to instructor at the first class.

PRESCHOOL PROGRAMS

MOONBOUNCE FRIDAYS

(Ages 5 & under) The SCC Gym will be transformed into a moon bounce paradise! All moon bounce rentals provided by J&J rentals.

| | |
|------------------|-----------------------|
| 403101-01 | \$5.00 |
| F | 6/18-6/18 5:00P-7:00P |
| 403101-02 | \$6.50 |
| F | 7/9-7/9 5:00P-7:00P |
| 403101-03 | \$6.50 |
| F | 7/23-7/23 5:00P-7:00P |
| 403101-04 | \$6.50 |

| | |
|------------------|-----------------------|
| F | 8/6-8/6 5:00P-7:00P |
| 403101-05 | \$6.50 |
| F | 8/20-8/20 5:00P-7:00P |

MOONBOUNCE SATURDAYS

(Ages 5 & under) See Moonbounce Fridays.

| | |
|------------------|------------------------|
| 403102-01 | \$5.00 |
| Sa | 6/19-6/19 9:30A-11:30A |
| 403102-02 | \$6.50 |
| Sa | 7/10-7/10 9:30A-11:30A |
| 403102-03 | \$6.50 |
| Sa | 7/24-7/24 9:30A-11:30A |
| 403102-04 | \$6.50 |
| Sa | 8/7-8/7 9:30A-11:30A |
| 403102-05 | \$6.50 |
| Sa | 8/21-8/21 9:30A-11:30A |

ART A LA CART!

(Ages 4-5) Explore creative art materials and design your own original artwork. Art a la Cart... pick and choose your class and time. Join us for 1 or all!

| | |
|------------------|---------------------------------|
| 403103-01 | \$10.00 Sand Party |
| M | 6/28-6/28 10:30A-11:30A |
| 403103-02 | \$12.00 Color Me Canvas Totes |
| M | 7/19-7/19 10:30A-11:30A |
| 403103-03 | \$12.00 Squish Art |
| M | 8/9-8/9 10:30A-11:30A |
| 403103-04 | \$12.00 Water Color Butterflies |
| M | 8/30-8/30 10:30A-11:30A |

CRAFT AND A STORY

(Ages 3-4) Read a story, and then create a fun craft with friends. Sign up for your favorite or all three!

| | |
|------------------|------------------------------|
| 403104-01 | \$7.50 Give a Mouse a Cookie |
| M | 7/12-7/12 10:30A-11:15A |
| 403104-02 | \$7.50 The Lorax |
| M | 7/26-7/26 10:30A-11:15A |
| 403104-03 | \$7.50 Sam I Am |
| M | 8/16-8/16 10:30A-11:15A |

TEEN PROGRAMS

ECLIPSE RELEASE EVENT

(Ages 13-18) Join us in celebrating the *Eclipse* movie release! Watch Twilight and New Moon on our big screen! Test your twilight knowledge with our trivia games. Come dressed to impress for our Twilight costume contest. A few lucky winners receive tickets to *Eclipse*, in theatres June 30! Children under 13 need parent permission.

| | |
|------------------|------------------------|
| 403705-01 | \$5.00 |
| Tu | 6/29-6/29 6:00P-11:00P |

ADULT PROGRAMS**BALLROOM DANCE**

(Ages 18 & up) Learn to tear up the dance floor with Mr. Steven! The Fox Trot, Waltz, Swing, Tango, and Cha Cha will be covered. No Class 7/3.

403500-01 \$60.00
Sa 6/19-8/14 2:00P-3:00P

PRIVATE WEDDING DANCE LESSONS

(Ages 18 & up) Learn your first dance and amaze family and friends on your special day. Six private one-hour sessions. Must sign up for date/time in person at SCC. Instructor: Mr. Steven.

403504-01 \$301.00

WOMEN'S SELF DEFENSE

(Ages 18 & up) Beginner self defense focuses on general awareness of surroundings, "hit and run" techniques, and use of personal objects as self defense tools.

403506-01 \$15.00
Sa 6/12-6/12 3:15P-4:30P
403506-02 \$17.50
Sa 7/24-7/24 3:15P-4:30P

DROP-IN VOLLEYBALL

(Ages 18 & up) Drop in on Tuesday and Thursday nights at Sterling Community Center.

Pay at door \$2.50
Tu,Th 6/22-8/26 6:45P-8:45P

TAI CHI

(Ages 18 & up) Tai Chi is an ancient Chinese form of mind, body and spirit exercise that uses slow circular movements to develop, strength, balance, and promote overall health.

403510-01 \$60.00
F 6/18-8/13 7:30P-8:30P

BOOT CAMP

(Ages 18 & up) Sweat off those extra pounds just in time for summer with Nikki. Shape up through core work, cardio, kickboxing, muscle tone, and yoga.

403511-01 \$40.00
Tu,Th 6/8-7/1 5:30P-6:30P
403511-02 \$45.00
Tu,Th 7/6-7/29 5:30P-6:30P
403511-03 \$45.00
Tu,Th 8/3-8/26 5:30P-6:30P

BEGINNING HATHA YOGA

(Ages 18 & up) Build strength, flexibility, balance, and meditation skills with Ms. Cindy. Wear comfortable clothes. No class 7/5.

403512-01 \$40.00
M 6/21-7/19 7:00P-8:00P
403512-02 \$40.00

Tu 6/22-7/13 9:15A-10:15A
403512-03 \$45.00
M 8/2-8/23 7:00P-8:00P
403512-04 \$45.00
Tu 8/3-8/24 9:00A-10:15A

MULTI-AGE PROGRAMS**DROP-IN BASKETBALL**

(Ages 16 & up) Drop in on Monday nights at Sterling Community Center

Pay at door \$2.50
M 6/21-8/30 6:45P-8:45P

BEGINNING BELLY DANCING

(Ages 16 & up) Level I American Tribal Style Belly Dance is an empowering, low-impact, full body workout. Individuals with ankle, knee, or hip conditions should consult a physician. Details on required finger cymbals provided at first class. Instructor: Annie McDonald.

403502-01 \$60.00
Th 6/17-8/5 6:30P-7:30P

INTERMEDIATE BELLY DANCING

(Ages 16 & up) Prerequisite: Level I and instructor approval. The class introduces new movements and group improvisational dancing. Wear comfortable workout clothes. Zills required, details provided at first class. Instructor: Annie McDonald.

403503-01 \$60.00
Th 6/17-8/5 7:45P-8:45P

ANIMAL EDUCATION SERIES

(Ages 13 & up) Loudoun County Animal Care and Control offers sessions about animal welfare and awareness. Topics will include behavior training, pet selection, animal first aid, and baby-ready pet training. Space is limited.

403507-01 \$1.00
Sa 6/12-6/12 9:00A-11:00A
403507-02 \$2.00
Sa 7/10-7/10 9:00A-11:00A
403507-03 \$2.00
Sa 8/14-8/14 9:00A-11:00A

DROP-IN ACTIVITIES CARD

(All ages) Purchase an activities card at the center for Tot Drop-in, Basketball, and Volleyball. Your 11th visit is FREE!

403700-01 \$26.00/10 visits

MOVE AND GROOVE BIRTHDAY

(All ages) Includes two hours of gym fun with play equipment, cake, juice, basic party ware with a decorated head table, and a party coordinator. Price includes 15 youth admissions; \$5.00 for each additional child. Must fill out information packet at the center.

403706-01 \$186.00 Call to schedule

BIRTHDAY FUN W/MOONBOUNCES

(All ages) Includes two hours in our moonbounce mania gym, cake, juice, basic party ware with a decorated head table and a party coordinator. Price includes 15 youth admissions; \$5 each additional child. Must fill out information packet at the center.

403707-01 \$201.00 Call to schedule



**For
complete
summer camp
information, visit
www.loudoun.gov/camps**



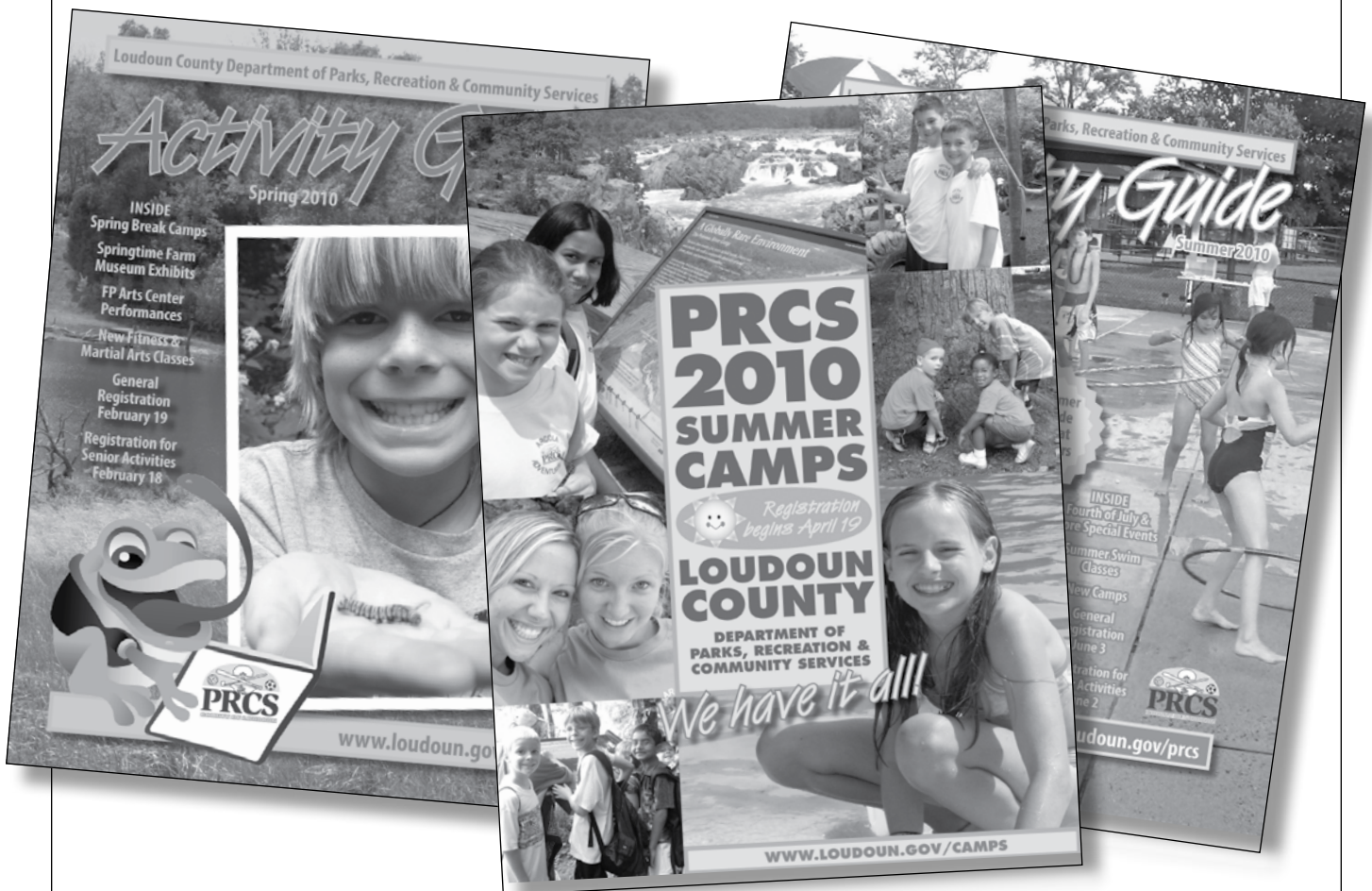
**Look to
PRCS
for Your
After
School
Care
Needs!**

CASA (County After School Activities Program) is a state-licensed program for elementary students age 5 – grade 5. We currently serve over 1000 children from elementary schools throughout Loudoun County.

YAS (Youth After School Program) is designed for middle school students in grades 6-8. YAS is available at middle schools in the county.

For more information, refer to the Licensed Programs section in this guide or visit www.loudoun.gov/prcs.

Don't get left out...



Sign up
to receive PRCS Activity Guide
announcements at www.loudoun.gov

PRCS facilities are Perfect for family or group events and meetings.

Plan your next

family gathering, company picnic, birthday party, wedding or other special occasion
at one of our outdoor pavilions or indoor spaces.

For more information, visit www.loudoun.gov/prcs,
contact your local PRCS center or park,
or call 703-777-0343



Pavilions for Rent:

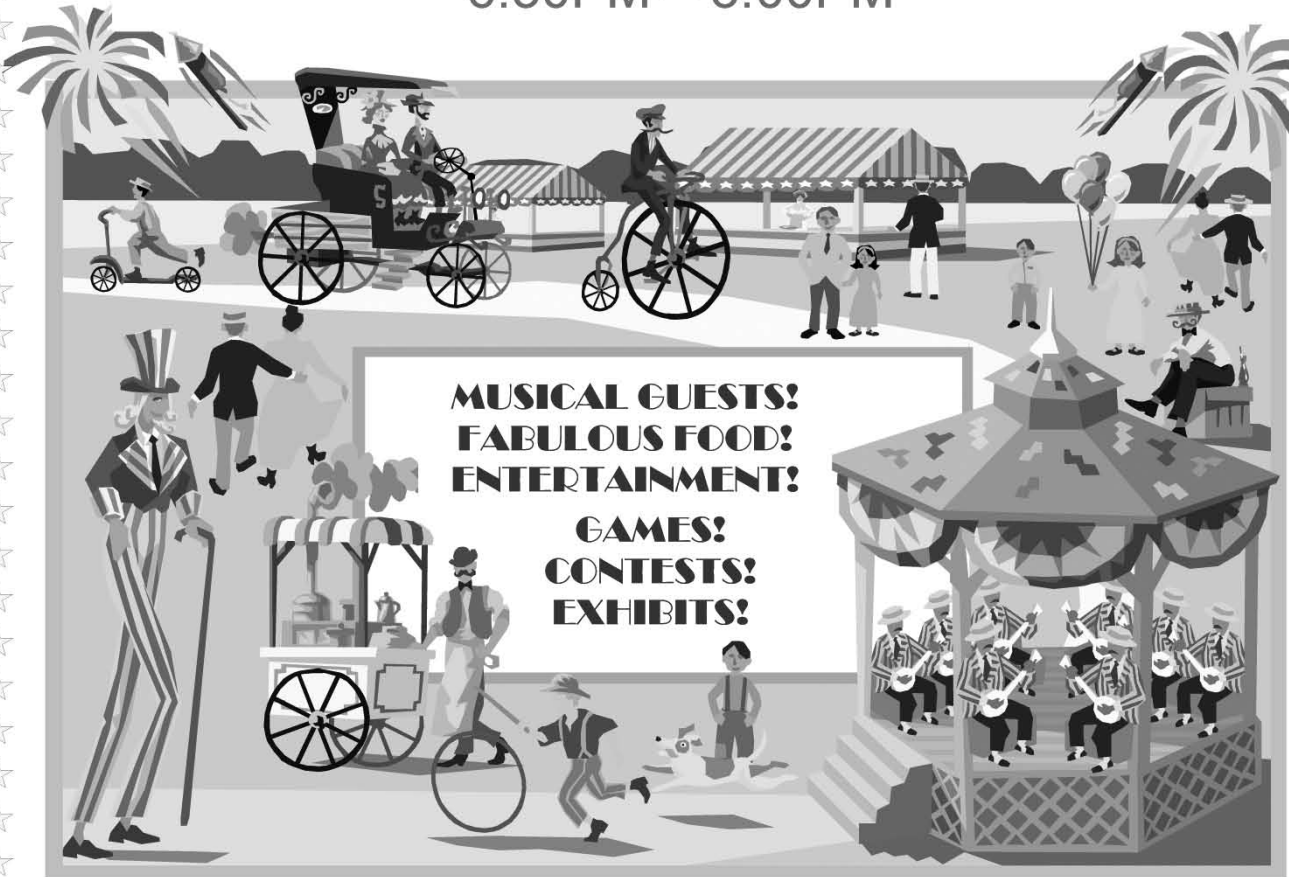
Ashburn Park..... 703-777-0343
Briar Patch Park..... 703-777-0343
Claude Moore Park 571-258-3700
Douglass Community Center..... 703-771-5913
Franklin Park 540-338-7603
Lansdowne Sports Park..... 703-777-0343
Lucketts Community Center..... 703-771-5281
Loudoun Valley Comm. Center 540-338-4122
Mickie Gordon Memorial Park..... 703-777-0343
Old Arcola Community Center 703-777-0343
Philomont Community Center..... 540-338-5882
Potomack Lakes Sportsplex..... 703-444-1459
Sterling Community Center 703-430-9480

Rooms & Gyms for Rent:

Banshee Reeks Nature Preserve ... 703-669-0136
Bluemont Community Center 540-554-8643
Carver Center 571-258-3400
Cascades Senior Center 703-430-2397
Claude Moore Community Ctr. 571-258-3500
Claude Moore Recreation Center... 571-258-3600
Douglass Community Center..... 703-771-5913
Dulles South Multipurpose Center . 571-258-3456
Heritage Farm Museum..... 571-258-3800
Leesburg Senior Center 703-737-8039
Loudoun Valley Comm. Center 540-338-4122
Lovettsville Community Center 540-822-5284
Lucketts Community Center..... 703-771-5281
Philomont Community Center..... 540-338-5882
Sterling Community Center 703-430-9480

SEE YOU AT THE "STATE FAIR"
for PRCS Volunteers & Their Families!

June 10, 2010
6:30PM – 8:00PM



Douglass Community Center
Pavilion & Picnic Grounds
405 E. Market Street • Leesburg

RSVP to prcs@loudoun.gov
or your PRCS liaison by June 2



Loudoun County Department of Parks, Recreation & Community Services
www.loudoun.gov/prcs

Youth Fest

Featuring: My Favorite Highway - 7 pm



**Saturday, June 26, 2010
2-8 p.m.**

**Brambleton town Center
Rock Band, Wii, Food, Rock Climbing Wall, Music & More!
Local Teen Bands 2-7 p.m.**

Go to Loudounteens.org for details!



*Loudoun Youth
Initiative*

**...Make a Difference.
Get Involved.**

Are You Interested in the **Future** of Your Community?

Consider Serving on PRCS Advisory Boards!

In addition to appointed boards, our centers, parks, and specialty programs rely on volunteers to serve on local advisory boards.

Most boards meet monthly and assist in the development, planning, and implementation of programs and activities. If you are interested in serving on a local advisory board, please contact the center, park, or program of your choice.

**For more information, call
703-777-0343.**



PARKS, RECREATION & OPEN SPACE BOARD (PROS) **703-777-0343**

PROS members are appointed by the Board of Supervisors to represent their respective district. The board provides a forum for citizens' issues related to parks, recreation and open space and representatives advise PRCS staff on community needs.

Meetings: 7:30AM on the third Saturday of the month. The public is invited. Check for location updates on the County Government Calendar at www.loudoun.gov.

COMMISSION ON AGING (COA) **703-777-0257**

COA representatives are appointed by the Board of Supervisors. The Commission advises Loudoun County Area Agency on Aging staff and the Board of Supervisors on matters of concern to older residents.

Meetings: 9:30 a.m. on the third Thursday of the month at the Loudoun County Area Agency on Aging in Leesburg. The public is invited.

ADVISORY COMMISSION ON YOUTH (ACOY) **703-777-0346**

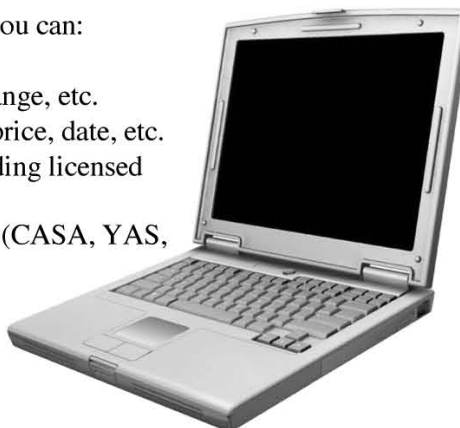
ACOY is composed of representatives from each voting district appointed by the Board of Supervisors, along with representatives from community agencies and student liaisons from each public high school. Students from private high schools are also invited to participate. The role of Commission members is to advise the Board of Supervisors and PRCS staff on youth issues and to serve as a forum for community concerns. ACOY also works in conjunction with the Loudoun Youth Initiative (LYI) to foster programs and services necessary for the wholesome development of youth in Loudoun County.

Meetings: 7:00PM on the fourth Monday of the month at the Loudoun County Government Center. The public is invited.


DO YOU WEBTRAC?

With WebTrac, our online registration system, you can:

- Request a new household account
- Search for activities by type, location, age range, etc.
- Look up details about an activity including price, date, etc.
- Enroll for most classes and activities (excluding licensed programs)
- Pay existing balances for licensed programs (CASA, YAS, Preschool, etc.)
- Print a transaction history
- Print a childcare statement
- Print old receipts



Visit www.loudoun.gov/webtrac to search for activities or register online.




Loudoun County, Virginia

[About Loudoun](#) | [Jobs](#) | [Calendars](#) | [Links](#)

[Log In](#) | [0 Items in Shopping Cart](#) | [Log Out](#)

[SearchBrowse](#) | [Contact Us](#)



Spring registration begins February 19 at 12:01am

Member Login

Username:

Password:


Login

Need an Account? [Click Here](#)
Need a Password? [Click Here](#)
Need extra help? [Click Here](#)


PRCS
215 Depot Ct.
Tax ID# 54-094-8306
Leesburg, VA 20175
Email: prcs@loudoun.gov
Telephone: (703) 777-0343

Welcome to Online Registration

To search for a class:

1. Choose the class type or location from the list(s).
2. Use the search functions provided.
3. Click  (Add to Wishlist) to mark the desired classes.
4. Log into WebTrac to register.

To register for a class:

1. Log into WebTrac with your household ID and password. Your default password is your home phone number with area code and no dashes.
2. Select your wishlist or enter the appropriate class number.
3. Click  (Add to cart) to proceed.
4. Proceed to checkout.

Once logged in you can:

1. Make a payment on an existing balance
2. Update household information (address, email, etc...)
3. Update family members (Add new, change ages)
4. View your shopping history
5. Reprint receipts
6. Print a Child Care Statement
7. Print a roster or calendar of current enrollments

Search for a class

By Type *(click to see all)*

| |
|---------------------|
| Adaptive Recreation |
| Aquatics |
| Fine Arts |
| Camps |
| Craft Related |
| Dance |
| Drama |
| Educational |
| Fitness/Wellness |
| Cooking/Food |
| Music |
| Nature |
| Safety |
| Sports |
| Special Events |
| Teen Programs |
| Trips/Tours |

By Location *(click to see all)*

Have Any Questions? Give Us A Call!

Administrative Office

Main Number703-777-0343
 TTY/for deaf or hearing impaired.....703-771-5352
 TeleTrac703-443-9338

Programs and Services

Adaptive Recreation.....703-737-8042
 Adult Day Services
 Leesburg 703-771-5334
 Purcellville 571-258-3402
 After School Programs
 CASA 703-737-8042
 YAS 703-777-0343
 Area Agency on Aging.....703-777-0257
 Camp & Children's Programs703-737-8042
 Facilities Planning/Development.....703-777-0343
 Sports, Youth and Adult.....703-777-0343
 Sports Cancel/Postponement.....703-777-0456
 Youth Services703-777-0343

Centers and Parks

Banshee Reeks703-669-0316

Bluemont Community Center540-338-4485
 Carver Center571-258-3400
 Claude Moore Community Ctr571-258-3500
 Claude Moore Park571-258-3700
 Claude Moore Recreation Ctr571-258-3600
 Douglass Community Center703-771-5913
 Dulles South Multipurpose Ctr.....571-258-3456
 Dulles South Senior Activity Ctr.....571-258-3883
 Franklin Park540-338-7603
 Franklin Park Arts Center.....540-338-7973
 Loudoun Heritage Farm Museum571-258-3800
 Loudoun Valley Community Ctr.....540-338-4122
 Lovettsville Community Center540-822-5284
 Lucketts Community Center703-771-5281
 Middleburg Community Center.....540-687-6375
 Philomont Community Center.....540-338-5882
 Potomack Lakes Sportsplex703-444-1459
 Senior Activity Ctr at Leesburg703-737-8039
 Senior Center at Cascades.....703-430-2397
 Sterling Community Center703-430-9480

**BECOME A
 FAN OF
 LOUDOUN
 COUNTY
 PRCS ON**

facebook®



Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must be accompanied by check made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: *Loudoun County PRCS, 215 Depot Court SE, Leesburg, VA 20175, Attn: Registration*. Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit www.loudoun.gov/prcs or call **703-777-0343**.

HOUSEHOLD INFORMATION

Mother/Guardian _____ Driver's License # or SS # _____ DOB _____
Or Adult Participant (18 & over) _____ Driver's License # or SS # _____ DOB _____
Father/Guardian _____ SS # _____ DOB _____
Household/Adult Street Address _____
City _____ State _____ Zip _____
e-mail Address _____ Loudoun County Resident _____ yes _____ no
Home Phone _____ Cell Phone _____
Work Phone _____ Pager _____
Employer Name & Address _____
Emergency Contact Name (1) _____ Phone # _____
Emergency Contact Name (2) _____ Phone # _____

ADA – Loudoun County Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you need accommodations in order to participate, please contact the main PRCS office 10 days prior to the start of the activity.

PARTICIPANT (S) INFORMATION

| Family Member's Name | M or F | DOB | Grade/Age | Activity # | Section | Activity Name | Start Date | Time | Fee |
|----------------------------|----------|---------------|-------------------------|---------------|-----------|------------------------------|-------------|--------------|--------------|
| <i>EXAMPLE: John Smith</i> | <i>M</i> | <i>5-2-93</i> | <i>3rd/9</i> | <i>421745</i> | <i>01</i> | <i>Soccer Camp, half-day</i> | <i>6/24</i> | <i>9:00a</i> | <i>\$135</i> |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |

TOTAL ACTIVITY FEES ONLY*: _____

***Supply fees are payable to instructor at first class**

HOW DID YOU FIRST LEARN ABOUT THE ABOVE ACTIVITY(S) OR EVENT(S)?

____ PRCS Activity Guide ____ Newspaper ____ Radio or TV ____ County web site ____ Word of mouth ____
PRCS Newsletter/flyer ____ Other (Please list source): _____

PARTICIPANT AGREEMENT

I wish to register my child(ren) and/or myself for the activity(ies) listed above. I recognize that all classes and activities of a physical nature involve some risk and, by registering for a specific activity, I am representing that I understand the possible risks involved with this type of activity. Furthermore, I understand that Loudoun County Department of Parks, Recreation and Community Services will not be responsible for the participant when he/she is traveling to and from said activity via transportation not provided by the County of Loudoun. I understand that registration minimums will be assessed to determine whether or not the activity will be held. Also, by signing below, I give permission for Loudoun County PRCS to use photographs and videos of me or my children for publicity in order to increase community awareness of PRCS programs and in all publications and other media without limitation.

Signature of Parent/Guardian/Participant

Date

DO NOT FAX REGISTRATIONS. If you have previously registered with PRCS, you can use your household ID number to register online with **Webtrac** at www.loudoun.gov/prcs.

Become a fan of
Loudoun County PRCS on

facebook

**LOUDOUN COUNTY
DEPARTMENT OF PARKS,
RECREATION AND COMMUNITY SERVICES**

215 Depot Court, SE
Leesburg, VA 20175

Ph: 703-777-0343 • Fax: 703-771-5354

TTY/ Hard of Hearing: 703-771-5352

Monday-Friday • 8:30 am - 5:30 pm

*El Departamento de Parques, Recreación y Servicios
a la Comunidad puede brindarle asistencia en Español.
Por favor, llame al 703-777-0343 y solicite un intérprete.*

Our mission is to enhance the quality of life of all Loudoun County citizens by creating diverse recreational, educational, cultural, fitness, human service and environmental opportunities while managing our natural resources. This activity guide highlights the programs, classes and events scheduled from June 16, 2010 through August 31, 2010. It is designed with you and your family in mind. We appreciate your comments and suggestions.

Please feel free to call 703-777-0343 or visit us
at www.loudoun.gov/prcs.

